Level 2

UHB3

Blow-dry and finish hair

Learner name:

Learner number:
Throughout this unit you will learn how to blow-dry and finish hair below shoulder length hair, create root lift and curl the ends under. You will learn how to choose which products, tools and equipment to use to complete the look. You will learn how to use straighteners to finish the service. Part of this service is to provide your client with good aftercare advice on how to maintain the style at home or recreate it.
What you must know & do

How to achieve this unit

On completion of this unit you will:

Learning outcome 1

Know how to blow-dry and finish hair

a. Describe the effects of different blow-drying techniques on hair
b. Present a collection of hair styles
c. Describe the safety considerations for blow-drying and finishing hair

Learning outcome 2

Be able to blow-dry and finish hair

a. Prepare yourself, the client and your work area to blow-dry and finish hair
b. Identify any problems that may affect the service
c. Carry out a consultation and plan for the service
d. Select products, tools and equipment for blow-drying and finishing hair
e. Use hygienic and safe methods of working
f. Blow-dry and finish the client’s hair
g. Give aftercare advice
This section provides you with guidance on the recommended knowledge and skills required to achieve this unit.

**Learning outcome 1**

Know how to blow-dry and finish hair

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**Describe the effects of different blow-drying techniques on hair**

- **Root lift:** Use a round brush firmly into the root area moving in a rounded motion to create volume, allow to cool for maximum lift.

- **Smoothing/Straightening:** Section hair, work step-by-step, direct airflow away from root, hold with tension, round/flat brush, smooth cuticle, fully dry each section, allow to fix in new shape by cooling before removing brush, fully dry each section for a smooth/straight look.

- **Ends curled under:** Work in sections, medium to large round brush to create curl, direct airflow away from root, bend hair under with brush, smooth cuticle by directing airflow down hair shaft, allow to cool around brush to fix in new shape.

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**Present a collection of hair styles**

- **Presentation:** Presentation software, collage, poster, leaflet.

- **What to include:** Finished styles, different styling and finishing products, effect of products on the hair available for different hair types and conditions, include information on frequency of use and how to use, add labels to show ingredients and manufacturer’s instructions, features and benefits of each product.

**Styling products:**

- **Lotion** – soft hold for all hair types.

- **Moisturiser** – makes hair soft and shiny, ideal for conditioning dry frizzy hair.

- **Heat protector** – will coat hair with protective layer, stops natural oils drying out, for all hair types.

**Finishing products:**

- **Serum/oil** – ideal for natural dry brittle hair, for all hair types but may weigh down fine hair.

- **Hair spray** – holds finished style in place, all hair types.
Describe the safety considerations for blow-drying and finishing hair

Something that may happen before, during or after the process:

- Product in eyes – bath eyes with cool water, seek medical advice.
- Scalp is burnt by hot dryer/heated styling equipment – apply cold compress, seek medical advice.
- Product spillage – clean up immediately to avoid accident.
- Hair starts to become tangled – gently untangle hair without pulling, work from ends to roots, use detangling spray.

**Electricity at work:** Visual check of equipment, no trailing wires, portable appliance testing, check temperature gauge, avoid winding wires tightly around electrical equipment, allow heated styling equipment to cool before storing.

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**Learning outcome 2**

Be able to blow-dry and finish hair

**Prepare yourself, client and work area to blow-dry and finish hair**

**Prepare yourself:** Clothes (salon requirements for uniform/dress code, clean/ironed clothes, not too tight, closed in low heel shoes), hair (clean, smart/styled, off face), personal hygiene (clean body, clean teeth, fresh breath), clean nails (workable length), deodorant (no overpowering perfume/aftershave), personal protective equipment (gloves, apron), prevent dermatitis (minimal jewelry), positive attitude, ready to meet and greet clients.

**Prepare your client:** Remove your client’s outer clothing to protect against damage, use a clean gown and towel, ensure your client is relaxed and comfortable, be aware of your client’s jewellery and remove if necessary (to avoid damage to jewellery and skin), check for hearing aids.

**Prepare your work area:** Work area clean and hygienic, no obstructions, tools and equipment in a safe working position, chair, trolley, work station, equipment cleaned and disinfected/sterilised, visual check of electrical equipment, portable appliance test (PAT), select height of chair/basin.

**Prepare products, tools and equipment:**

- Products – styling, finishing.
- Tools – comb, brushes, sectioning clips.
- Equipment – towels, trolley/work surface, hairdryer, straighteners.
What you must learn

Identify any problems that may affect the service

<table>
<thead>
<tr>
<th>Deal with by yourself:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Product spillage – clean up.</td>
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<tr>
<td>Brushes/combs becoming tangled in hair – gently remove hair in sections from brush or comb.</td>
</tr>
<tr>
<td>Broken equipment – labeled as broken and exchanged for working equipment.</td>
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</table>

<table>
<thead>
<tr>
<th>Ask for help:</th>
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<tbody>
<tr>
<td>If there is a threat to health – e.g. product in eyes, burnt scalp.</td>
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<tr>
<td>Previous reaction to product.</td>
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<tr>
<td>Lack of product – see manager/technician for more product.</td>
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<tr>
<td>Scalp condition (non-contagious) – cuts and abrasions, psoriasis.</td>
</tr>
<tr>
<td>Scalp condition (contagious) – head lice/nits.</td>
</tr>
</tbody>
</table>

**If in doubt always seek help.**
Questioning methods:

Open questions – your client cannot say yes or no, they will have to provide a full answer to a question.

Closed questions – your client can only answer yes or no to your questions.

The hair structure: The cuticle (protective layer around the hair), the cortex (internal structure of the hair), the medulla (central core of hair).

Identify the following to help you decide what to use:

Hair type – hair classifications type 1, 2, 3 or 4 (using table) to identify degree of curl/straightness and texture/thickness of hair.

Hair condition – chemically treated, normal, dry, oily.

Hair length – above/below shoulder.

Hair texture/thickness – how thick one hair is (diameter), fine/thin, medium, thick, use hair classifications table.

Density – amount of hair on head (fine/thin, medium, thick).

Thin/fine hair – will need a lighter product to blow dry/style the hair.

Medium hair – use manufacturer’s instructions for use.

Thick hair – may need more products to blow-dry/style the hair.

Consultation form/sheet: Client detail’s, identify client’s hair type, factors, length, previous history, results.

Requirements: Direction of style, shape, height, width, amount of movement, degree of curl, blow drying/finishing products, use of blow drying/finishing equipment, preparation of hair. Agree a plan with your client and confirm their requirements.

<table>
<thead>
<tr>
<th>Hair Classifications</th>
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<tbody>
<tr>
<td><strong>It’s Just Hair...</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Type 1: Straight hair</th>
<th>1a Fine/Thin</th>
<th>1b Medium</th>
<th>1c Coarse</th>
</tr>
</thead>
<tbody>
<tr>
<td>2a Fine/Thin</td>
<td>Straight</td>
<td>Straight with volume</td>
<td>Straight difficult hair</td>
</tr>
<tr>
<td>2b Medium</td>
<td>'S' pattern</td>
<td>Frizzy 'S' pattern</td>
<td>Very frizzy 'S' pattern</td>
</tr>
<tr>
<td>2c Coarse</td>
<td>Salt curl</td>
<td>Loose curl</td>
<td>Tight curl</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Type 3: Curly hair</th>
<th>3a Fine/Thin</th>
<th>3b Medium</th>
<th>3c Coarse</th>
</tr>
</thead>
<tbody>
<tr>
<td>4a Fine/Thin</td>
<td>Tight coiled curl pattern</td>
<td>'Z' pattern</td>
<td>Tight 'Z' pattern</td>
</tr>
<tr>
<td>4b Medium</td>
<td>and spring curl</td>
<td></td>
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<td>4c Coarse</td>
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</table>
What you must learn

Select products, tools and equipment for blow-drying and finishing hair

Follow manufacturer’s instructions when using products, tools and equipment.

**Products:** Select the correct products for hair type.

Products – styling, blow dry lotion, moisturiser, heat protector.

Finishing – hairspray, serum, oil.

**Read manufacturer’s instructions for use and benefits:**

**Tools:**

Round brushes – create curled ends, smoothes mid lengths, create root lift.

Flat brushes – smoothes mid lengths.

Comb – sectioning and smoothing fly away hair.

Sectioning clips – secures hair allowing you to work in sections.

**Equipment:**

Personal protective equipment for yourself or your client – gloves, apron, gown, towel/plastic cape

Towels – for around neck until excess moisture removed from hair.

Trolley/work surface – products to be stored/displayed on trolley/surface for ease of use.

Hairdryer/straighteners – dryer, straighteners, depending on style and client’s requirements.

Use hygienic and safe methods of working

Follow safe methods of working: Carry out the service without causing danger or damage to yourself, the client or your work area intentionally or by accident, follow health and safety policies for working safely.

**Preparation:** Ensure everything is ready before starting, place products, tools and equipment close at hand on a trolley or work surface, ensure all electrical equipment is PAT tested and fit to be used.

Follow COSHH (Control of substances hazardous to health): Store, handle, use, dispose of products correctly.

**How to work hygienically:** Use clean towels, sterilised tools and equipment when working on a client.

Avoid contact dermatitis: Wash product from hands, dry hands, use moisturising/barrier cream, wear gloves.

Hazards and risks: Clean up spillages, trailing and frayed wires.

Leave work area clean and tidy after use: Remove towels, store equipment, clean equipment, remove your client’s gown.
Blow-dry and finish the client’s hair

Carry out a one length or layered, below shoulder blow-dry with root lift, mid lengths smooth and ends curled under:

1. Apply styling product suitable for client’s hair.
2. Section hair into hot cross-bun taking into account client’s parting.
3. Select brush suitable for client’s hair type, length and density.
4. Work in sections using suitable brush at roots to create root lift.
5. Hold brush and sections firmly with tension to ensure mid lengths are smooth.
6. Tip ends under with round brush and allow to cool for rounded ends.

**Straighteners:** Hot cross-bun section, maintaining client’s parting. Use heated protector, check temperature of straighteners, keep straighteners moving swiftly from root to tip.

**Finishing:** Use comb to smooth mid lengths and ends, apply finishing product.

Give aftercare advice

**General aftercare advice:** Avoid a damp atmosphere, brush regularly to remove knots.

How to recreate and maintain the style between visits – small, even sections, lift sections for root lift and allow to cool, direct airflow from root to tip.

Products for home use – how to use styling/finishing products, follow manufacturer’s instructions, apply product evenly all over the hair, not to apply too much.

Correct use of tools and equipment – using hot and cool setting on hair dryer, advise on correct brush to use for hair length and thickness, straighteners to be set at correct temperature and heat protection always used.
To achieve a Pass:
You must achieve all criteria in the What you must know & do sections of this unit.

To achieve a Merit:
You must achieve all criteria in the What you must know & do sections of this unit AND achieve 2 of the 3 additional performance standards.

To achieve a Distinction:
You must achieve all criteria in the What you must know & do sections of this unit AND achieve all 3 additional performance standards.

Additional Performance Standards:

<table>
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<tr>
<th>Work skills</th>
<th>Communication</th>
<th>Attention to detail</th>
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<tbody>
<tr>
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Possible examples:

You arrived ahead of time to prepare yourself and your work area.
You arrived for the service dressed appropriately and well groomed.
You prepared the work area so it is clean and well-ordered.
You maintained a safe work area before, during and after service.
You ensured all tools are clean and free from hair before and after the service.
You laid out the products and tools in order of use placing them close to hand.
You used cost effective and eco-friendly methods.
You adjusted the chair to accommodate your client’s height.

Possible examples:

You professionally welcomed your client.
You communicated clearly and confidently.
You held a professional conversation with your client to explain the planned blow-dry service.
You avoided the use of technical language/jargon.
You used verbal communication skills in a respectful manner.
You checked regularly to ensure your client is comfortable.
You used a wide variety of positive non-verbal communication skills.
You ensured that your client is happy with their finished service.

Possible examples:

You used PPE appropriately for the service.
You used even tension throughout.
You created a smooth blow-dry with hair completely dried from root to tip.
You demonstrated complete control over the hair.
You ensured that the sections were suitable for hair length and thickness and equal in size.
You ensured that even root lift was achieved.
You used appropriate products for the hair type.
You gave clear aftercare advice on how to look after and maintain blow-dried hair.
Learning outcome 1

Know how to blow-dry and finish hair

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Learning outcome 2

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Unit Sign off

<table>
<thead>
<tr>
<th>Unit grade achieved (tick box)</th>
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Date
Assessor initials
Learner signature
IQA signature (if sampled)