



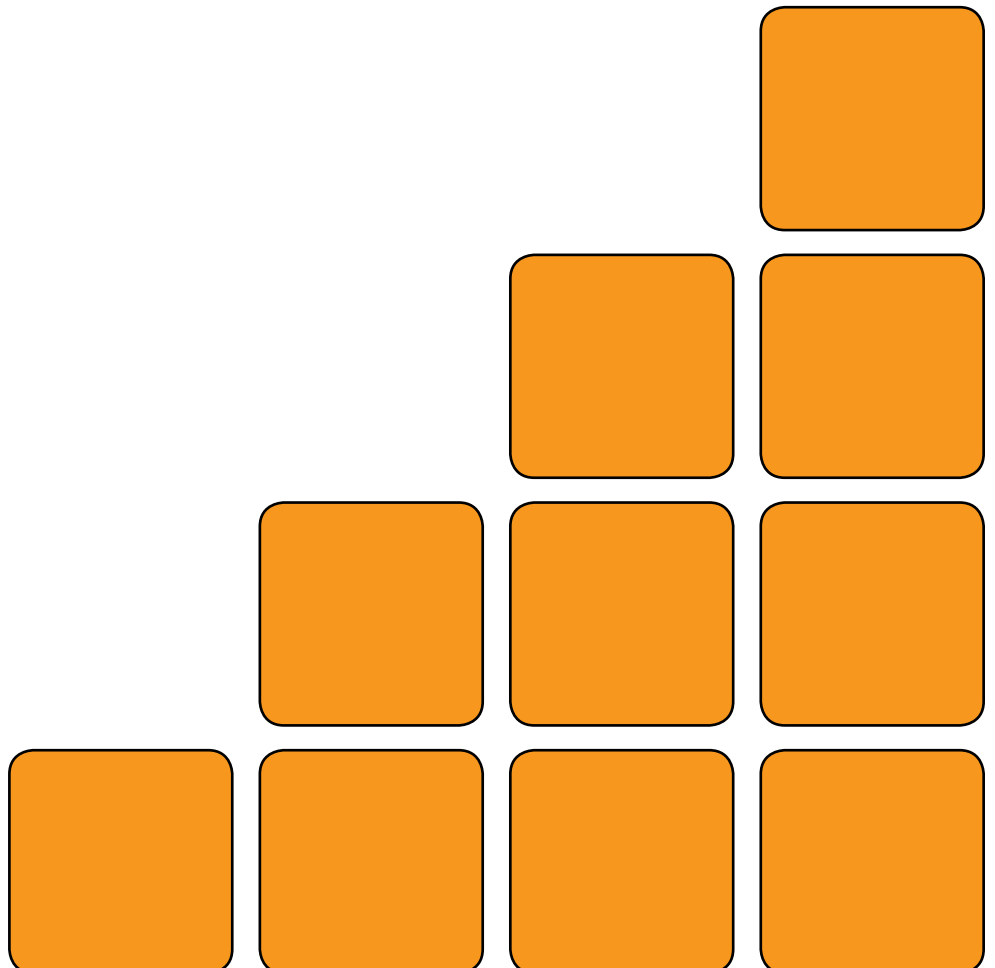
# Plait and twist hair using basic techniques

UHB91

Learner name:

Learner number:

SVQ





# UHB91

## Plait and twist hair using basic techniques

This unit is about using basic plaiting and twisting techniques following the instructions of the Stylist. A good degree of manual dexterity will be necessary.

To carry out this unit, you will need to maintain health, safety and hygiene throughout your work. You will also need to maintain a professional personal appearance and demonstrate good communication skills.

The main outcomes of this unit are:

1. Maintain effective and safe methods of working when plaiting and twisting
2. Plait and twist hair

NOS

# SKACHB6

SCQF Level

**4**

SCQF Credit Points

**5**

Observation(s)

**3**

External paper(s)

**0**



# Plait and twist hair using basic techniques

## Learning outcomes

On completion of this unit you will:

1. Be able to maintain effective and safe methods of working when plaiting and twisting
2. Be able to plait and twist hair
3. Know and understand how to maintain effective and safe methods of working when plaiting and twisting hair
4. Know and understand how to plait and twist hair

## Evidence requirements

1. *Environment*  
Evidence for this unit may be gathered within the workplace or realistic working environment (RWE).
2. *Simulation*  
Simulation is not allowed in this unit.
3. *Observation outcomes*  
Competent performance of Observation outcomes must be demonstrated on **at least three occasions**. This must include observations of a minimum of five cornrows, a single French plait and a series of small two strand twists covering a minimum of 25% of the head.

Assessor observations, witness testimonies and products of work are likely to be the most appropriate sources of performance evidence. Professional discussion may be used as supplementary evidence for those criteria that do not naturally occur.

Assessed observations should not be carried out on the same day for the same learning outcome. There should be sufficient time between assessments for reflection and personal development.

You need to meet the same standard on a regular and consistent basis. Separating the assessments by a period of at least two weeks is recommended as competence must be demonstrated on a consistent and regular basis.

4. *Range*  
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*  
There must be evidence that you possess all the knowledge and understanding listed in the Knowledge section of this unit. In most cases this can be done by professional discussion and/or oral questioning. Other methods, such as projects, assignments and/or reflective accounts may also be used.
6. *Tutor/Assessor guidance*  
Your tutor **must** refer to the '**Habia Assessment Strategy**' when delivering this unit to ensure that you cover all the requirements for this unit. This can be found on [www.vtct.org.uk](http://www.vtct.org.uk) under the relevant qualification page.  
  
You will be guided by your tutor/assessor on how to achieve learning outcomes and cover ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*  
There is no external paper requirement for this unit.

# Achieving observations and range

## Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of competent observations required is indicated in the Evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through professional discussion and/or oral questioning. This evidence will be recorded by your assessor in written form or by other appropriate means.

Your assessor will sign off a learning outcome when all criteria have been competently achieved.

## Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

## National Occupational Standards (NOS)

All observation evidence and knowledge requirements from the NOS SKACHB6 are included in this record of assessment. You must demonstrate in your everyday work that you have met this standard for plait and twisthair using basic techniques. This can be found on the NOS website [www.ukstandards.co.uk](http://www.ukstandards.co.uk).



# Observations

## Learning outcome 1

### Be able to maintain effective and safe methods of working when plaiting and twisting

You must be able to:

- a. Maintain your responsibilities for health and safety throughout the service
- b. Prepare your client to meet salon's requirements
- c. Protect your client's clothing throughout the service
- d. Position your client to meet the needs of the service without causing them discomfort
- e. Ensure your own posture and position whilst working minimises fatigue and the risk of injury
- f. Keep your work area clean and tidy throughout the service
- g. Use working methods that:
  - Minimise the risk of damage to tools
  - Minimise the wastage of products
  - Minimise the risk of cross-infection
  - Make effective use of your working time
  - Ensure the use of clean resources
  - Minimise the risk of harm or injury to yourself and others
- h. Ensure your personal standards of hygiene, protection and appearance meets accepted industry and organisational requirements
- i. Follow stylists' instructions throughout the service
- j. Follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
- k. Dispose of waste materials safely
- l. Complete the plaiting and twisting service within a commercially viable time

\* May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



## Learning outcome 2

### Be able to plait and twist hair

You must be able to:

- a. Prepare your client's hair following instructions from the stylist
- b. Control your tools to minimise the risk of damage to the hair and scalp, client discomfort and to achieve the desired look
- c. Part the sections cleanly and evenly to achieve the direction of the plaits and twists
- d. Secure any hair not being plaited or twisted to keep each section clearly visible
- e. Maintain a suitable and even tension throughout the plaiting and twisting process
- f. Control and secure your client's hair, when necessary
- g. Apply suitable products, when used, to meet manufacturers' and stylist's instructions
- h. Consult with your client during the plaiting and twisting process to ensure the tension is comfortable
- i. Adjust the tension of plaits, when necessary, avoiding damage to the hair and minimising discomfort to your client
- j. Ensure the direction and balance of the finished plait(s) and twists meets your stylist's instructions
- k. Confirm your client's satisfaction with the finished look

\*May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			





# Observation range

You must practically demonstrate that you have:

Used <b>all</b> products	Portfolio reference
Sprays	
Oils	
Moisturisers	
Gels	
Created <b>all</b> types of plaits and twists	Portfolio reference
Multiple cornrows	
French plait	
Two strand twists	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

# Developing knowledge

## Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below\*:

- Projects
- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies
- Professional discussion

Where applicable your assessor will integrate knowledge outcomes into practical observations through professional discussion and/or oral questioning.

When a criterion has been orally questioned and achieved, your assessor will record this evidence in written form or by other appropriate means. There is no need for you to produce additional evidence as this criterion has already been achieved.

Some knowledge and understanding outcomes may require you to show that you know and understand how to do something. If you have practical evidence from your own work that meets knowledge criteria, then there is no requirement for you to be questioned again on the same topic.

*\*This is not an exhaustive list.*

# Knowledge



## Learning outcome 3

### Know and understand how to maintain effective and safe methods of working when plaiting and twisting hair

You must know and understand:	Portfolio reference
a. Your responsibilities for health and safety as defined by any specific legislation covering your job role	
b. Your salon's requirements for client preparation	
c. The range of protective clothing that should be available for clients	
d. How the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury	
e. Why it is important to keep your work area clean and tidy	
f. Why it is important to avoid cross-infection and cross-infestation	
g. Methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation	
h. Why it is important to position your tools for ease of use	
i. Methods of cleaning, disinfecting and/or sterilisation used in salons	
j. The hazards and risks which exist in your workplace and the safe working practices which you must follow	
k. The importance of personal hygiene and presentation in maintaining health and safety in your workplace	
l. Suppliers' and manufacturers' instructions which you must follow for the safe use of equipment, materials and products	
m. The correct methods of waste disposal	
n. Your salon's expected service times for plaiting and twisting hair	



## Learning outcome 4

### Know and understand how to plait and twist hair

You must know and understand:	Portfolio reference
a. The importance of following your stylist's instructions	
b. The importance of checking you have understood the instructions given by the stylist	
c. The importance of controlling your tools to minimise damage to the hair and scalp and prevent client discomfort	
d. The importance of sectioning hair accurately when plaiting and twisting	
e. The potential consequences of excessive tension on the hair	
f. How to identify the signs of traction alopecia	
g. How hair texture affects the plaiting process and styling possibilities	
h. How to create cornrows, a French plait and two strand twists	
i. How to handle the hair when plaiting and twisting to maintain a correct and even tension	
j. How to adjust the tension of plaits	
k. Methods of securing the completed plait and twists	
l. The types of products available for use with plaits and twists and when you would use them	
m. The importance of using products economically	
n. The importance of checking client comfort throughout the process	



# Knowledge range

You must know and understand:

Health and safety - your responsibilities for health and safety as defined by any specific legislation covering your job role	Portfolio reference
Health and Safety at Work Act	
The Reporting of Injuries, Diseases and Dangerous Occurrence Regulations (RIDDOR)	
The Health and Safety (First Aid) Regulations	
The Regulatory Reform (Fire Safety) Order	
The Manual Handling Operations Regulations	
The Control of Substances Hazardous to Health Regulations (COSHH)	
The Electricity at Work Regulations	
The Environmental Protection Act	
The Management of Health and Safety at Work Regulations	
The Health and Safety (Information for Employees) Regulations	

# Notes

Use this area for notes and diagrams



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