



# Shaping and colouring eyebrows

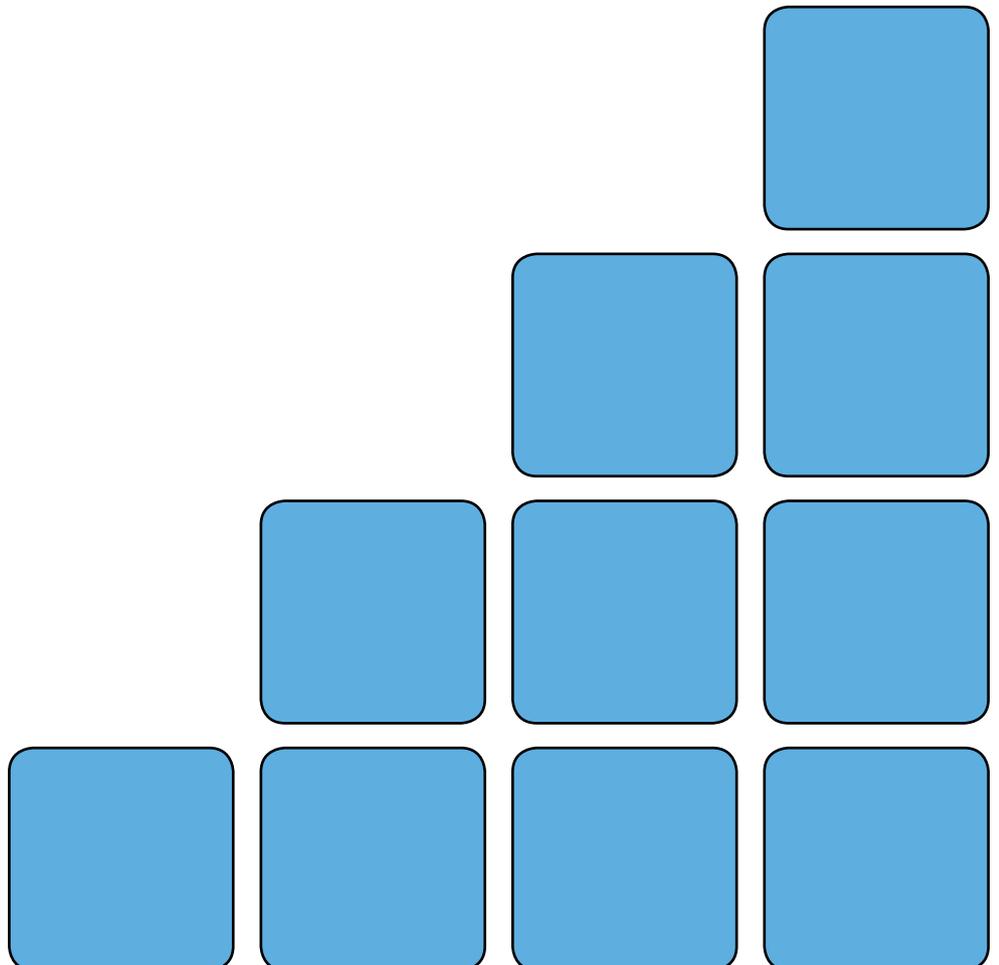
UV20422

K/601/3564

Learner name:

Learner number:

VRQ





# UV20422

## Shaping and colouring eyebrows

This unit is about providing tinting and tweezing techniques to enhance the shape and colour of the eyebrows. It covers the use of a variety of consultation techniques to establish the treatment and outcomes required by the client. To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work.

Level

**2**

Credit value

**4**

GLH

**30**

Observation(s)

**3**

External paper(s)

**1**



# Shaping and colouring eyebrows

## Learning outcomes

On completion of this unit you will:

1. Be able to prepare for shaping and colouring eyebrow treatments
2. Be able to provide shaping and colouring eyebrow treatments

## Evidence requirements

1. *Environment*  
Evidence for this unit must be gathered in a real or realistic working environment.
2. *Simulation*  
Simulation is not allowed in this unit.
3. *Observation outcomes*  
Competent performance of 'Observation' outcomes must be demonstrated to your assessor on **at least three occasions**.
4. *Range*  
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*  
There must be evidence that you possess all the knowledge and understanding listed in the 'Knowledge' section of this unit. This evidence may include projects, assignments, case studies, reflective accounts, oral/written questioning and/or other forms of evidence.
6. *Tutor/Assessor guidance*  
You will be guided by your tutor/assessor on how to achieve learning outcomes and ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*  
Knowledge and understanding in this unit will be assessed by an external paper. The criteria that make up this paper are highlighted in white throughout this unit. **There is one external paper that must be achieved.**

# Achieving observations and range

## Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

## Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

## Maximum service times

The following maximum service times apply to this unit:

Eyebrow tint	10 minutes
Eyebrow shape	15 minutes



# Observations

## Outcome 1

### Be able to prepare for shaping and colouring eyebrow treatments

You can:

- a. Prepare yourself, the client and work area for a shaping and colouring eyebrow treatment
- b. Use suitable consultation techniques to identify treatment objectives
- c. Identify influencing factors
- d. Provide clear recommendations to the client based on factors

*\* May be assessed through oral questioning.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



## Outcome 2

### Be able to provide shaping and colouring eyebrow treatments

You can:

- a. Communicate and behave in a professional manner
- b. Position yourself and the client correctly throughout the treatment
- c. Select and use products, tools and equipment taking into account identified factors
- d. Use colouring techniques taking into account identified factors
- e. Use tweezing techniques taking into account identified factors
- f. Follow safe and hygienic working practices
- g. Identify contra-actions and take appropriate action during treatment
- h. Provide suitable aftercare advice
- i. Complete the treatment to the satisfaction of the client
- j. Evaluate the results of the treatment with the client

\*May be assessed through oral questioning.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



# Range

\*You must practically demonstrate that you have:

<b>Used <b>all</b> consultation techniques</b>	<b>Portfolio reference</b>
Questioning	
Visual	
Manual	
Reference to client records	
<b>Dealt with a <b>minimum of 1</b> necessary action</b>	<b>Portfolio reference</b>
Encouraging the client to seek medical advice	
Explaining why the treatment cannot be carried out	
Modification of treatment	
<b>Covered <b>all</b> types of eyebrow shaping</b>	<b>Portfolio reference</b>
Total re-shape of brow	
Maintenance of original brow shape	
<b>Worked with a <b>minimum of 2</b> colouring characteristics</b>	<b>Portfolio reference</b>
Fair	
Red	
Dark	
White	
<b>Provided <b>all</b> types of aftercare advice</b>	<b>Portfolio reference</b>
Avoidance of activities which may cause contra-actions	
Recommended time intervals between treatments	
Suitable home care products and their use	

\*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

# Developing knowledge

## Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

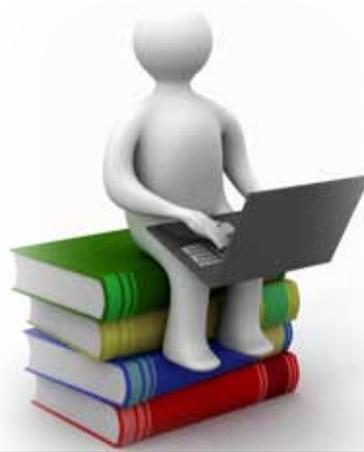
## Achieving the external paper

The external paper will test your knowledge of the criteria highlighted in white. **A pass mark of 70% must be achieved.** Criteria not achieved will be identified to your tutor/assessor. You will then be orally questioned or asked to produce other forms of evidence as **all unit criteria must be achieved.**

Your assessor will complete the following table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 1		

# Knowledge



## Outcome 1

### Be able to prepare for shaping and colouring eyebrow treatments

You can:	Portfolio reference / Assessor initials*
e. Describe salon's requirement for client preparation, preparing yourself and the work area	
f. Identify different consultation techniques used to identify treatment objectives	
g. Describe the factors that need to be considered when selecting techniques, products and equipment	
h. Describe the environmental conditions suitable for shaping and colouring eyebrow treatments	
i. Describe the safety considerations that must be taken into account when providing shaping and colouring eyebrow treatments	
j. Identify a range of tools and equipment for shaping and colouring eyebrow treatment	
k. Identify products and their key ingredients	
l. Describe the types of eyelash and eyebrow treatments available	
m. Describe the types of tests that are carried out before providing an eyelash and eyebrow tinting treatment, interpret and record the results accurately	
n. Describe the relationship between eyebrow shape and the clients facial characteristics	
o. Describe contra-indications that prevent or restrict eyelash and eyebrow treatments	

\*Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



## Outcome 2

### Be able to provide shaping and colouring eyebrow treatments

You can:	Portfolio reference / Assessor initials*
k. Describe how to communicate and behave in a professional manner	
l. State the importance of positioning yourself and the client correctly throughout the treatment	
m. Describe safe and hygienic working practices	
n. Describe contra-actions which might occur during and following treatment and how to respond	
o. Describe the aftercare advice that should be provided	
p. State the importance of completing the treatment to the satisfaction of the client	
q. State the methods of evaluating the effectiveness of the treatment	
r. Describe methods of minimising discomfort during eyebrow shaping treatments	
s. State the importance of cleansing the eye area correctly	
t. Describe the normal response of the skin to eyebrow shaping treatments	
u. State the basic ingredients of tinting products	

\*Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



## Outcome 2 (continued)

### Be able to provide shaping and colouring eyebrow treatments

You can:	Portfolio reference / Assessor initials*
V. Describe the chemical reaction which creates the tinting effect	
W. Describe the structure and the main function of the skin and hair	
X. Describe the main diseases and disorders of the skin and hair	
y. State how to maintain a record of products used	

*\*Assessor initials to be inserted if orally questioned.*

*Requirements highlighted in white are assessed in the external paper.*

# Unit content



This section provides guidance on the recommended knowledge and skills required to enable you to achieve each of the learning outcomes in this unit. Your tutor/assessor will ensure you have the opportunity to cover all of the unit content.

## Outcome 1: Be able to prepare for shaping and colouring eyebrow treatments

### Management of health and safety

**at work:** Cleaning up spillages, report slippery surfaces, remove report obstacles, good all round access to trolleys and equipment, sterilise/disinfect tools, equipment and work surfaces, personal protective equipment.

**Manual handling:** Moving stock, lifting, working heights, unpacking, posture, deportment, balance weight, preserve back, prevent slouching.

**Towels** – clean for every client, dirty towels in covered bin.

**Liability insurance** – employers, public, professional indemnity.

**Reporting of injuries, diseases and dangerous occurrences regulations:** Accident book, reporting diseases, local by-laws, code of conduct, risk assessment.

**Control of substances hazardous to health regulations:** Replace lids, ventilation for vapour and dust, avoid overexposure to chemicals, correct use of chemicals, follow storage handling use and disposal, correct disposal of contaminated waste, products, check end date, packaging, store away from heat, damp and direct sunlight, dispose of contaminated waste in a closed top bin, relevant manufacturer's instructions, no smoking, eating, drinking.

**Health and safety legislation:** Data protection, electricity at work, employers liability (compulsory insurance), fire precautions, first aid at work, health

and safety at work, local government miscellaneous provisions, occupiers liability, local by-laws.

**Regulations:** Control of substances hazardous to health, management of health and safety at work, manual handling, personal protective equipment, reporting of injuries, diseases and dangerous occurrences, workplace (health and welfare) regulations.

**Hazards and risks:** A hazard is something that has the potential to cause harm, a risk is the likelihood of a hazard happening.

**Employer responsibility:** Current and valid liability insurance, display health and safety rules (covering staff, employees, clients, fire evacuation), provide regular training, accurate record keeping, monitoring.

**Equipment:** Only used for intended purpose, safe usage, handling, storage, cleaning, lifting, visual checks, worn, faulty, repairs, maintenance, correct disposal of contaminated waste, records.

**Security (cash):** Staff training, point of sale, regular banking, in transit.

**Security (people):** Staff, clients, visitors, children, personal belongings, systems security, emergency evacuation, storage, client records, business information.

**Reasons for risk assessment:** Staff, visitor, client health and safety, safe environment, minimising hazards and risks, requirement of legislation.



## Outcome 1: Be able to prepare for shaping and colouring eyebrow treatments (continued)

### Hygiene:

**General** – sterilise and sanitise tools, disinfect work surfaces, cover cuts and abrasions, sanitise therapist hands before and after treatments, sanitise with sprays and gels, clean towels between client, dirty towels in covered bin, disposable towels, dispense products with a spatula, pump or spray, disposables used wherever possible, no smoking, personal hygiene, replace loose lids, uncapped bottles and pots.

**Sterilisation** – (tweezers) autoclave, glass bead, chemical, UV cabinet for storage only.

**Disinfection** – heat or chemical methods, bactericides, fungicides, viricides, UV cabinet for storage only.

**Disposal of waste** – single use items, pedal bin with a liner, spillages and unused chemicals, contaminated waste, hazardous waste, environmental protection.

### Therapist posture and deportment:

Correct posture when sitting, correct posture with lifting, correct posture when carrying, working methods to avoid repetitive strain injury (RSI), hand exercises, standing posture, even weight distribution, client comfort, maintain modesty, client correctly positioned to get maximum benefit from treatment, ensure therapist positioning delivers appropriate techniques, appropriate space between client and therapist, prevent injury, optimum results, allow for visual checks.

**Work area:** Clean and hygienic, height adjustable chair, correct posture, correct couch height, lighting, ventilation, noise, music, temperature, ambience, no trailing wires, no obstructions, tools and equipment in a safe working position for therapist.

**Client preparation:** Protect client clothing, client comfort, privacy, modesty, client positioned correctly, removal of contact lenses, removal of eye make-up.

### Communication:

**Verbal** – speaking manner and tone, professional, supportive, respectful, sensitive to client, open questioning related to treatment.

**Non-verbal** – eye contact, body language, listening.

**Record keeping:** Accurate appointment systems, stationery, loyalty, rewards, acknowledgement of occasions, consultation record keeping, contra-indications, signatures, refer to existing records, information clear and accurate, logical order, name, address, contact numbers, age range, reason for treatment, occupation, sport/hobbies, medical history, allergies/hypersensitivity, contact lenses, contra-actions, contra-indications, skin sensitivity tests, adaptations and modifications, recommendations, requirement, treatment plan, update record at the end of the treatment, update at each visit, records maintained electronically, paper records.

**Professional appearance:** Clean professional uniform, no jewellery, no piercings, hair (neatly tied back, fringe secured), closed in footwear, light day make-up, personal hygiene and cleanliness (shower/bath, cover cuts and abrasions, deodorant or antiperspirant), oral hygiene (clean teeth, fresh breath), nails (good condition and maintained).

**Professional ethical conduct:** Polite, cheerful and friendly manner, friendly facial expressions, positive attitude, eye contact,



## Outcome 1: Be able to prepare for shaping and colouring eyebrow treatments (continued)

open body language, client relations, confidentiality, respect for colleagues and competitors, avoid gossip, pride in work, punctuality, employer and client loyalty.

**Consultation techniques:** Client requirements, client satisfaction, client expectations and aftercare, signatures, visual, manual, listen, client card reference.

**Treatment objectives:** Enhance appearance of brows, add colour, shape, client agreement, realistic outcome, additional services, client needs and suitability, duration, cost.

**Recommendations to client:** Explain treatment process, expected sensations, skin reaction, outcomes, further treatments to enhance brow appearance, agree colour selection for brow tinting, agree shape for eyebrow shaping.

**Skin sensitivity tests:** Eyebrow tinting, tint activated with peroxide, 24-48 hours before treatment, record results of patch test, record all products used and site of patch test, client signature and date.

**Interpret results of skin sensitivity test:**

**Positive** – red, itchy, irritated, swelling, sore.

**Negative** – no change to skin.

**Patch test techniques:** For tinting mix peroxide and tint together and then apply to crook of elbow or behind ear, allow to dry, leave on minimum of 24 hours, explain positive and negative reaction, removal of product with damp cotton wool, if positive reaction experienced, record accurately on record card.

**Importance of patch test:** To prevent allergic reaction on eye area, invalidation of

insurance policy if not carried out, always follow manufacturer's instructions.

**Products for eyebrow shape:** Skin cleanser, soothing/antiseptic lotion.

**Products for eyebrow tint:** Non-oily eye make-up remover, toner, petroleum jelly, tint (all colours), peroxide, skin stain remover.

**Tools for eyebrow shape:** Sterilised tweezers (slant, claw, pointed), orange stick (for measuring), eyebrow brush/mascara wand, sterilised scissors, eyebrow pencil, eyebrow powder, sharpener, ice pack, skin warming (heated towel, warmed cotton pads).

**Tools for eyebrow tinting:** Spatula, orange stick or brush, mixing bowl, eye pads or eye shields.

**Equipment:** Headband, towel to protect client, magnifying lamp, eyebath, couch (semi-reclined), trolley, bowl, mirror, disposable gloves, jar or vessel for tweezers, cotton buds, tissues.

**Client treatment needs:**

**Eyebrow shaping** – realistic and achievable to client's natural shape (angular, arched, straight, thin, thick), growth pattern (warm towels or cotton pads for strong hair growth or thick eyebrows to minimise discomfort), age of client, cultural factors, fashion, natural shape of brow, face shape, eyebrow pencil or powder to define brows, avoid facial piercings, previous treatments.

**Eyebrow tinting** – colour requirements, realistic and achievable, age of client, client's normal make-up, hair colour, eye colour, cultural factors and skin tone, avoid facial piercings, previous treatments.



## Outcome 1: Be able to prepare for shaping and colouring eyebrow treatments (continued)

**Examples of contra-indications which may prevent treatment:** Severe skin conditions, eye infections, conjunctivitis, bacterial infections, inflammation or swelling of the skin around the eye, undiagnosed lumps or swellings, eye diseases and disorders, positive patch test, styes, bruising, allergies to tint and other products used.

**Examples of contra-indications which may restrict treatment:** Minor bruising, recent scar tissue, minor eczema, minor psoriasis, minor inflammation of the skin, facial piercing.

**Benefits – eyebrow shape:** Removal of superfluous hair, enhance natural brow, enhance eye make-up, and give definition to the face.

**Benefits – eyebrow tinting:** Add colour, define eyebrows, holidays and special occasions, clients who do not wear make-up, clients who swim or do sports.

**Examples of eyebrow treatments available:** Tinting, shaping (tweezing, waxing, threading, micro-pigmentation).



## Outcome 2: Be able to provide shaping and colouring eyebrow treatments

### Treatment technique – eyebrow shaping:

**Measuring** – use orange stick, measure against inner eye and outer eye, record excess hair.

**Cleanse** – each brow with skin cleanser, brush brow with mascara wand or eyebrow brush.

**Tweezers** – stretch skin, remove with hair growth, wipe removed hairs on to tissue/ cotton wool, apply pressure to minimise discomfort.

**Soothing antiseptic lotion** – damp cotton wool, use ice pack for excessive swelling or erythema, brush brows into shape. Show client result.

**Face shapes to consider:** Oval, round, long, square, heart, diamond.

### Treatment technique – eyebrow tinting:

**Petroleum jelly** – remove product with spatula, apply with orange stick or disposable brush to skin surrounding brow, apply to both brows, and avoid hair.

**Tint** – mix 5mm tint with 2-3 drops peroxide, use mixing bowl, mix using brush or orange stick, use immediately (follow manufacturer's instructions)

**Application** – apply evenly, from root to tip to first eyebrow, apply to second eyebrow.

**Removal** – remove from first eyebrow with damp cotton wool, wipe outwards, ensure all tint removed, remove tint from second eyebrow, show client result, if not dark enough can be reapplied.

**Evaluation and client satisfaction:** Client objective, recommend future treatments, record adjustments for next treatment, repeat business, further recommendations

and additional treatments.

### Examples of possible contra-actions to tinting:

**Chemical entering eye** – sensitivity or burning sensation.

**Allergic reaction** – removal of all products immediately, use of eye bath to flush eye.

**Staining caused by tint left on the skin** – use skin stain remover, actions taken recorded on record card.

**Examples of possible contra-actions to eyebrow shaping:** Erythema, redness, bruising, stinging, bleeding, swelling (apply cold compress, medical referral, reactions and actions taken recorded on record card), normal reaction (redness, minor swelling, apply soothing lotion, apply cold compress).

**Normal reactions to eyebrow shaping:** Erythema, mild puffiness.

**Factors to consider:** Existing eyebrow shape, face shape, features, hair colour, skin colour, adverse skin and eye conditions, client expectations, facial piercing, contra-indications, age, previous treatments, skin colour, eye colour, fashion trends and cultural factors.

**Hair structure:** Arrector pili muscle, hair follicle, inner root sheath (Henle's layer, Huxley's layer, cuticle layer), outer root sheath, vitreous membrane, connective tissue sheath, root (bulb, matrix, dermal papilla), sebaceous gland, shaft (medulla cortex, cuticle).

### Hair functions:

**Eyebrows** – cushioning, protection, prevention of sweat running into eyes.



## Outcome 2: Be able to provide shaping and colouring eyebrow treatments (continued)

### Skin:

**Epidermis** – basal cell layer (stratum germinativum), prickle cell layer (stratum spinosum), granular layer (stratum granulosum), clear layer (stratum lucidum), horny layer (stratum corneum).

**Dermis** – blood and lymph supply, fibroblasts – collagen, elastin, hair, sebaceous glands, arrector pili muscle, dermal papilla, sweat glands (eccrine and apocrine), sensory nerve endings.

**Hypodermis** – subcutaneous layer, adipose tissue, adipocytes.

**Functions of the skin** – protection, heat regulation, absorption, secretion, elimination, sensation, formation of vitamin D, melanin production, process of keratinisation.

**Examples of diseases and disorders of the skin and hair:** Conjunctivitis, styes, blepharitis, ringworm, impetigo, boils, scabies, lice, watery eyes, milia, eczema, psoriasis, dermatitis, ingrowing hairs.

**Chemical process – tinting:** Tint and peroxide mixed, chemical reaction, cuticle scales lifted, small particles of tint pigment enter cortex, pigment particles swell, pigment prevented from releasing from hair, oxidation process.

**Aftercare advice:** Restrictions following treatment (no make-up 12-24 hours, no further eye treatments for 24 hours, avoidance of sun and heat, avoidance of perfumed products), length of time between treatments (eyebrow shape 2-3 weeks dependant on hair growth, eyebrow tinting 3-4 weeks), products to use at home (non-oily make-up remover, soothing antiseptic lotion for eyebrow shaping), removal of

make-up around the eye area, further treatment recommendations, contra-actions and how to treat. Record all aftercare advice on record card.

# Notes

Use this area for notes and diagrams



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