



# Styling men's hair

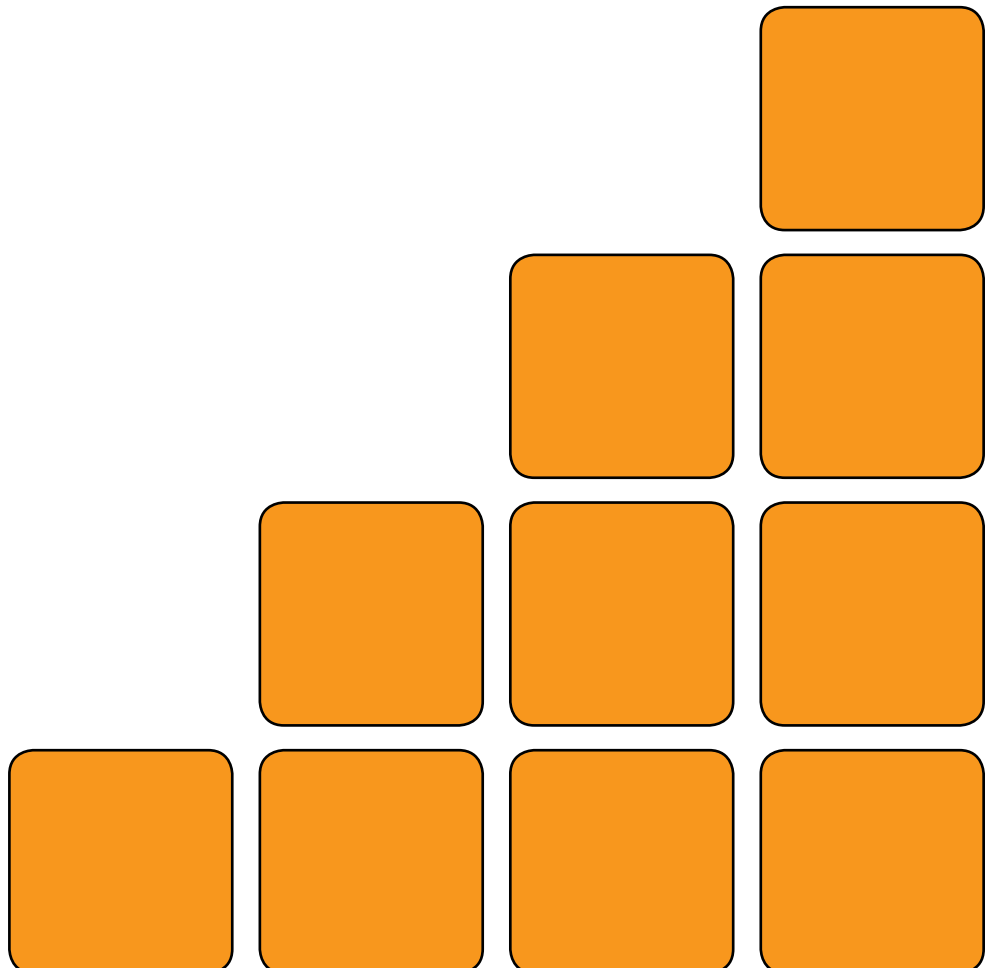
UV30337

A/502/3795

Learner name:

Learner number:

VRQ





# UV30337

## Styling men's hair

Through this unit you will learn the basic skills of blow drying and styling men's hair.

You will work under the direction of a stylist who will help you to identify the capability of your client's hair so that you can choose from a range of products, tools and equipment to complete the look. You will need to demonstrate the ability to use heated styling equipment to finish the service. Part of this service is to provide your client with good aftercare advice.

Level

**1**

Credit value

**3**

GLH

**30**

Observation(s)

**3**

External paper(s)

**0**



# Styling men's hair

## Learning outcomes

On completion of this unit you will:

1. Be able to prepare for styling men's hair
2. Be able to style men's hair

## Evidence requirements

1. *Environment*  
Evidence for this unit must be gathered in a real or realistic working environment.
2. *Simulation*  
Simulation is allowed for 'Observation' outcomes in this unit.
3. *Observation outcomes*  
Competent performance of 'Observation' outcomes must be demonstrated to your assessor on **at least three occasions**.
4. *Range*  
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*  
There must be evidence that you possess all the knowledge and understanding listed in the 'Knowledge' section of this unit. This evidence may include projects, assignments, case studies, reflective accounts, oral/written questioning and/or other forms of evidence.
6. *Tutor/Assessor guidance*  
You will be guided by your tutor/assessor on how to achieve learning outcomes and ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*  
There is no external paper requirement for this unit.

# Achieving observations and range

## Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

## Maximum service times

There are no maximum service times that apply to this unit.

## Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.



# Observations

## Outcome 1

### Be able to prepare for styling men's hair

You can:

- a. Prepare for styling men's hair

*\* May be assessed through oral questioning.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



© Habia

## Outcome 2

### Be able to style men's hair

You can:

- a. Select appropriate products, tools and equipment
- b. Style men's hair using basic styling techniques
- c. Follow safe and hygienic working practices
- d. Communicate and behave in a professional manner

*\*May be assessed through oral questioning.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			





# Range

\*You must practically demonstrate that you have:

Used a <b>minimum of 4</b> blow drying and finishing techniques	Portfolio reference
On face	
Off face	
Straightening	
Smoothing	
Curling	
Finger drying	
Application of product	
Finishing	
Used a <b>minimum of 3</b> products	Portfolio reference
Mousse	
Gel	
Lotion	
Spray	
Moisturiser	
Wax	
Dressing cream	
Heat protector	

\*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



© Habia

**\*You must practically demonstrate that you have:**

Used <b>all</b> types of equipment	Portfolio reference
Combs	
Brushes	
Dryers	
Electrical equipment	
Considered <b>all</b> factors	Portfolio reference
Face shape	
Adverse skin	
Scalp and hair conditions	
Hair growth patterns	
Hair length	
Hair type	
Hair condition	
Hair texture	
Elasticity	
Density	

\*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

# Developing knowledge

## Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

# Knowledge



## Outcome 1

### Be able to prepare for styling men's hair

You can:	Portfolio reference / Assessor initials*
b. Identify basic styling techniques for men's hair	
c. State the factors that influence the choice of hair styling techniques for men	
d. State the importance of the preparation procedures for styling men's hair	

\* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Photo courtesy of Wahl (UK) Ltd.

## Outcome 2

### Be able to style men's hair

You can:	Portfolio reference / Assessor initials*
e. State the purpose of hair styling and finishing products, tools and equipment	

\* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.

# Unit content



This section provides guidance on the recommended knowledge and skills required to enable you to achieve each of the learning outcomes in this unit. Your tutor/assessor will ensure you have the opportunity to cover all of the unit content.

## Outcome 1: Be able to prepare for styling men's hair

**Preparation of self:** Clothes (salon requirements for uniform, clean/ironed clothes, non-restrictive, closed in low heel shoes), hair (clean, healthy, manageable, off face), personal hygiene (clean body, teeth, workable length clean nails, deodorant, no overpowering perfume/aftershave), personal protective equipment (gloves, apron, prevent dermatitis), minimal jewellery, positive attitude, ready to greet.

**Preparation of client:** Remove client's outer clothing, protect against damage, ensure client relaxed and comfortable (posture, aids service), remove excessive jewellery (to avoid damage to jewellery and skin), gown, towel, plastic cape, barrier cream, ensure client comfort, record card.

**Preparation of work area:** Chair, trolley, work station, clean equipment, appropriate sterilisation (barbicide, autoclave, UV, sterilising spray), disinfection (remove contamination from tools and equipment, hard surfaces, large work areas, floors and work surfaces), heat or chemical methods, use of trolley (full access around trolley), safe professional presentation of tools and equipment, visual check electrical equipment, select height of seat/basin.

**Basic styling techniques for men's hair:** Blow drying, finger drying, adding movement, definition, create volume, straightening, smoothing, curling, applying finishing products.

**Factors that influence styling:** Previous chemical services, percentage of grey, client requirements, tools and equipment, presence of added hair, maintenance of style suitability.

**Hair condition** – dry, greasy, normal, virgin, chemically treated, elasticity (strength of hair), porosity (damage to cuticle layer, the ability to absorb moisture).

**Hair cut/style** – uniform layer, one length, short graduation, long graduation.

**Temperature** – body heat, salon temperature, added heat.

**Texture** – fine, medium, coarse.

**Length** – short, medium, long.

**Density** – fine, medium, thick.

**Growth patterns** – cowlick, widow's peak, nape whorl, double crown, male pattern baldness.

**Skin tone** – fair, medium, olive, dark.

**Face shape** – oval, round, square, oblong, heart, pear.

**Head size** – large, medium, small.

**Existing curl** – tight, soft, wave.

**Lifestyle** – job, family, financial, time.

**Test results** – good, bad, caution, positive, negative.

**Preparation procedures for styling men's hair:** Consultation, questioning, use of visual aid, hair wet/dry, pre-shampooed/not pre-shampooed, brushed through, application of product, sectioning.



Photo courtesy of Wahl (UK) Ltd.

## Outcome 2: Be able to style men's hair

**Suitable styling products:** Used prior to styling, give hold, volume, body, shine, lustre, reduces frizz and static, smoothes and straightens, provides a protective barrier, prevents moisture penetrating hair, aids longevity of style.

### Range of styling products and when to use them:

**Gel** – wet look, ideal for spiky styles, apply to wet hair.

**Mousse** – gives hold/body, various hold strengths, apply to wet hair.

**Blow dry lotions** – protects hair from heat/humidity, apply to wet hair.

**Moisturiser/oils** – African type hair, conditioning, adds moisture, adds shine, use on dry hair.

**Activators** – activated by the use of heat, defines curl, adds moisture, shine, hold, ideal for dry sets, can use on wet or dry hair.

**Heat protectors** – coats hair, protective layer, gives shine/definition, apply prior to the use of all electrical equipment.

**Serum** – gives shine, adds moisture, ideal on chemically treated hair, can use on wet or dry hair.

### Range of tools and equipment and the effects achieved:

**Round brushes (various diameters)** – gives curl (smaller diameter = tighter curl), body, movement, volume.

**Flat brushes** – paddle, Denman, gives smooth, straight finish.

**Bristle brushes** – dressing hair, smoothes, give shine, good for fine hair.

**Vent brush** – produces a soft casual broken up effect, ideal on short hair.

**Dressing comb** – tease the hair into style, used for all dressing techniques.

**Straighteners** – smoothes/flattens the cuticles, straightens hair.

**Curling tongs** – various sizes, produces lift, waves, curl.

**Hand dryer** – removes moisture from the hair.

**Diffuser** – diffuses the flow of air, allowing hair to dry naturally, increases natural curl, adds volume, movement, body.

### Use of styling tools and equipment:

Comply with legislation, health and safety, electricity at work (PAT testing), reporting of injuries and dangerous diseases, manual handling, visual checks, only use for intended purpose, no trailing wires, manufacturer's instructions, fit for purpose.

### How to follow safe and hygienic working practices (maintaining a safe salon):

Clean, tidy, safe standards of working, remove spillages, report slippery surfaces, remove/report obstacles, clear access to trolleys and equipment, clean/sterilise/disinfect (tools, equipment, work surfaces), no smoking, eating, drinking or drugs in salon, professional personal hygiene.

**Personal protective equipment** – wear protective equipment, avoid latex, wear powdered gloves and apron.



© Habia

## Outcome 2: Be able to style men's hair (continued)

**Electricity at work** – visual check of equipment, no trailing wires, portable appliance testing.

**Manual handling** – moving stock safely, lifting, working heights, unpacking.

**Towels** – wash regularly, clean for every client, place dirty towels in covered bin.

**Reporting of injuries diseases and dangerous occurrences** – accident book, reporting diseases, log accidents.

**Control of substances hazardous to health** – store, handle, use, disposal, replace lids, ventilation for vapour and dust, avoid over exposure to chemicals, follow manufacturers' instructions for use.

**Disposal of waste** – sharps box, closed top bin, dilute chemicals with running water, environmental protection, salon policies for hazardous waste, single use items, empties (recycle).

**Product storage** – check end date/ packaging, store away from heat/damp/ direct sunlight, empties avoid theft.

**Professional communication in a salon environment:** Try to avoid technical language, always respond, consider clients' confidentiality.

**Verbal** – speaking (tone of voice, the language you use, how quickly and clearly), questioning (open, closed, probing).

**Non-verbal** – body language, positive attitude (posture, facial expressions, hand gestures, the distance you stand), listening (be patient, try to understand).

**Written** – visual aids, magazines, client records.

**Behave professionally in a salon environment:** Follow health and safety practices and procedures, salon code of conduct, respect others, value client(s), co-operate with others (be sympathetic, fair, not aggressive), use appropriate language, avoid gossip, maintain confidentiality, polite/cheerful and friendly manner (friendly facial expressions, open body language, positive attitude, eye contact), sensible behaviour, team work, pride in work, punctuality, employer and client loyalty.