



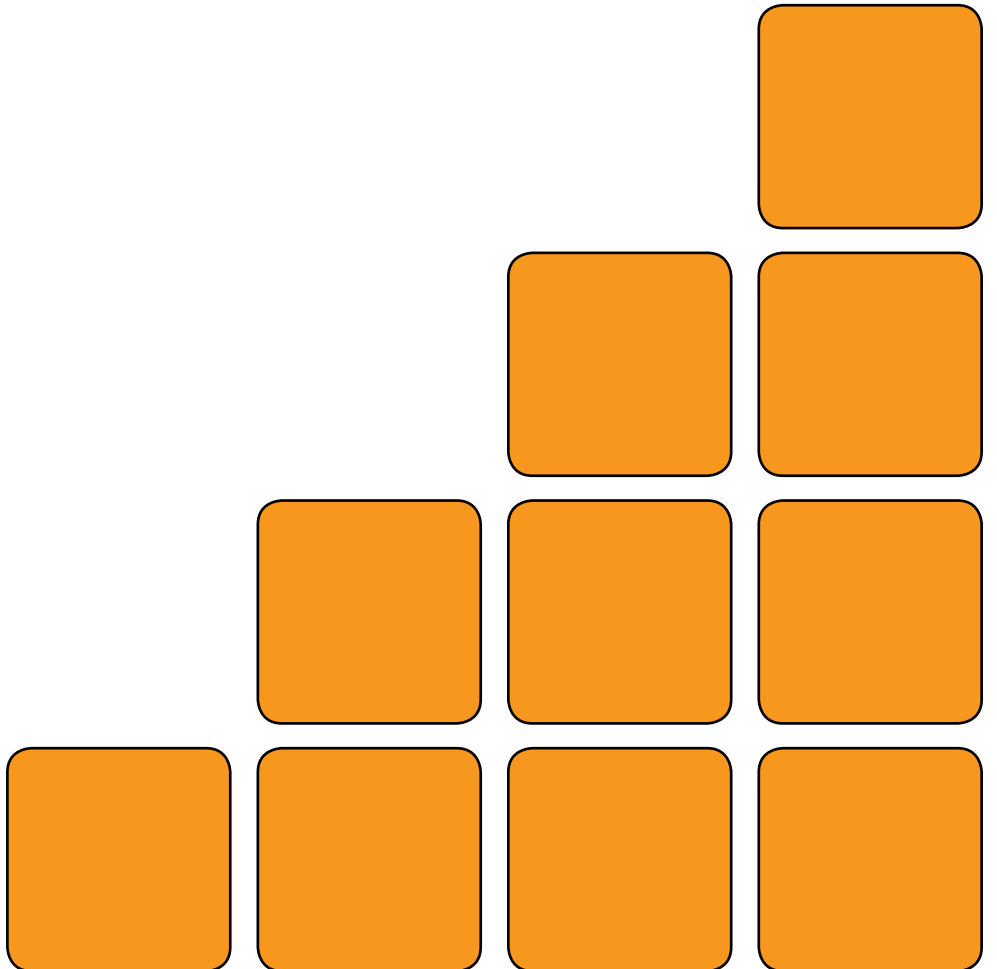
Creatively colour and lighten hair

UHB79

Learner name:

Learner number:

SVQ



UHB79

Creatively colour and lighten hair

This unit is about combining, adapting and personalising a range of colouring and lightening techniques to achieve a variety of fashion effects. The use of weaving and colouring techniques based on slicing and block colouring is required, as is the ability to carry out a full head and regrowth application of lightener. The ability to restore depth and tone of colour, neutralise colour tone and to colour resistant hair is also required.

To carry out this unit, you will need to maintain a high level of health, safety and hygiene throughout your work. You will also need to maintain a professional personal appearance and demonstrate effective communication skills.

The main outcomes of this unit are:

1. Maintain effective and safe methods of working when colouring and lightening hair
2. Prepare for colouring and lightening services
3. Creatively colour and lighten hair
4. Resolve basic colouring problems

NOS

SKACH10

SCQF Level

7

SCQF Credit Points

14

Observation(s)

6

External paper(s)

2



Creatively colour and lighten hair

Learning outcomes

On completion of this unit you will:

1. Be able to maintain effective and safe methods of working when colouring and lightening hair
2. Be able to prepare for colouring and lightening services
3. Be able to creatively colour and lighten hair
4. Be able to resolve basic colouring problems
5. Know and understand how to maintain effective and safe methods of working when colouring and lightening hair
6. Know and understand how to prepare for colouring and lightening services
7. Know and understand how to creatively colour and lighten hair
8. Know and understand how to resolve basic colouring problems

Evidence requirements

1. *Environment*
Evidence for this unit may be gathered within the workplace or realistic working environment (RWE).
2. *Simulation*
Simulation is not allowed in this unit.
3. *Observation outcomes*
Competent performance of Observation outcomes must be demonstrated on **at least six occasions, each on different clients**. Assessor observations, witness testimonies and products of work are likely to be the most appropriate sources of performance evidence. Professional discussion may be used as supplementary evidence for those criteria that do not naturally occur.

Assessed observations should not be carried out on the same day for the same learning outcome. There should be sufficient time between assessments for reflection and personal development.

You need to meet the same standard on a regular and consistent basis. Separating the assessments by a period of at least two weeks is recommended as competence must be demonstrated on a consistent and regular basis.

4. *Range*

All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.

5. *Knowledge outcomes*

There must be evidence that you possess all the knowledge and understanding listed in the Knowledge section of this unit. In most cases this can be done by professional discussion and/or oral questioning. Other methods, such as projects, assignments and/or reflective accounts may also be used.

6. *Tutor/Assessor guidance*

Your tutor **must** refer to the '**Habia Assessment Strategy**' when delivering this unit to ensure that you cover all the requirements for this unit. This can be found on www.vtct.org.uk under the relevant qualification page.

You will be guided by your tutor/assessor on how to achieve learning outcomes and cover ranges in this unit. All outcomes and ranges must be achieved.

7. *External paper*

Knowledge and understanding in this unit will be assessed by an external paper. **There are two external papers that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of competent observations required is indicated in the Evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through professional discussion and/or oral questioning. This evidence will be recorded by your assessor in written form or by other appropriate means.

Your assessor will sign off a learning outcome when all criteria have been competently achieved.

Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

National Occupational Standards (NOS)

All observation evidence and knowledge requirements from the NOS SKACH10 are included in this record of assessment. You must demonstrate in your everyday work that you have met this standard for creatively colour and lighten hair. This can be found on the NOS website www.ukstandards.co.uk.



Observations

Learning outcome 1

Be able to maintain effective and safe methods of working when colouring and lightening hair

You must be able to:

- a. Maintain your responsibilities for health and safety throughout the service
- b. Prepare your client to meet salon's requirements
- c. Protect your client's clothing throughout the service
- d. Wear personal protective equipment when using colouring and/or lightening chemicals
- e. Position your client to meet the needs of the service without causing them discomfort
- f. Ensure your own posture and position whilst working minimise fatigue and the risk of injury
- g. Keep your work area clean and tidy throughout the service
- h. Use working methods that:
 - Minimise the wastage of products
 - Minimise the risk of cross-infection
 - Make effective use of your working time
 - Ensure the use of clean resources
 - Minimise the risk of harm or injury to yourself and others
 - Promote environmental and sustainable working practices
- i. Ensure your personal hygiene, protection and appearance meets accepted industry and organisational requirements
- j. Follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
- k. Dispose of waste materials
- l. Complete the service within a commercially viable time

* May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			
Observation	4	5	6
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Learning outcome 2

Be able to prepare for colouring and lightening services

You must be able to:

- a. Ask your client relevant questions to identify if they have any contra-indications to colouring and/or lightening services
- b. Record your client's responses to questions
- c. Conduct all necessary tests following manufacturers' instructions and recognised industry procedures
- d. Record the outcomes of tests on the client's record card
- e. Base your recommendations on an accurate evaluation of your client's hair and its potential to achieve the effect required
- f. Inform your client of the likely cost, duration and expected outcome of the service
- g. Choose products, tools and equipment based on the results of necessary tests, consultation with your client and relevant factors influencing the service
- h. Prepare materials to meet the application requirements, when necessary
- i. Prepare products to meet manufacturers' instructions
- j. Prepare your client's hair and protect their skin, where necessary, prior to service

*May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			
Observation	4	5	6
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Learning outcome 3

Be able to creatively colour and lighten hair

You must be able to:

- a. Explore the variety of looks possible with your client using relevant visual aids
- b. Base your recommendations on an evaluation of your client's hair and its potential to achieve the effects required
- c. Use colouring and lightening effects in an innovative way to achieve the required look
- d. Use lightening application techniques suitable for achieving the desired look and following manufacturers' instructions
- e. Adapt your techniques taking account of the factors which will influence the achievement of the required effect
- f. Combine and place products in a way that complements the hair style
- g. Use techniques that minimise the risk of products being spread to your client's skin, clothes and surrounding areas
- h. Apply lightener
- i. Constantly monitor:
 - Colouring and lightener development
 - Condition of the hair
 - Scalp sensitivity
 - Condition of the lightener
- j. Take strand and elasticity tests at frequent and regular intervals
- k. Resolve any problems occurring during the colouring and lightening process using the relevant corrective action
- l. Ensure the application of toners to lightened hair achieves the desired effect, when used
- m. Achieve the desired colouring or lightening effects which is to the satisfaction of your client
- n. Remove colour and/or lightener from the hair to minimise discomfort to your client and damage to the hair and scalp
- o. Ensure the application of toners to lightened hair achieves the desired effect, when required
- p. Give your client advice and recommendations on the service provided

*May be assessed by supplementary evidence.



Learning outcome 3 (continued)

Be able to creatively colour and lighten hair

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			
Observation	4	5	6
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Learning outcome 4

Be able to resolve basic colouring problems

You must be able to:

- a. Use methods to:
 - Assess the condition of the hair
 - Identify the colouring problem
 - Identify suitable colour correction products
 - Identify suitable colour correction techniques
- b. Explain to your client the options available for resolving their colour problem
- c. Refer your client for specialist colour correction work, if necessary
- d. Use colour correction techniques effectively to achieve the required colour

** May be assessed by supplementary evidence.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			
Observation	4	5	6
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Observation range

You must practically demonstrate that you have:

Used all products	Portfolio reference
Permanent	
Quasi-permanent	
Lighteners	
Toners	
Carried out all tests	Portfolio reference
Skin	
Incompatibility	
Porosity	
Elasticity	
Colour	
Considered all factors	Portfolio reference
Hair classifications	
Hair characteristics	
Temperature	
Existing colour of hair	
Percentage of white hair	
Test results	
Strength of hydrogen peroxide	
Hair length	
Skin tone	
Time interval from last perm or relaxer	
Recent removal of hair extensions	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



You must practically demonstrate that you have:

Used all colouring and lightening effects	Portfolio reference
Slicing	
Block colour	
Weaving	
Used a minimum of 2 lightening application techniques	Portfolio reference
Full head	
Regrowth application	
Block lightening on partial head	
Used a minimum of 2 colour correction products	Portfolio reference
Semi-permanent colour	
Quasi-permanent colour	
Permanent colour	
Used a minimum of 2 colour correction techniques	Portfolio reference
Restoring depth and tone	
Neutralising colour tone	
Colouring resistant hair	
Given all advice and recommendations	Portfolio reference
How to maintain their colour	
Time interval between services	
Present and future products and services	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below*:

- Projects
- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies
- Professional discussion

**This is not an exhaustive list.*

Where applicable your assessor will integrate knowledge outcomes into practical observations through professional discussion and/or oral questioning.

When a criterion has been orally questioned and achieved, your assessor will record this evidence in written form or by other appropriate means. There is no need for you to produce additional evidence as this criterion has already been achieved.

Some knowledge and understanding outcomes may require you to show that you know and understand how to do something. If you have practical evidence from your own work that meets knowledge criteria, then there is no requirement for you to be questioned again on the same topic.

Achieving the external paper

The external paper will test your knowledge of all criteria in this section. **A pass mark of 70% must be achieved.**

Your assessor will complete this table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 2		
2 of 2		

Knowledge



Learning outcome 5

Know and understand how to maintain effective and safe methods of working when colouring and lightening hair

You must know and understand:	Portfolio reference
a. Your responsibilities for health and safety as defined by any specific legislation covering your job role	
b. Your salon's requirements for client preparation	
c. The range of protective clothing and products that should be available to yourself and clients	
d. Why it is important to use personal protective equipment	
e. How the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury	
f. Why it is important to keep your work area clean and tidy	
g. How to minimise the waste of products	
h. Methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation	
i. The different methods of cleaning, disinfecting and sterilisation used in salons	
j. The hazards and risks which exist in your workplace and the safe working practices which you must follow	
k. The different types of working methods that promote environmental and sustainable working practices	
l. The importance of personal hygiene and presentation in maintaining health and safety in your workplace	
m. What contact dermatitis is, and how to avoid developing it whilst carrying out colouring services	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 5 (continued)

Know and understand how to maintain effective and safe methods of working when colouring and lightening hair

You must know and understand:	Portfolio reference
n. Suppliers and manufacturers instructions for the safe use of equipment, materials and products which you must follow	
o. The correct methods of waste disposal	
p. Your salon's expected service times for creative colouring and lightening services	
q. Which colouring and lightening services should not be carried out on minors under 16 years of age	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 6

Know and understand how to prepare for colouring and lightening services

You must know and understand:	Portfolio reference
a. The legal significance of client questioning and the recording of client's responses to questioning	
b. The importance of recognising any contra-indications to colouring and lightening services	
c. The types and purposes of tests	
d. The importance of following manufacturers' instructions for skin sensitivity tests and the potential consequences of failing to carry out these tests	
e. When and how tests should be carried out and the importance of recording test results	
f. How the results of tests can influence the colouring and lightening services	
g. The courses of action to take in the event of adverse reactions to tests	
h. The importance of informing your client of the likely cost, duration and expected outcome of the service	
i. The principles of colour selection, including the International Colour Chart (ICC)	
j. How the natural pigmentation of hair affects the colouring and lightening process	
k. The effects of light and artificial lighting on the appearance of hair colour	
l. The effects on the hair of different colouring products and lighteners	
m. What is meant by the term oxidation	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 6 (continued)

Know and understand how to prepare for colouring and lightening services

You must know and understand:	Portfolio reference
n. How the type and distribution of melanin creates natural hair colour	
o. How the different strengths of hydrogen peroxide affect the colouring and lightening of the hair	
p. Effects of temperature on the application and development of colouring products and lighteners	
q. How different factors may impact on your colouring and lightening service	
r. The importance of constantly monitoring the development of lightening products	
s. The importance of measuring and mixing colours and lighteners following manufacturers' instructions	
t. The reasons for pre-lightening	
u. The pH values of different colouring products and lighteners	
v. The types of colouring, lightening and toning products available, including temporary colours	
w. The importance of preparing your client's hair and protecting their skin, where necessary, prior to service	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 7

Know and understand how to creatively colour and lighten hair

You must know and understand:	Portfolio reference
a. Sources of creative information and inspiration such as historical, cultural and fashion	
b. The importance of basing your recommendations on an evaluation of your client's hair	
c. The colouring and lightening effects that can be achieved using slicing, block colour and weaving techniques	
d. How to use lightening application techniques suitable for achieving the desired look	
e. How to place colour in a way to complement a hair style	
f. How to carry out a full head and regrowth application using lighteners	
g. How and why to adapt the sequence of application to take account of the relevant factors	
h. The importance of sectioning hair accurately when colouring and lightening	
i. Methods of applying and removing colouring products and lighteners	
j. The importance of using products economically	
k. The importance of using techniques that minimise the risk of products being spread to your client's skin, clothes and surrounding areas	
l. The importance of applying lightener quickly and accurately taking into account relevant factors influencing the service	
m. The importance of constantly monitoring colouring and lightening process	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 7 (continued)

Know and understand how to creatively colour and lighten hair

You must know and understand:	Portfolio reference
n. How the application and removal of lightener should be adapted to minimise scalp sensitivity and hair damage	
o. The importance of restoring the hair's pH balance after the colouring or lightening process	
p. Why it is important to avoid disturbing areas still processing when removing products from developed areas	
q. Why toners are used after lightening products	
r. How and why to restore depth and tone of colour	
s. How and why to neutralise colour tone	
t. The importance of providing advice and recommendations on the products and services provided in the salon	

Requirements highlighted in white will be assessed in the external paper.



Learning outcome 8

Know and understand how to resolve basic colouring problems

You must know and understand:	Portfolio reference
a. The types and causes of colouring and lightening problems and how to rectify them	
b. The reasons for pre-softening and pre-pigmenting hair	
c. Methods of pre-softening and pre-pigmenting hair	

Requirements highlighted in white will be assessed in the external paper.



Knowledge range

You must know and understand:

Health and safety - your responsibilities for health and safety as defined by any specific legislation covering your job role		Portfolio reference
Health and Safety at Work Act		
The Reporting of Injuries, Diseases and Dangerous Occurrence Regulations (RIDDOR)		
The Health and Safety (First Aid) Regulations		
The Regulatory Reform (Fire Safety) Order		
The Manual Handling Operations Regulations		
The Control of Substances Hazardous to Health Regulations (COSHH)		
The Electricity at Work Regulations		
The Environmental Protection Act		
The Management of Health and Safety at Work Regulations		
The Health and Safety (Information for Employees) Regulations		
Environmental and sustainable working practices - the different types of working methods that promote environmental and sustainable working practices		Portfolio reference
Reducing waste and managing waste (recycle, reuse, safe disposal)		
Reducing energy usage (energy efficiency hairdryers, low energy lighting, utilising solar panels)		
Reducing water usage and other resources		
Preventing pollution		
Using disposable items (easy-dry towels)		
Using recycled, eco friendly furniture		
Using low-chemical paint		
Using organic and allergy free hair products		
Using ultra-low ammonia hair colourants		
Using environmentally friendly product packaging		
Choosing responsible domestic products (Fairtrade tea and coffee)		
Encouraging carbon-reducing journeys to work		



You must know and understand:

Contra-indications (examples only) - the importance of recognising any contra-indications to colouring and lightening services		Portfolio reference
History of previous allergic reaction to colouring products		
Other known allergies		
Skin disorders		
Incompatible products		
Medical advice or instructions		
Evident hair damage		
Age restrictions		
Factors - the different factors that must be taken into consideration prior to and during colour and lightening and how these impact on the services		Portfolio reference
Hair classifications		
Hair characteristics		
Temperature		
Existing colour of hair		
Percentage of white hair		
Test results		
Strength of hydrogen peroxide		
Hair length		
Skin tone		
Time interval from last perm or relaxer		
Recent removal of hair extensions		
Advice and recommendations		Portfolio reference
Additional services		
Additional products		

Notes

Use this area for notes and diagrams