



# Hair plaiting

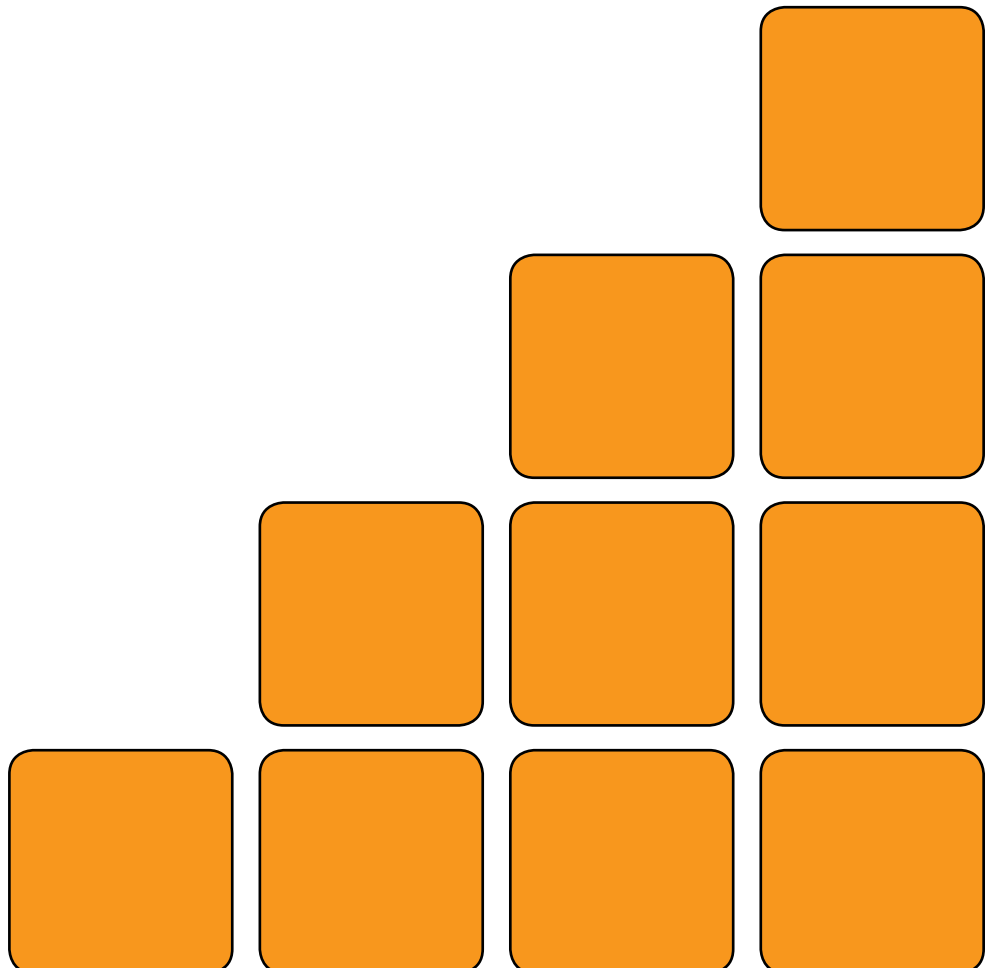
UV30341

R/502/3804

Learner name:

Learner number:

VRQ





# UV30341

## Hair plaiting

Through this unit you will be introduced to the intricate skill of plaiting hair.

You will learn how to communicate with your client in a professional manner, prepare your client and their hair for plaiting services, and ensure that you follow salon health and safety practices throughout.

You will demonstrate that you can provide both on the scalp and off the scalp plaits.

This unit is suitable for hairdressers and barbers.

Level

**E3**

Credit value

**3**

GLH

**30**

Observation(s)

**2**

External paper(s)

**0**



# Hair plaiting

## Learning outcomes

On completion of this unit you will:

1. Be able to prepare for basic hair plaiting
2. Be able to carry out basic hair plaiting techniques

## Evidence requirements

1. *Environment*  
Evidence for this unit must be gathered in a real or realistic working environment.
2. *Simulation*  
Simulation is allowed for 'Observation' outcomes in this unit.
3. *Observation outcomes*  
Competent performance of 'Observation' outcomes must be demonstrated to your assessor on **at least two occasions**.
4. *Range*  
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*  
There must be evidence that you possess all the knowledge and understanding listed in the 'Knowledge' section of this unit. This evidence may include projects, assignments, case studies, reflective accounts, oral/written questioning and/or other forms of evidence.
6. *Tutor/Assessor guidance*  
You will be guided by your tutor/assessor on how to achieve learning outcomes and ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*  
There is no external paper requirement for this unit.

# Achieving observations and range

## Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

## Maximum service times

There are no maximum service times that apply to this unit.

## Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.



# Observations

## Outcome 1

### Be able to prepare for basic hair plaiting

You can:

- a. Prepare for hair plaiting service
- b. Select products and tools for plaiting

*\* May be assessed through oral questioning.*

Observation	1	2	Optional
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



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## Outcome 2

### Be able to carry out basic hair plaiting techniques

You can:

- a. Carry out a plaiting technique
- b. Follow safe and hygienic working practices
- c. Communicate and behave in a professional manner

*\*May be assessed through oral questioning.*

Observation	1	2	<i>Optional</i>
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			





# Range

\*You must practically demonstrate that you have:

Used <b>all</b> of the plaiting techniques	Portfolio reference
On the scalp plaits	
Off the scalp plaits	

\*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

# Developing knowledge

## Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

# Knowledge



Outcome 1

## Be able to prepare for basic hair plaiting

You can:

Portfolio reference /  
Assessor initials\*

C. State the procedure for client preparation

*\* Assessor initials to be inserted if orally questioned.*

*Requirements highlighted in white are assessed in the external paper.*



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## Outcome 2

### Be able to carry out basic hair plaiting techniques

You can:

Portfolio reference /  
Assessor initials\*

d. State when and how to use products, tools and equipment

\* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.

# Unit content



This section provides guidance on the recommended knowledge and skills required to enable you to achieve each of the learning outcomes in this unit. Your tutor/assessor will ensure you have the opportunity to cover all of the unit content.

## Outcome 1: Be able to prepare for basic hair plaiting

**Preparation of self:** Clothes (salon requirements for uniform, clean/ironed clothes, non-restrictive, closed in low heel shoes), hair (clean, healthy, manageable, off face), personal hygiene (clean body, teeth, workable length clean nails, deodorant, no overpowering perfume/ aftershave), personal protective equipment (gloves, apron, prevent dermatitis), minimal jewellery, positive attitude, ready to greet.

**Preparation of client:** Remove client's outer clothing, protect against damage, ensure client relaxed and comfortable (posture, aids service), remove excessive jewellery (to avoid damage to jewellery and skin), gown, towel, plastic cape, barrier cream, ensure client comfort, record card.

**Preparation of work area:** Chair, trolley, work station, equipment cleaned, appropriate sterilisation (barbicide, autoclave, UV, sterilising spray), complete destruction of all living organisms on tools and equipment, disinfection (remove contamination from hard surfaces, large work areas, floors and work surfaces), heat or chemical methods, use of trolley with full access around trolley, safe professional presentation tools and equipment, visual check electrical equipment, select height of chair.

### Select products and tools for basic plaiting:

**Products** – Hair spray, dressing cream, oil, wax, gel, moisturiser.

**Tools** – Denman brush (flat brush), wide tooth comb, tail comb, section clips, bands, pins, ornamentation, water spray.



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## Outcome 2: Be able to carry out basic hair plaiting techniques

### Application of finishing products:

Follow manufacturer's instructions for each product, defines, adds shine, holds, separates hair, spikes, protects, moisturises.

### Range of finishing products:

**Wax** – removes static/frizz, gives definition, adds moisture, shine/lustre.

**Sprays** – holds style in place, repels moisture, longevity, adds shine.

**Dressing creams** – defines style, adds gloss/shine/lustre, tames dry hair.

**Gel** – wet look effect, spike hair, sleek hair.

**Serum** – adds shine, reduces frizz/static.

**Plaiting techniques:** Off scalp, on scalp plaits, 3 stem plait from ponytail, braiding/cane row/corn row, fish tail plait, rope plait, French plait.

### Follow safe and hygienic working practices:

**Maintaining a safe salon** – clean, tidy, safe standards of working, remove spillages, report slippery surfaces, remove/report obstacles, clear access to trolleys and equipment, clean/sterilise/disinfect (tools, equipment, work surfaces), no smoking, eating, drinking or drugs in salon, professional personal hygiene.

**Personal protective equipment** – wear protective equipment, avoid latex, powdered gloves, apron.

**Electricity at work** – visual check of equipment, no trailing wires, portable appliance testing.

**Manual handling** – moving stock safely,

lifting, working heights, unpacking.

**Towels** – wash regularly, clean for every client, place dirty towels in covered bin.

**Reporting of injuries, diseases and dangerous occurrences** – accident book, reporting diseases, log accidents.

**Control of substances hazardous to health** – store, handle, use, disposal, replace lids, ventilation for vapour and dust, avoid overexposure to chemicals, use manufacturers' instructions for use.

**Disposal of waste** – sharps box, closed top bin, dilute chemicals with running water, environmental protection, salon policies for hazardous waste, single use items, empties (recycle).

**Product storage** – check end date/packaging, store away from heat/damp/direct sunlight, empties avoid theft.

### How to maintain personal hygiene:

Clothes/uniform (washed/ironed daily, comfortable clean shoes), hair (clean, healthy, manageable, off face), personal hygiene (shower daily, deodorant, clean teeth, fresh breath), nails (workable length, clean), avoid overpowering perfume/aftershave, minimal jewellery, light fresh make-up, wash hands between clients, cover cuts and wounds with plaster, personal protective equipment (gloves, apron, prevent dermatitis).

**Professional communication in a salon environment:** Try to avoid technical language, always respond, consider clients confidentiality.

**Verbal** – speaking (tone of voice, the language you use, how quickly and



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## Outcome 2: Be able to carry out basic hair plaiting techniques (continued)

clearly), questioning (open, closed, probing).

**Non-verbal** – body language, positive attitude (posture, facial expressions, hand gestures, the distance you stand), listening (be patient, try to understand).

**Written** – visual aids, magazines, client records.

**Behave professionally in a salon environment:** Follow health and safety practices and procedures, salon code of conduct, respect others, value client(s), co-operate with others (sympathy, accepting, fair, not aggressive), appropriate language, avoid gossip, maintain confidentiality, polite, cheerful and friendly manner (friendly facial expressions, open body language, positive attitude, eye contact), sensible behaviour, team work, pride in work, punctuality, employer and client loyalty.

# Notes

Use this area for making notes and drawing diagrams



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