



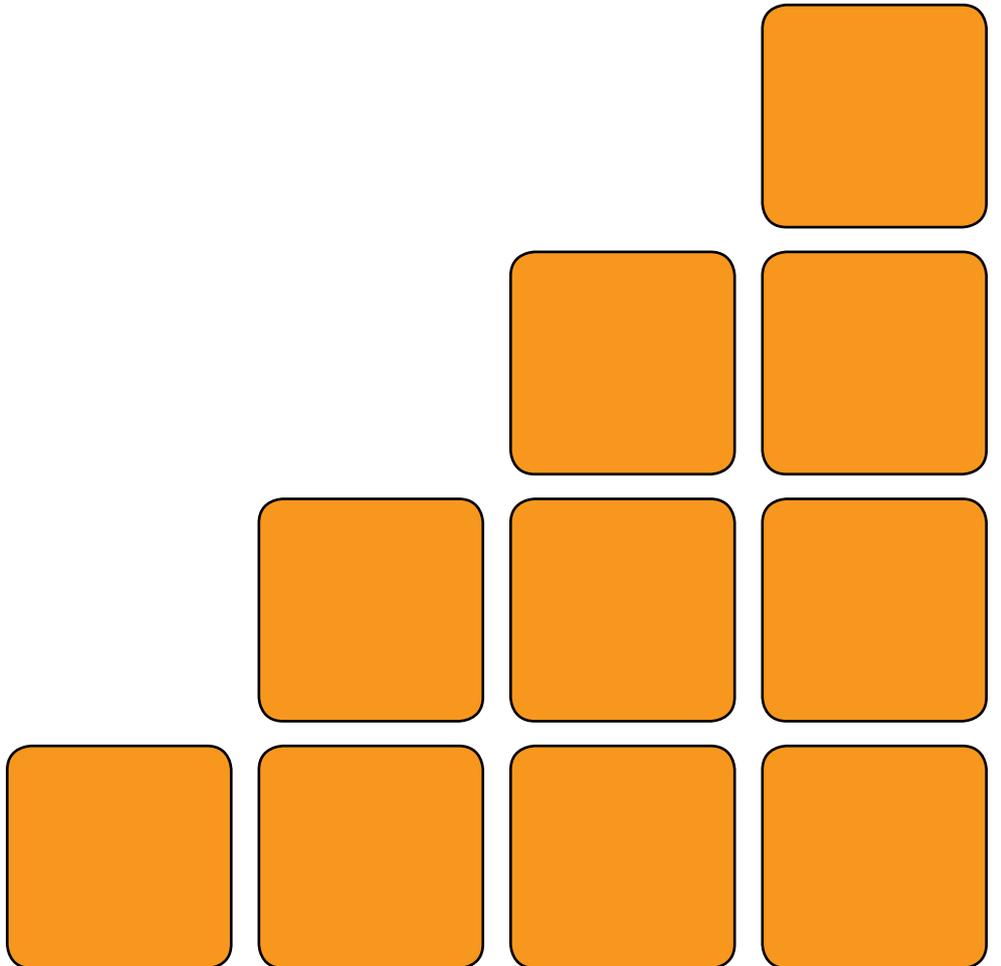
Provide specialist hair and scalp treatments

UHB105

Learner name:

Learner number:

SVQ



UHB105

Provide specialist hair and scalp treatments

This unit is about identifying a range of hair and scalp conditions and providing treatments and advice to clients to improve these conditions.

The ability to select and perform a variety of hair and scalp treatments using products, tools, equipment and techniques is required to achieve this unit.

To carry out this unit you will need to maintain a high level of health, safety and hygiene throughout your work. You will also need to maintain a professional appearance and demonstrate effective communication skills.

The main outcomes of this unit are:

1. Maintain effective and safe methods of working when providing specialist hair and scalp treatments
2. Prepare for hair and scalp treatments
3. Perform hair and scalp treatments

NOS

SKACHB16

SCQF Level

7

SCQF Credit Points

15

Observation(s)

4

External paper(s)

2



Provide specialist hair and scalp treatments

Learning outcomes

On completion of this unit you will:

1. Be able to maintain effective and safe methods of working when providing specialist hair and scalp treatments
2. Be able to prepare for hair and scalp treatments
3. Be able to perform hair and scalp treatment
4. Know and understand how to maintain effective and safe methods of working when providing specialist hair and scalp treatments
5. Know and understand how to prepare for hair and scalp treatments
6. Know and understand how to perform hair and scalp treatments

Evidence requirements

1. *Environment*
Evidence for this unit may be gathered within the workplace or realistic working environment (RWE).
2. *Simulation*
Simulation is not allowed in this unit.
3. *Observation outcomes*
Competent performance of Observation outcomes must be demonstrated on **at least four occasions on different clients, one of which must be treating a scaling scalp and another for diffuse hair loss.**

Assessor observations, witness testimonies and products of work are likely to be the most appropriate sources of performance evidence. Professional discussion may be used as supplementary evidence for those criteria that do not naturally occur.

Assessed observations should not be carried out on the same day for the same learning outcome. There should be sufficient time between assessments for reflection and personal development.

You need to meet the same standard on a regular and consistent basis. Separating the assessments by a period of at least two weeks is recommended as competence must be demonstrated on a consistent and regular basis.

4. *Range*
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*
There must be evidence that you possess all the knowledge and understanding listed in the Knowledge section of this unit. In most cases this can be done by professional discussion and/or oral questioning. Other methods, such as projects, assignments and/or reflective accounts may also be used.
6. *Tutor/Assessor guidance*
Your tutor **must** refer to the '**Habia Assessment Strategy**' when delivering this unit to ensure that you cover all the requirements for this unit. This can be found on www.vtct.org.uk under the relevant qualification page.

You will be guided by your tutor/assessor on how to achieve learning outcomes and cover ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*
Knowledge and understanding in this unit will be assessed by an external paper. **There are two external papers that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of competent observations required is indicated in the Evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through professional discussion and/or oral questioning. This evidence will be recorded by your assessor in written form or by other appropriate means.

Your assessor will sign off a learning outcome when all criteria have been competently achieved.

Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

National Occupational Standards (NOS)

All observation evidence and knowledge requirements from the NOS SKACHB16 are included in this record of assessment. You must demonstrate in your everyday work that you have met this standard for providing specialist hair and scalp treatments. This can be found on the NOS website www.ukstandards.co.uk.



Observations

Learning outcome 1

Be able to maintain effective and safe methods of working when providing specialist hair and scalp treatments

You must be able to:

- a. Maintain your responsibilities for health and safety throughout the service
- b. Prepare your client to meet salon's requirements
- c. Protect your client's clothing throughout the service
- d. Position your client to meet the needs of the service without causing them discomfort
- e. Ensure your own posture and position whilst working minimises fatigue and the risk of injury
- f. Keep your work area clean and tidy throughout the service
- g. Use working methods that:
 - Minimise the wastage of treatment products
 - Minimise the risk of cross-infection
 - Make effective use of your working time
 - Ensure the use of clean resources
 - Minimise the risk of harm or injury to yourself and others
 - Minimise the risk of damage to tools and equipment
 - Promote environmental and sustainable working practices
- h. Ensure your personal hygiene, protection and appearance meets accepted industry and organisational requirements
- i. Follow workplace and suppliers or manufacturers' instructions for the safe use of equipment, materials and products
- j. Dispose of waste materials
- k. Complete the service within a commercially viable time

* May be assessed by supplementary evidence.

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



Learning outcome 2

Be able to prepare for hair and scalp treatments

You must be able to:

- a. Use methods to establish:
 - The nature and extent of the hair and scalp condition
 - The most suitable course of action
- b. Identify from your client's previous consultation records, where available, their hairdressing, medical and family history and how this may affect the treatment plan, or factors limiting or preventing the treatments
- c. Record your client's responses to questioning
- d. Conduct the relevant tests on your client's hair following recognised industry procedures and salon policy and record the results
- e. Take a suitable course of action when contra-indications and/or reactions to tests cause doubts as to the suitability of the specialist treatment for the client

*May be assessed by supplementary evidence.

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



Learning outcome 3

Be able to perform hair and scalp treatment

You must be able to:

- a. Select suitable treatment products, tools and equipment to treat the hair and scalp conditions
- b. Prepare the hair and scalp to meet the needs of the specialised treatment
- c. Explain to your client the sensation that may be experienced by the treatment products, tools and equipment being used
- d. Explain the specialised treatment procedure to your client in a clear and simple way at each stage of the process
- e. Use treatment products, tools and equipment in line with manufacturers' instructions and salon policy
- f. Adjust the setting and duration of the tools and equipment used to suit your client and their hair and scalp conditions
- g. Apply and adapt the massage techniques to meet your client's needs and treatment objectives
- h. Use treatment techniques that minimise discomfort to your client
- i. Take prompt remedial action if contra-indications or discomfort occur during the course of the specialised treatment
- j. Ensure empathy and sensitivity towards the nature of your client's condition throughout the treatment
- k. Ensure the hair and scalp are left clean and free of the treatment products, where required
- l. Ensure the treatment is to your client's satisfaction and meets the treatment objectives
- m. Give your client advice and recommendations on the service provided

*May be assessed by supplementary evidence.

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



Observation range

You must practically demonstrate that you have:

Used a minmum of 5 treatment products	Portfolio reference
Oils	
Creams	
Lotions	
Spirit based products	
Treatment conditioners	
Treatment shampoos	
Used a minmum of 3 tools and equipment	Portfolio reference
Vibro massage	
High frequency	
Heat accelerators	
Steamers	
Considered all factors	Portfolio reference
Hair characteristics	
Hair classifications	
Scalp condition	
Unusual features on the scalp	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



You must practically demonstrate that you have:

Covered a minimum of 7 hair and scalp conditions	Portfolio reference
Dry scalp	
Oily scalp	
Sensitised scalp	
Scaling scalp	
Pityriasis capitis	
Diffuse hair loss (general thinning)	
Chemically damaged hair	
Environmentally damaged hair	
Physically damaged hair	
Used all massage techniques	Portfolio reference
Effleurage	
Petrissage	
Vibration	
Covered all treatment objectives	Portfolio reference
Improvement of hair condition	
Improvement of scalp condition	
Given all advice and recommendations	Portfolio reference
How to maintain their look	
Time interval between services	
Recent and future products and services	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below*:

- Projects
- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies
- Professional discussion

**This is not an exhaustive list.*

Where applicable your assessor will integrate knowledge outcomes into practical observations through professional discussion and/or oral questioning.

When a criterion has been orally questioned and achieved, your assessor will record this evidence in written form or by other appropriate means. There is no need for you to produce additional evidence as this criterion has already been achieved.

Some knowledge and understanding outcomes may require you to show that you know and understand how to do something. If you have practical evidence from your own work that meets knowledge criteria, then there is no requirement for you to be questioned again on the same topic.

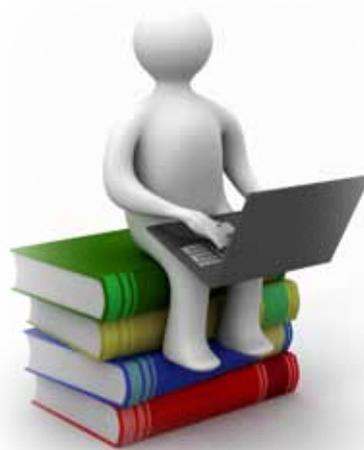
Achieving the external paper

The external paper will test your knowledge of all criteria in this section. **A pass mark of 70% must be achieved.**

Your assessor will complete this table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 2		
2 of 2		

Knowledge



Learning outcome 4

Know and understand how to maintain effective and safe methods of working when providing specialist hair and scalp treatments

You must know and understand:	Portfolio reference
a. Your responsibilities for health and safety as defined by any specific legislation covering your job role	
b. Your salon's requirements for client preparation	
c. The range of protective clothing that should be available for clients	
d. How the position of your client and you can affect the desired outcome and reduce fatigue and the risk of injury	
e. Why it is important to keep your work area clean and tidy	
f. The safety considerations which must be taken into account when providing hair and scalp treatments	
g. The correct use and maintenance of tools and equipment	
h. Methods of cleaning, disinfecting and sterilising equipment and tools	
i. The hazards and risks which exist in your workplace and the safe working practices you must follow	
j. The different types of working methods that promote environmental and sustainable working practices	
k. The importance of personal hygiene and presentation in maintaining health and safety	
l. Suppliers' and manufacturers' instructions for the safe use of equipment, materials and products you must follow	
m. The correct methods of waste disposal	
n. Your salon's expected service times for hair and scalp treatments	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 5

Know and understand how to prepare for hair and scalp treatments

You must know and understand:	Portfolio reference
a. How to recognise hair and scalp conditions	
b. How other signs and symptoms can give an indication of the cause of the problem and confirm the required course of action	
c. The likely causes of adverse hair and scalp conditions	
d. The preparation and application of the hair and scalp treatment products, tools and equipment	
e. The active ingredients in specialist hair and scalp products and how they work	
f. The different types of medical treatments for hair loss	
g. The effects and benefits of different massage techniques	
h. The effects and benefits of different tools and equipment	
i. How to recognise erythema and hyperaemia and its causes	
j. The anatomy and physiology of the head and scalp and how this impacts on the hair and scalp	
k. The hair growth cycle and how this influences present and future treatments	
l. The reasons for normal and abnormal hair growth such as topical, congenital, systemic	
m. The general factors that contribute to healthy hair and scalp	
n. The different types of hair loss, alopecia, their causes and how to recognise them	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 5 (continued)

Know and understand how to prepare for hair and scalp treatments

You must know and understand:	Portfolio reference
O. The stages of male and female pattern hair loss using different classifications such as Hamilton and Ludwig	
p. The types and purposes of conducting tests	
q. When and how tests should be carried out and the importance of recording results	
r. Possible contra-indications that may occur during and post treatment and how to deal with them	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 6

Know and understand how to perform hair and scalp treatments

You must know and understand:	Portfolio reference
a. The different types of hair and scalp treatments and products available for use	
b. How different factors can influence the treatment choice, tools equipment and application selected	
c. The importance of adapting massage techniques, treatments and equipment to suit the hair and scalp condition and the client's needs	
d. The different types of technological advancements for the treatment of hair and scalp conditions	
e. The effects of chemotherapy and radiotherapy on hair growth	
f. The advice and support available for clients with hair loss	
g. The importance of ensuring the hair and scalp are left clear of treatment products	
h. The importance of explaining the potential need for a course of treatment to ensure the best possible results	
i. The importance of evaluating the effectiveness of the hair and scalp treatment	
j. The importance of providing advice and recommendations on the products and services provided in the salon	

Requirements highlighted in white will be assessed in the external paper.



Knowledge range

You must know and understand:

Health and safety - your responsibilities for health and safety as defined by any specific legislation covering your job role		Portfolio reference
Health and Safety at Work Act		
The Reporting of Injuries, Diseases and Dangerous Occurrence Regulations (RIDDOR)		
The Health and Safety (First Aid) Regulations		
The Regulatory Reform (Fire Safety) Order		
The Manual Handling Operations Regulations		
The Control of Substances Hazardous to Health Regulations (COSHH)		
The Electricity at Work Regulations		
The Environmental Protection Act		
The Management of Health and Safety at Work Regulations		
The Health and Safety (Information for Employees) Regulations		
Environmental and sustainable working practices - the different types of working methods that promote environmental and sustainable working practices		Portfolio reference
Reducing waste and managing waste (recycle, reuse, safe disposal)		
Reducing energy usage (energy efficiency hairdryers, low energy lighting, utilising solar panels)		
Reducing water usage and other resources		
Preventing pollution		
Using disposable items (easy-dry towels)		
Using recycled, eco friendly furniture		
Using low-chemical paint		
Using organic and allergy free hair products		
Using ultra-low ammonia hair colourants		
Using environmentally friendly product packaging		
Choosing responsible domestic products (Fairtrade tea and coffee)		
Encouraging carbon-reducing journeys to work		



You must know and understand:

Factors - the different factors that must be taken into consideration prior to and during the provision of specialist hair and scalp treatments and how these may impact on the service		Portfolio reference
Hair classifications		
Hair characteristics		
Scalp condition		
Unusual features on the scalp		
Anatomy and physiology		Portfolio reference
The structure, function and action of muscles within the treatment area		
The position of the primary bones within the treatment area		
The basic principles of the endocrine system and how this impacts on the hair and scalp		
The structure and function of the circulatory system and how this impacts on the hair and scalp		
The structure and function of the lymphatic system and how this impacts on the hair and scalp		
The structure and function of the nervous system and how this impacts on the hair and scalp		
The physical and psychological effects of hair and scalp treatments		
The structure and function of the skin and hair		
Advice and recommendations		Portfolio reference
Additional services		
Additional products		