



Design and apply nail art

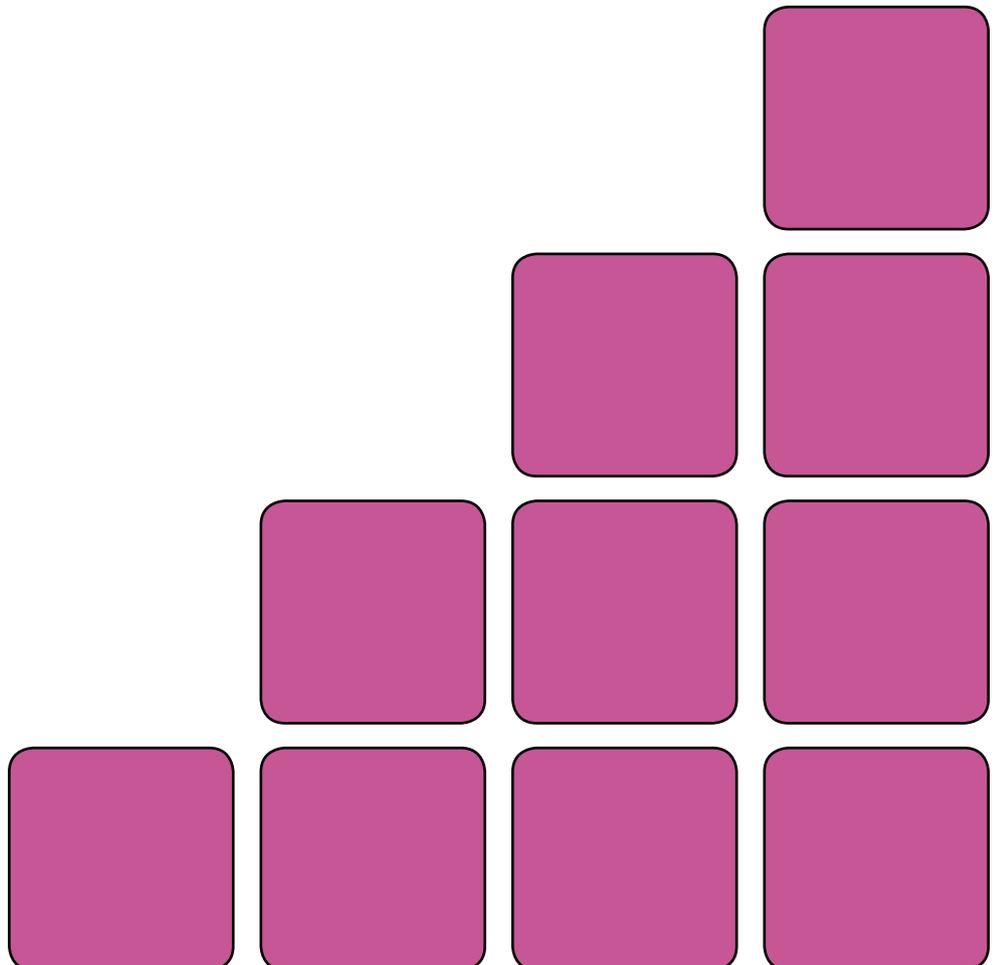
UV30476

K/601/4794

Learner name:

Learner number:

VRQ



UV30476

Design and apply nail art

This unit is about planning and creating individual nail art designs to suit the client and occasion. It covers consulting with the client, recognising any contra-indications, preparing for the service and creating a nail art design using a range of nail art products. The nail art designs and techniques covered by this unit include 3D embedding, colour blending, marbling, painting and alternative tip shapes. To carry out this unit you will need to maintain effective health, safety and hygiene procedures during your work.

Level

3

Credit value

5

GLH

39

Observation(s)

3

External paper(s)

0



Design and apply nail art

Learning outcomes

On completion of this unit you will:

1. Be able to prepare, design and plan for nail art
2. Be able to provide a nail art service

Evidence requirements

1. *Environment*
Evidence for this unit must be gathered in a real or realistic working environment.
2. *Simulation*
Simulation is not allowed in this unit.
3. *Observation outcomes*
Competent performance of 'Observation' outcomes must be demonstrated to your assessor on **at least three occasions**.
4. *Range*
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*
There must be evidence that you possess all the knowledge and understanding listed in the 'Knowledge' section of this unit. This evidence may include projects, assignments, case studies, reflective accounts, oral/written questioning and/or other forms of evidence.
6. *Tutor/Assessor guidance*
You will be guided by your tutor/assessor on how to achieve learning outcomes and ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*
There is no external paper requirement for this unit.

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

Maximum service times

There are no maximum service times that apply to this unit.

Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.



Observations

Outcome 1

Be able to prepare, design and plan for nail art

You can:

- a. Prepare yourself, client and work area for nail art
- b. Use suitable consultation techniques to identify service objective
- c. Carry out nail and skin analysis
- d. Provide clear recommendations to the client
- e. Select products, tools and equipment to suit client service needs, skin and nail conditions

** May be assessed through oral questioning.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Outcome 2

Be able to provide a nail art service

You can:

- a. Communicate and behave in a professional manner
- b. Follow health and safety working practices
- c. Position yourself and client correctly throughout the service
- d. Use products, tools, equipment and techniques to meet design plan and to suit client service needs and nail and skin conditions
- e. Complete the service to the satisfaction of the client
- f. Evaluate the results of the service
- g. Provide suitable aftercare advice

**May be assessed through oral questioning.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Range

*You must practically demonstrate that you have:

Used all consultation techniques	Portfolio reference
Questioning	
Visual	
Manual	
Reference to client records	
Dealt with a minimum of 1 necessary action	Portfolio reference
Encourage the client to seek medical advice	
Explain why the service cannot be carried out	
Modify the service	
Used all nail art designs	Portfolio reference
3D	
Embedding	
Alternative tip shapes	
Used all nail art techniques	Portfolio reference
Colour blending	
Marbling	
Painting	

*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



***You must practically demonstrate that you have:**

Used a minimum of 5 nail art products	Portfolio reference
Shells	
Lace	
Flowers	
Glitters	
Jewels	
Decals	
Liquid and coloured powders	
Coloured UV gels	
Given all types of advice	Portfolio reference
Suitable aftercare products and their use	
Avoidance of activities which may cause contra-actions	
Recommended time intervals inbetween nail services	

*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

Developing knowledge

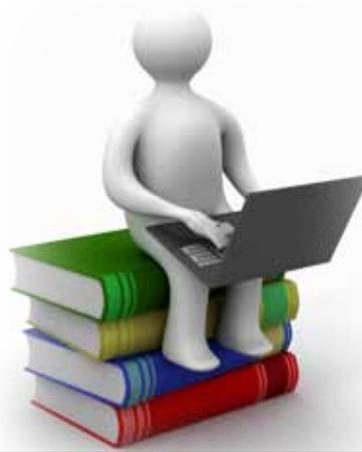
Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

Knowledge



Outcome 1

Be able to prepare, design and plan for nail art

You can:	Portfolio reference / Assessor initials*
f. Develop nail art design plans	
g. Explain the importance of developing nail art design plans	
h. Describe salon requirements for preparing yourself, the client and work area	
i. Describe the environmental conditions suitable for nail art	
j. Describe the different consultation techniques used to identify service objectives	
k. Explain the importance of carrying out a nail and skin analysis	
l. Describe how to select products, tools and equipment to suit client service needs, nail and skin conditions	
m. Explain the contra-indications that prevent or restrict nail art	

**Assessor initials to be inserted if orally questioned.*

Requirements highlighted in white are assessed in the external paper.



Outcome 2

Be able to provide a nail art service

You can:	Portfolio reference / Assessor initials*
h. Explain how to communicate and behave in a professional manner	
i. Describe health and safety working practices	
j. Explain the importance of positioning yourself and the client correctly throughout the service	
k. Explain the importance of using products, tools, equipment and techniques to meet design plan and to suit client service needs, nail and skin conditions	
l. Describe how the service can be adapted to suit client needs	
m. State the contra-actions that may occur during and following services and how to respond	
n. Explain the importance of completing the service to the satisfaction of the client	
o. Explain the importance of completing service records	
p. Describe the methods of evaluating the effectiveness of the service	
q. Describe the aftercare advice that should be provided	
r. Describe the structure and functions of the nail and skin	
s. Describe the different skin and nail conditions	
t. Describe the different natural nail shapes	

*Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.

Unit content



This section provides guidance on the recommended knowledge and skills required to enable you to achieve each of the learning outcomes in this unit. Your tutor/assessor will ensure you have the opportunity to cover all of the unit content.

Outcome 1: Be able to prepare, design and plan for nail art

Management of health and safety

at work: Cleaning up spillages, report slippery surfaces, remove/report obstacles, good all round access to trolleys and equipment, sterilise or disinfect (tools, equipment, work surfaces), wear personal protective equipment.

Manual handling – moving stock, lifting, working heights, unpacking, posture, deportment, balance, weight, preserve back, prevent slouching.

Towels – clean for every client, dirty towels in covered bin.

Employer responsibility: Current and valid liability insurance, display health and safety rules (covering staff, employees, clients, fire evacuation), provide regular training, accurate record keeping, monitoring.

Hazards: Something with potential to cause harm, level of responsibility, report, nominated personnel, duty to recognise hazards.

Risk: Likelihood of a hazard happening, risk assessment, determine the level of risk, preventative measures, reduce a potentially harmful situation, judgement of salon hazards who/what is at risk, level of risk, interpret results, conclusions, record findings, regular reviews.

Reasons for risk assessment: Staff, visitor, client health and safety, safe environment, minimising hazards and risks, requirement of legislation.

Hygiene (general): Sterilise and sanitise

tools, disinfect work surfaces, cover cuts and abrasions, sanitise therapist's hands before and after treatments, sanitise with sprays and gels, clean towels between clients, dirty towels in covered bin, disposable towels, dispense products with a spatula/pump/spray, disposables used wherever possible, no smoking, personal hygiene, replace loose lids, uncapped bottles and pots.

Technician posture and deportment:

Correct posture when sitting/lifting/carrying, working methods to avoid repetitive strain injury (RSI), hand exercises, standing posture (even weight distribution), client comfort, maintain modesty, client correctly positioned to get maximum benefit from treatment, ensure technician positioning delivers appropriate techniques, appropriate space between client and technician, prevent injury, optimum results, allow for visual checks.

Environmental conditions: Clean and hygienic, height adjustable chair, correct posture, correct couch height, lighting, ventilation, noise, music, temperature, ambience, no trailing wires, no obstructions, tools and equipment in a safe working position for technician.

Client preparation: Protect client clothing, client comfort, privacy, modesty, client positioned correctly, remove any jewellery.

Communication:

Verbal – speaking manner and tone, professional, supportive, respectful, sensitive to client, open questioning related



Outcome 1: Be able to prepare, design and plan for nail art (continued)

to treatment.

Non-verbal – eye contact, body language, listening.

Record keeping: Accurate appointment systems, stationery, loyalty, rewards, acknowledgement of occasions, consultation record keeping, contra-indications, signatures, refer to existing records, information clear and accurate, logical order (name, address, contact numbers, age range, reason for treatment, occupation, sport/hobbies, medical history, allergies/hypersensitivity, contact lenses, contra-actions, contra-indications, skin sensitivity tests, adaptations and modifications, recommendations, requirement, treatment plan), update record at the end of the treatment, update at each visit, records maintained electronically, paper records.

Professional appearance: Clean professional uniform, no jewellery, no piercings, hair (neatly tied back, fringe secured), closed-in footwear, light day make-up, personal hygiene and cleanliness (shower/bath, cover cuts and abrasions, deodorant or antiperspirant), oral hygiene, (clean teeth, fresh breath), nails (good condition and maintained).

Professional ethical conduct: Polite, cheerful and friendly manner, friendly facial expressions, positive attitude, eye contact, open body language, client relations, confidentiality, respect for colleagues and competitors, avoid gossip, pride in work, punctuality, employer and client loyalty.

Consultation techniques: Client requirements, client satisfaction, client expectations and aftercare, signatures, visual, manual, remove nail polish,

question, listen, client card reference, use a range of related terminology linked to nail art.

Factors to be considered: Skin colour, outfit colour, specific occasion, time allocation, pricing of treatments, length, strength and shape of nail plate, adverse nail and skin conditions, fashion trends, cultural factors, occasion, photo shoot, catwalk, media, competition.

Nail and skin analysis: Visual and manual examination of the condition of the hands, skin and nails, wipe over hand and nail with cotton wool and surgical spirit, identify areas of dryness, cuticles and general skin condition, condition of nails (split/brittle, ridged nails), identify contra-indications that may restrict or prevent treatment.

Contra-indications – prevent treatment:

Examples of fungal infections – onychomycosis, tinea pedis.

Examples of bacterial infections – paronychia, onychia.

Example of a viral infection – verruca vulgaris.

Examples of other contra-indications that may prevent treatment: Severe eczema, psoriasis or dermatitis, open wounds/cuts/abrasions local to treatment area, nail plate separation, bruising, client to seek medical advice.

Examples of contra-indications that may restrict treatment: Minor eczema, psoriasis or dermatitis, severely bitten or damaged nails, dry overgrown cuticles, cuts and abrasions.



Outcome 2: Be able to provide the nail art service

Coloured polishes – applied in downward strokes, no polish to be in contact with the skin or cuticle, apply two coats, top coat, remove excess with orangewood stick if necessary.

Rhinestones – nail cleanser, dehydrator, base coat, adhesive, sealant top coat.

Flat stones – nail cleanser, dehydrator, base coat, adhesive, dampened orangewood stick, sealant top coat.

Polish secures – nail cleanser, dehydrator, base coat, adhesive, sealant top coat.

Glitters – nail cleanser, dehydrator, base coat, adhesive, dappen dish, sealant top coat.

Foils – nail cleanser, dehydrator, base coat, adhesive, sealant top coat.

Transfers – water release, self adhesive, cotton bud, nail cleanser, dehydrator, base coat, adhesive, sealant top coat.

Nail art techniques and products: Contouring, stencilling, masking, colour fading, blending, free hand, 3D (fantasy encapsulated/surface), cut outs and freehand application, marbling, embedding, alternative tip shapes, lace, shells, flowers, decals, jewels, glitters.

Products for skin: Sanitiser, hand cream, lotion, cuticle oil.

Tools: Cuticle pusher, cuticle nippers, tip cutters, nail clippers, nail scissors, files and buffers, stiff bristled nail brush, product application brushes, dappen dishes, dotting tools, brushes fine, shading, striping, fan.

Equipment: Towels, buffers, tissue, orange sticks, files, dappen dish.

Adaptations: Adjust technique to suit shape and size of client's nails.

Aftercare advice: Apply top coat, methods of removal, product recommendations, further treatment needs, maintenance advice, wear gloves, return to salon for removal/maintenance.

Evaluation: Client expectations, verbal feedback, comment card, repeat business, implications of incorrect/poor treatment application.

Examples of nail diseases and disorders: Overgrown cuticles, dry skin conditions, increased curvature (spoon nails), corrugations, black streaks, beau's lines or transverse ridges, hang nails, bruised nails, blue nails, egg shell nails, onycholysis, furrows, leukonychia, onychauxis (hypertrophy), onychatrophia (atrophy), onychorrhhexis (split or brittle nails), onychocryptosis (ingrown nails), onychomycosis (tinea unguium or ringworm of the nails), onychoptosis, paronychia (felon or whitlow), onycholysis, pterygium.

Structure of the nail: Nail plate, nail bed, matrix, cuticle, lunula, hyponychium, eponychium, nail wall, free edge, lateral fold, process of nail growth (formation, rate, factors effecting growth), nail thickness, effects of damage, functions (protection of fingers/toes).

Skin:

Epidermis – basal cell layer (stratum germinativum), prickle cell layer (stratum spinosum), granular layer (stratum granulosum), clear layer (stratum lucidum), horny layer (stratum corneum).

Dermis – blood and lymph supply, fibroblasts (collagen, elastin), hair, sebaceous glands, arrector pili muscle, dermal papilla, sweat glands (eccrine and apocrine), sensory nerve endings.



Outcome 2: Be able to provide the nail art service (continued)

Hypodermis – subcutaneous layer, adipose tissue, adipocytes.

Functions of the skin – protection, heat regulation, absorption, secretion, elimination, sensation, formation of vitamin D, melanin production, process of keratinisation.

Examples of diseases and disorders of the skin: Impetigo, herpes simplex, herpes zoster, scabies, pediculosis, tinea corporis, eczema, psoriasis, dermatitis, skin tags, vitiligo.

Examples of possible contra-actions:

Allergic reaction – itchy, inflamed, soreness, swelling, remove all products, apply cold compress, medical referral if necessary, maintain records.

Discoloration of natural nail – not using base coat.

Splitting of paint, paint scratching or streaking when applying top coat – not enough top coat on, brush, bonder not applied.

Colour wears off nails/uneven colour – base coat not applied.

Uneven application, stencil design not showing – background too dark.

Notes

Use this area for notes and diagrams