

UBT250

Eyebrow shaping services

Unit reference number: R/615/6167

Level: 2

Guided Learning (GL) hours: 20

Overview

This unit is about providing eyebrow shaping services to enhance the appearance of the eyebrows. Learners will develop the knowledge and skills to be able to prepare for and provide eyebrow shaping services. Learners must know how to assess the eyebrow shape and proportions in relation to facial features. Learners will also develop their understanding of possible contra-indications along with the benefits and effects of the service.

Learning outcomes

On completion of this unit, learners will:

LO1 Know the salon requirements for providing eyebrow shaping services

LO2 Understand the effects and influencing factors of eyebrow shaping services

LO3 Be able to prepare for eyebrow shaping services

LO4 Be able to provide eyebrow shaping services

Assessment requirements

Learners must complete **all** assessment requirements related to this unit:

1. Portfolio of evidence

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Learners will carry out a series of practical observations for their programme of study which will be observed, marked and graded pass or fail by centre assessors.

Whilst the theory content of LO1 and LO2 may be naturally assessed in the practical assessment, it is a requirement that it is evidenced in the portfolio.

Learners must produce a portfolio of evidence. Simulation is not allowed in this unit. The portfolio for this unit must include client consultation and treatment planning covering all of the following, demonstrating learners have:

- Provided a minimum of **4** eyebrow shaping services to include
 - Eyebrow tidy
 - Eyebrow shape
- Covered **both** types of eyebrow shaping
 - Total reshape of the eyebrow
 - Maintenance of original eyebrow shape
- Used **all** tools and equipment
 - Manual tweezers
 - Automatic tweezers
 - Eyebrow brush
 - Orangewood stick for measuring
 - Consultation card/treatment plan
- Used **all** products
 - Pre-cleansing product
 - Anti-bacterial wipes
 - Soothing lotion
- Provided **all** types of aftercare advice
 - Avoidance of activities which may cause contra-actions
 - Recommended time intervals between services
 - Suitable homecare products and their use
 - Present and future services and products

Portfolios may be sampled by the VTCT External Quality Assurer (EQA).

Unit content

LO1 Know the salon requirements for providing eyebrow shaping services

Describe how to set up the work area:

- Prepare the work area to allow for
 - Ease of access and free movement around the couch
 - Hygienic set-up of couch and trolley to include sterilisation procedures
 - Warm relaxing atmosphere with adequate lighting
 - Selection of appropriate products, equipment and materials to meet the needs of the client
- Ensure a safe working environment
 - Clean and hygienic work area
 - No trailing wires
 - Sufficient ventilation
 - Adequate lighting for the service to progress safely
 - Effective positioning of couch, stool and trolley to prevent injury
 - Following supplier/manufacturer's instructions for the safe use of equipment, materials and products

Describe how professional therapists present themselves:

- Clean professional uniforms create a positive impression of a therapist and the salon
- Therapists should wear closed-in footwear, no jewellery, no piercings, hair neatly tied back with any fringe secured and a light day make-up
- Personal hygiene and cleanliness including showering, covering cuts and abrasions, wearing deodorant or antiperspirant, oral hygiene (clean teeth, fresh breath), nails should be short, clean and well maintained, no nail varnish, gel or extensions, are all important elements of professional presentation

Explain the salon requirements for record keeping:

- Accurate appointment systems, stationery, loyalty, rewards, acknowledgement of occasions
- Consultation record keeping, contra-indications, signatures, refer to existing records, information clear, accurate and in logical order (name, address, contact numbers, age range, reason for service, occupation, sport/hobbies, medical history, allergies/hypersensitivity, contact lenses, contra-actions)
- Skin sensitivity tests, adaptations and modifications, recommendations
- Service plan, update record at the end of the service, update at each visit, maintained electronically, paper records

Explain the legal requirements for providing services to minors:

- The age at which an individual is classed as a minor and how this differs nationally

LO2 Understand the effects and influencing factors of eyebrow shaping services

Describe the contra-indications that may either require GP referral, restrict or prevent eyebrow shaping services:

- Example of contra-indications that may prevent service from going ahead – chemotherapy, trichotillomania, recent eye surgery, bruising
- Examples of contra-indications that may prevent service resulting in GP referral – severe skin conditions, eye infections, conjunctivitis, bacterial infections, styes, inflammation or swelling of the skin around the eye, undiagnosed lumps or swellings, eye diseases and disorders
- Examples of contra-indications that may restrict service resulting in the service being adapted – minor bruising, recent scar tissue, minor eczema, minor psoriasis and facial piercing

Explain how to refer the client to a health practitioner and why:

- If a client presents with symptoms that are not identifiable the learner must not diagnose but refer the client to a health care practitioner for appropriate care and diagnosis

Describe the factors to take into consideration when choosing an eyebrow shape:

- The natural shape of the eyebrow, age of the client, natural growth patterns, popular trends

Describe how to assess the eyebrow shape and proportions in relation to facial features:

As the eyebrows frame the face, they should be in balance with the rest of the facial features

- Measuring the eyebrows to determine the length
 - 1 – Place an orange stick beside the nose and the inner corner of the eye. Any eyebrow hairs growing between the eyes and beyond this point should be removed
 - 2 – Place an orange stick from the side of the nostrils to the outer corner of the eye. Any hairs that grow beyond this point should be removed
 - 3 – Place an orange stick in a vertical line running through the centre of the eyelid. This is where the highest point of the arch should be
- These are guidelines only; the shape should always be discussed with the client before the shaping commences to check that they are happy for you to proceed
- Eyebrow shapes
 - Angular shape – defines a round face
 - Rounded shape – suitable for large eyes, enhances the eyes
 - Arched shape – flattering on most clients, opens eyes and balances features
 - Low arched shape – suitable for low or small foreheads
- Face shapes and corrective eyebrow shaping
 - Round – eyebrows which are thick at the inner corner and taper off into a high angular arch help create an illusion of extra length to the face
 - Square – a soft tapering arch is best to soften the edges of a square face shape
 - Heart – an arched eyebrow shape will help to balance the deeper and wider upper part of the face without drawing attention to the highest point of the forehead
 - Diamond – a defined angular arch helps to square off the forehead and balance it with the widest part of the face
 - Oblong – a low arched shape will help to divide the length of the face and create width

- Pear – angular brows with a high arch at the outer edge help to widen the forehead and balance it with the heavier bone structure of the lower face
- Eye shapes and corrective eyebrow shaping
 - Close set eyes – widen the gap between the eyes and extend the length
 - Wide set eyes – shorten the gap between the eyes

Describe the types of equipment and products used for eyebrow shaping:

- Manual tweezers (angled, pointed, claw) – for refining the shape, removal of fine hair
- Automatic tweezers – for removing bulk of the hair, spring loaded action, scissors – to trim long hairs
- Eyebrow comb/disposable mascara wand – for combing the eyebrow hairs into place
- Skin disinfectant – to cleanse and disinfect the client's skin prior to shaping
- Soothing lotion – has an antiseptic, cooling and healing effect on the skin, used during and after shaping to soothe and calm erythema, examples are; witch hazel, aloe vera, calamine, tea tree

List the benefits and effects of eyebrow shaping services:

- Removal of superfluous hair, enhance the natural eyebrow, enhance eye make-up, give definition to the face

Describe the possible contra-actions to eyebrow shaping services and how to respond effectively:

- Contra-actions must be recorded on the client's record card along with actions taken
- Erythema, redness, minor swelling (apply cold compress, soothing lotion). Blood spotting - apply pressure with cotton wool, apply antiseptic gel/lotion. Watery eyes (blot excess fluid with tissue). Swelling, bruising (apply cold compress, medical referral if symptoms persist)

Explain types of additional products or services to recommend in order to enhance the finished results:

- Additional products – eyebrow wax/gel to tame flatten and shape eyebrows, eyebrow pencils or powders to enhance the eyebrow, add definition and volume, eyebrow brush to correct
- Additional services – eyebrow tinting to add colour and definition to existing eyebrows, micropigmentation or blading (advanced treatments used to add semi-permanent colour to the eyebrow area)

LO3 Be able to prepare for eyebrow shaping services

Prepare and check the client, work area, equipment and products prior to eyebrow shaping services:

- Prepare service area according to salon requirements. Ensure the couch is at the correct working height, sturdy and with an adjustable back-rest. The couch needs to be wide enough for client comfort and the base should be covered with towels and disposable couch roll for hygiene
- Sanitise the trolley and line with clean couch roll
- Sterilise all metal equipment according to manufacturers' instructions. Store sterilised equipment (tweezers, scissors) in a disinfectant solution on the trolley
- Set up the service trolley with the necessary products, tools and equipment. Prepare necessary personal protective equipment
- Ensure environmental conditions are suitable for the client and the service
- Check the client by completing a consultation to determine the client's service plan
- Ensure all equipment and products are to hand and are working efficiently

Agree the service with the client and check for contra-indications:

- Verbal communication – speaking manner and tone, sensitive to client, open questioning related to service
- Ensure visual and manual checks are carried out to identify any contra-indications. Tactfully ask relevant questions, document and record the client feedback. Take any necessary action where applicable
- Non-verbal communication – eye contact, body language, listening
- Record keeping – contra-indication check, signatures, name, address, contact numbers, age range, reason for service, occupation, sport/hobbies, medical history, allergies/hypersensitivity, contra-actions from any previous services

Explain the service procedure to the client:

- Explain how the client should position themselves for service, how long the service will take and what the service entails
- Discuss the client's expectations; agree the service and outcomes that meet the client's needs

Instruct the client on clothing removal and positioning for eyebrow shaping services:

- Removal of appropriate clothing, jewellery, glasses or contact lenses, positioning for the service, communicating any discomfort felt during the service procedure
- Position the client on the couch in a semi-reclined position for comfort
- Protect the client's clothes with a small towel placed across their chest and protect their hair with a clean headband
- Position the magnifying lamp so that the eyebrow area is clearly visible

LO4 Be able to provide eyebrow shaping services

Prepare the client's skin for eyebrow shaping:

- Wash your hands thoroughly following the correct hand washing procedure
- Cleanse the eye area with an appropriate eye make-up remover, ensure all make-up is thoroughly removed from the eyebrow area
- Wipe over the area with an antiseptic solution placed on damp cotton wool pads and then blot dry with facial tissue
- Use a disposable brush or mascara wand to brush the eyebrows into shape, brush against the growth first and then with the growth to ensure all hairs are in place and the client's natural eyebrow shape is visible
- Measure the eyebrows with an orange stick to assess the length of the brow and the highest point of the arch
- Give the client a mirror and discuss the eyebrow shape with them before commencing the service, taking into account measurements, facial characteristics and other influencing factors
- Prepare two pieces of damp cotton wool with soothing lotion on and place either side of the head of the couch
- Place a folded square of facial tissue or a piece of dry cotton wool at one corner of the head of the couch for collecting removed hairs

Perform an eyebrow shaping safely and effectively:

- Gloves should be worn by the therapist to prevent contact with bodily fluids
- Use a pair of sterilised automatic tweezers (keep a spare pair in disinfectant solution on the trolley in case a pair are dropped) and begin shaping at the bridge of the nose between the eyebrows
- Stretch the skin firmly between your index and middle fingers to lessen the discomfort to the client and prevent nipping the skin
- Tweeze the hairs from between your fingers in the direction of hair growth so that the hairs are removed cleanly from the follicle and do not break off at the surface of the skin. Removed hairs should be placed onto a the piece of folded tissue or a dry cotton pad for hygiene reasons
- Continue tweezing the hairs from the inner corner of the eyebrow, alternating between eyebrows, to ensure they are symmetrical. Work outwards towards the outer corner of the eyebrow
- Hairs should not be removed from above the eyebrow unless the client specifically requests this as it changes the natural shape of the eyebrow by lowering the arch
- Wipe over the area periodically to soothe the skin and remove any loose hairs, and brush through the brows to check the shape
- Once the bulk of the hairs have been removed manual tweezers can be used to define the shape
- When you are happy that all hairs have been removed, brush the eyebrows into place and give the client a mirror to check that they are happy with the results achieved
- Finally wipe over the eyebrows with an antiseptic soothing lotion or gel placed onto damp cotton wool to calm any redness or swelling and to prevent bacteria from entering the pores
- The removed hairs should be disposed of hygienically in accordance with the local authority Environmental Health Department

Complete the service to the client's satisfaction and in a commercially acceptable time:

- Complete the service in a commercially acceptable time
 - Eyebrow shape – recommended service time 15-20 minutes
 - Eyebrow tidy – recommended service time 15 minutes
- Ensure the client's service needs and expectations have been met and the client is satisfied with the results
- Record any improvements which could be made for future services to meet the needs of the client

Provide suitable aftercare advice to the client:

- No further eye services for 24 hours, avoid the use of perfumed products and make-up for 12-24 hours, to prevent contra-actions
- Return for service every 2-3 weeks to keep the eyebrow shape maintained
- Recommended homecare products to enhance the service effects:
 - Clear mascara or wax to keep the hairs in place
 - Eyebrow powder or pencil to enhance the eyebrows
 - Eyebrow comb/brush to keep them in shape
- Advise on the possible contra-actions that may occur such as a skin reaction

Maintain accurate client records:

- Date of service, selected products used, any modifications for service, service outcomes, contra-actions (if occurred), any information that could help another therapist treating the same client, records filed and stored securely

Prepare the area for the next service:

- Dispose of all waste hygienically in appropriate bin, place used towels in laundry, tidy all consumables away following salon requirements. Wash scissors and tweezers with warm water and antibacterial soap and sterilise in the autoclave. Clean the work area with sanitiser. Reset the couch with fresh towels and couch roll ready for the next service. Ensure the service area is left clean and prepared for the next service

Assessment criteria

In order to pass this unit, learners must achieve all pass criteria. The pass criteria relate to the proficient demonstration of skills and knowledge. These will be evidenced in the portfolio of evidence.

Learning outcome The learner must:	Pass The learner can:
LO1 Know the salon requirements for providing eyebrow shaping services	P1 Describe how to set up the work area
	P2 Describe how professional therapists present themselves
	P3 Explain the salon requirements for record keeping
	P4 Explain the legal requirements for providing services to minors
LO2 Understand the effects and influencing factors of eyebrow shaping services	P5 Describe the contra-indications that may either require GP referral, restrict or prevent eyebrow shaping services
	P6 Explain how to refer the client to a health practitioner and why
	P7 Describe the factors to take into consideration when choosing an eyebrow shape
	P8 Describe how to assess the eyebrow shape and proportions in relation to facial features
	P9 Describe the types of equipment and products used for eyebrow shaping
	P10 List the benefits and effects of eyebrow shaping services
	P11 Describe the possible contra-actions to eyebrow shaping services and how to respond effectively
LO3 Be able to prepare for eyebrow shaping services	P13 Prepare and check the client, work area, equipment and products prior to eyebrow shaping services
	P14 Agree the service with the client and check for contra-indications
	P15 Explain the service procedure to the client
	P16 Instruct the client on clothing removal and positioning for eyebrow shaping services
LO4 Be able to provide eyebrow shaping services	P17 Prepare the client's skin for eyebrow shaping
	P18 Perform an eyebrow shaping safely and effectively
	P19 Complete the service to the client's satisfaction and in a commercially acceptable time
	P20 Provide suitable aftercare advice to the client
	P21 Maintain accurate client records
	P22 Prepare the area for the next service

Version	Details of amendments	Date
2	Clarification on which assessment criteria will be covered in the external examination – pages 2 and 9.	30/05/2017