



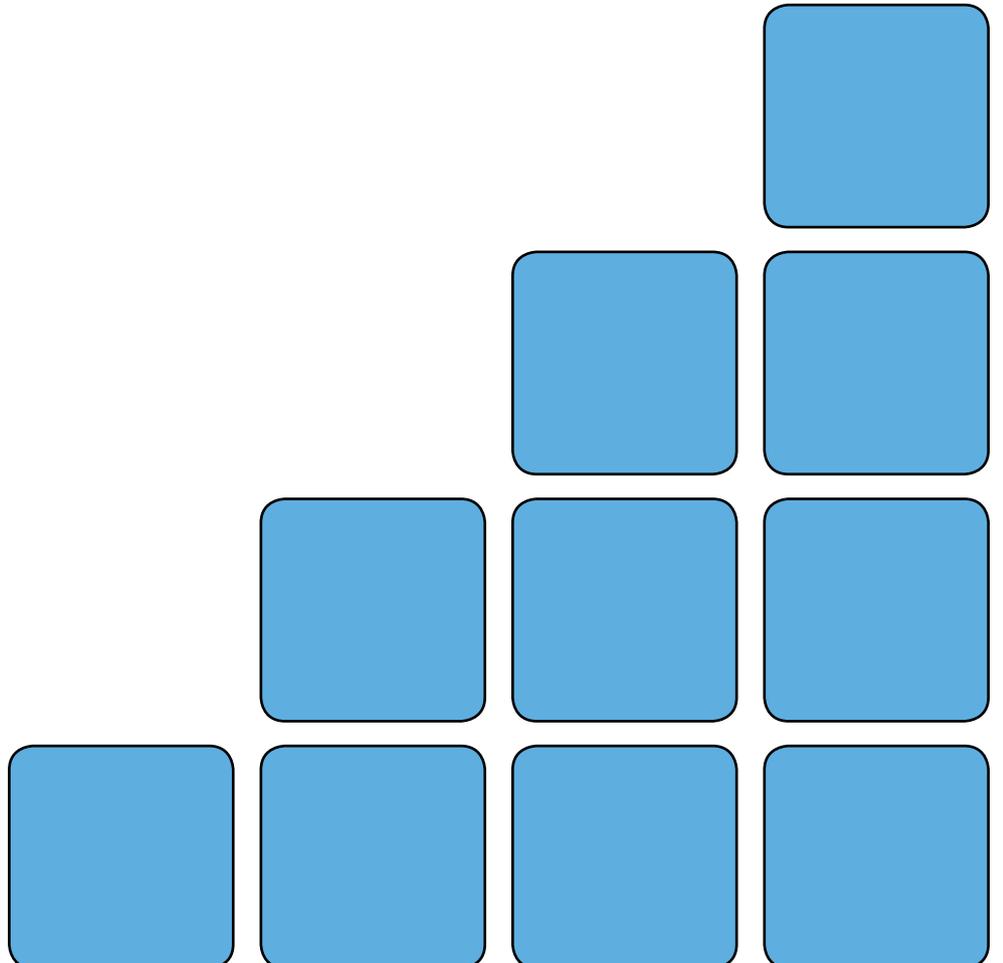
# Provide specialist skin camouflage services

UBT190

Learner name:

Learner number:

SVQ





# UBT190

## Provide specialist skin camouflage services

This unit is about providing specialist skin camouflage services to address a wide range of conditions, to restore the skin's colouring to match the unaffected skin tone. It also covers the use of a variety of specialist camouflage products, together with client instruction in the application, maintenance and removal of their own skin camouflage.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this unit are:

1. Maintain safe and effective methods of working when providing specialist skin camouflage
2. Consult, plan and prepare for specialist skin camouflage
3. Carry out specialist skin camouflage
4. Instruct and advise the client on skin camouflage techniques
5. Evaluate the success of instruction

NOS

# SKABT14

SCQF Level

7

SCQF Credit Points

7

Observation(s)

4

External paper(s)

0



# Provide specialist skin camouflage services

## Learning outcomes

On completion of this unit you will:

1. Be able to maintain safe and effective methods of working when providing specialist skin camouflage
2. Be able to consult, plan and prepare for specialist skin camouflage
3. Be able to carry out specialist skin camouflage
4. Be able to instruct and advise the client on skin camouflage techniques
5. Be able to evaluate the success of instruction
6. Know and understand how to maintain safe and effective methods of working when providing specialist skin camouflage
7. Know and understand how to consult, plan and prepare for specialist skin camouflage
8. Know and understand how to carry out skin specialist skin camouflage
9. Know and understand how to instruct, advise and evaluate the service

## Evidence requirements

1. *Environment*  
Evidence for this unit may be gathered within the workplace or realistic working environment (RWE).
2. *Simulation*  
Simulation is allowed in this unit.
3. *Observation outcomes*  
Competent performance of Observation outcomes must be demonstrated on **at least four occasions, involving four different clients**, with the permission of the client.  
  
Assessor observations, witness testimonies and products of work are likely to be the

most appropriate sources of performance evidence.

Professional discussion may be used as supplementary evidence for those criteria that do not naturally occur.

Assessed observations should not be carried out on the same day for the same learning outcome. There should be sufficient time between assessments for reflection and personal development.

You need to meet the same standard on a regular and consistent basis. Separating the assessments by a period of at least two weeks is recommended as competence must be demonstrated on a consistent and regular basis.

4. *Range*  
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*  
There must be evidence that you possess all the knowledge and understanding listed in the Knowledge section of this unit. In most cases this can be done by professional discussion and/or oral questioning. Other methods, such as projects, assignments and/or reflective accounts may also be used.
6. *Tutor/Assessor guidance*  
Your tutor **must** refer to the '**Habia Assessment Strategy**' when delivering this unit to ensure that you cover all the requirements for this unit. This can be found on [www.vtct.org.uk](http://www.vtct.org.uk) under the relevant qualification page.  
  
You will be guided by your tutor/assessor on how to achieve learning outcomes and cover ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*  
There is no external paper requirement for this unit.

# Achieving observations and range

## Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of competent observations required is indicated in the Evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through professional discussion and/or oral questioning. This evidence will be recorded by your assessor in written form or by other appropriate means.

Your assessor will sign off a learning outcome when all criteria have been competently achieved.

## Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

## National Occupational Standards (NOS)

All observation evidence and knowledge requirements from the NOS SKABT14 are included in this record of assessment. You must demonstrate in your everyday work that you have met this standard for providing specialist skin camouflage services. This can be found on the NOS website [www.ukstandards.co.uk](http://www.ukstandards.co.uk).



# Observations

## Learning outcome 1

### Be able to maintain safe and effective methods of working when providing specialist skin camouflage

You must be able to:

- a. Maintain your responsibilities for health and safety throughout the service
- b. Prepare your client and yourself to meet legal and organisational requirements
- c. Respect your client's modesty, privacy and any sensitivities to their personal appearance
- d. Position your client to meet the needs of the service without causing them discomfort
- e. Ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
- f. Ensure environmental conditions are suitable for the client and the service
- g. Keep your work area clean and tidy throughout the service
- h. Use working methods that minimise the risk of cross-infection
- i. Ensure the use of clean equipment and materials
- j. Promote environmental and sustainable working practices
- k. Follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
- l. Dispose of waste materials to meet legal requirements
- m. Complete the service within a commercially viable time

\* May be assessed by supplementary evidence.

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



## Learning outcome 2

### Be able to consult, plan and prepare for specialist skin camouflage

You must be able to:

- a. Use consultation techniques to determine the client's service plan
- b. Ensure that informed and signed parent or guardian consent is obtained for minors prior to any service
- c. Ensure that a parent or guardian is present throughout the service for minors under the age of 16
- d. Recognise any contra-indications and take the necessary action
- e. Identify and agree the skin camouflage needs and the area to be camouflaged with the client
- f. Obtain signed, informed consent from the client prior to carrying out the service
- g. Ensure the client understands the limitations of skin camouflage

\*May be assessed by supplementary evidence.

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



## Learning outcome 3

### Be able to carry out specialist skin camouflage

You must be able to:

- a. Apply compatible skin care products and a complementary colour before the skin camouflage application
- b. Use application tools, techniques and camouflage products which are best suited to the client and their skin camouflage needs
- c. Establish an acceptable colour match on the area to be camouflaged to restore the skin colouration to the surrounding skin tone
- d. Ensure camouflage products are applied to achieve the required density, colour and effect
- e. Apply compatible cosmetic and skin care products after the skin camouflage application
- f. Give your client advice and recommendations on the service provided
- g. Ensure the client's records are completed and signed by you and the client

*\* May be assessed by supplementary evidence.*

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



## Learning outcome 4

### Be able to instruct and advise the client on skin camouflage techniques

You must be able to:

- a. Discuss and recommend camouflage products and application tools and techniques to meet the client's skin camouflage needs
  - i. Remind the client that they should discontinue the use of camouflage product until medical opinion is sought
- b. Demonstrate application on the area to be camouflaged and check the client's understanding
- c. Use instructional techniques which are delivered at a pace suitable for the client
- d. Guide the client through self-application and removal of the skin camouflage product
- e. Guide the client on how to select and apply compatible cosmetic and skin care products, for use under or over their camouflage
- f. Allow the client time to practise skin camouflage techniques on themselves
- g. Provide the client with opportunities to give feedback, ask questions and seek clarification
- h. Remind the client on the need to seek medical opinion if any lesions, moles, or conditions change

\*May be assessed by supplementary evidence.

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



**Learning outcome 5**

**Be able to evaluate the success of instruction**

You must be able to:

- a. Ask your client to make an evaluation of their own learning and provide any additional instructions to meet their needs
- b. Ask your client questions on the delivery of the instruction process and record their feedback
- c. Use client feedback to make improvements to your own skin camouflage instructional techniques and delivery

*\* May be assessed by supplementary evidence.*

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



# Observation range

You must practically demonstrate that you have:

Used <b>all</b> consultation techniques		Portfolio reference
Questioning		
Listening		
Visual		
Manual		
Written		
Dealt with a <b>minimum of 1</b> necessary action		Portfolio reference
Encouraging the client to seek medical advice		
Explaining why the camouflage application cannot be carried out		
Modification of the camouflage service		
Used a <b>minimum of 5</b> camouflage needs		Portfolio reference
Tattoos		
Atrophic scar tissue		
Hypertrophic scar tissue		
Keloid scar tissue		
Hyperpigmentation		
Hypopigmentation		
Erythema		
Bruising		
Carried out camouflage application on <b>all</b> areas		Portfolio reference
Head or neck		
Chest or shoulders		
Limbs		
Back		
Abdomen		

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



You must practically demonstrate that you have:

Used <b>all</b> application tools		Portfolio reference
Brushes		
Fingers		
Sponges		
Velour puffs		
Used a <b>minimum of 3</b> camouflage products		Portfolio reference
Camouflage creams		
Camouflage powders		
Setting products		
Skin stains		
Provided <b>all</b> types of advice and recommendations		Portfolio reference
Suitable aftercare products and their uses		
Avoidance of activities which may cause contra-actions		
Durability and removal of camouflage products		
Future treatment needs		
Used <b>all</b> camouflage instructional techniques		Portfolio reference
Skills demonstration		
Verbal explanation		
Use of written instructions		

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

# Developing knowledge

## Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below\*:

- Projects
- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies
- Professional discussion

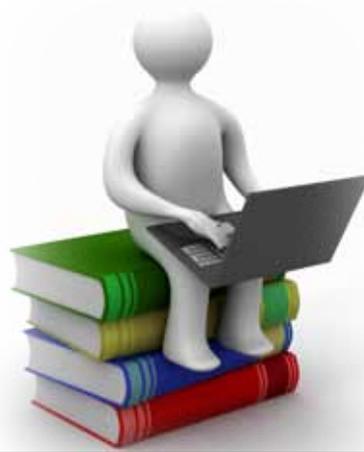
Where applicable your assessor will integrate knowledge outcomes into practical observations through professional discussion and/or oral questioning.

When a criterion has been orally questioned and achieved, your assessor will record this evidence in written form or by other appropriate means. There is no need for you to produce additional evidence as this criterion has already been achieved.

Some knowledge and understanding outcomes may require you to show that you know and understand how to do something. If you have practical evidence from your own work that meets knowledge criteria, then there is no requirement for you to be questioned again on the same topic.

*\*This is not an exhaustive list.*

# Knowledge



## Learning outcome 6

### Know and understand how to maintain safe and effective methods of working when providing specialist skin camouflage

You must know and understand:	Portfolio reference
a. Your responsibilities for health and safety as defined by any specific legislation covering your job role	
b. The legal and organisational requirements for client preparation	
c. The legal and organisational requirements for your own personal hygiene, protection and appearance	
d. Safe positioning techniques for yourself and your client for optimum skin camouflage application	
e. The necessary environmental conditions for services, such as heating and ventilation and why these are important	
f. Why it is important to keep your work area clean and tidy	
g. Methods of cleaning, disinfection and sterilisation	
h. Methods of working safely and hygienically and which minimise the risk of cross-infection	
i. The different types of working methods that promote environmental and sustainable working practices	
j. The hazards and risks which exist in your workplace and the safe working practices which you must follow	
k. Suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow	
l. The legal requirements for waste disposal	
m. The reasons for completing the service in a commercially viable time	



## Learning outcome 7

### Know and understand how to consult, plan and prepare for specialist skin camouflage

You must know and understand:	Portfolio reference
a. Why it is important to communicate with clients in a professional manner	
b. How to complete a consultation taking into account the client's diverse needs	
c. The legal requirements for providing treatment to minors under 16 years of age	
d. The age at which an individual is classed as a minor and how this differs nationally	
e. The importance of agreeing the service that meets the client's needs	
f. The legal significance of gaining signed, informed client consent to carry out the service	
g. The legislative requirements for storing and protecting client data	
h. How to recognise contra-indications that would prevent or restrict the service	
i. The contra-indications requiring medical referral and why	
j. The necessary action to take in relation to specific contra-indications when referring clients	
k. The reasons for not naming specific contra-indications when referring clients	
l. Why it is important to avoid intrusive questioning techniques	
m. Why it is important to respect the client's modesty, privacy and any sensitivities relating to their own appearance	
n. Your own limitations when dealing with clients requiring specialist skin camouflage services	
o. Why clients must appreciate the limitations of skin camouflage and have realistic expectations of the camouflage result	



## Learning outcome 8

### Know and understand how to carry out skin specialist skin camouflage

You must know and understand:	Portfolio reference
a. Why it is important to test for a skin colour match on a small area	
b. The reasons for applying a complementary colour prior to the skin match	
c. The range and availability of skin camouflage products and where they can be sourced	
d. The selection and application of products to meet the needs of individual conditions	
e. The principles of colour theory	
f. The attributes and limitations of skin camouflage products	
g. The different properties in skin camouflage products	
h. The compatibility and limitations of other cosmetic and skin care products used in conjunction with skin camouflage	
i. The compatibility and limitations of other treatments used in conjunction skin camouflage	
j. The different skin types and skin characteristics	
k. The structure and functions of the skin	
l. The causes and appearance of skin conditions likely to need camouflage	
m. The photosensitivity of skin and how it differs in different skin groups such as the Fitzpatrick Classification System	
n. The characteristics of different types of scar tissue	
o. The importance of understanding such conditions as body dysmorphia	



## Learning outcome 8 (continued)

### Know and understand how to carry out skin specialist skin camouflage

You must know and understand:	Portfolio reference
p. The psychological effects of a changed image on the client	
q. The correct psychological approach when working with people requiring skin camouflage	
r. Possible contra-actions which may occur, how to deal with them and what advice to give to clients	
s. The benefits of keeping your own reference materials on camouflage applications and conditions	



**Learning outcome 9**

**Know and understand how to instruct, advise and evaluate the service**

You must know and understand:	Portfolio reference
a. How to plan skin camouflage instruction sessions	
b. Methods of presenting information and instructions	
c. Methods of demonstrating skin camouflage application techniques and use of tools and equipment	
d. How to match instruction with individual clients' learning needs when applying skin camouflage	
e. Ways of checking the clients' understanding and their ability to carry out skin camouflage application on themselves	
f. How to adapt and tailor your skin camouflage instruction to meet individual needs	
g. Aftercare advice on preservation, maintenance and removal of skin camouflage	
h. The advice and recommendations on products and services	
i. Different methods of evaluating the success of skin camouflage instructional activities	
j. The most suitable methods of gaining and recording feedback from skin camouflage instructional activities	



# Knowledge range

You must know and understand:

Health and safety*	Portfolio reference
Health and Safety at Work Act	
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)	
The Health and Safety (First Aid) Regulations	
The Regulatory Reform (Fire Safety) Order	
The Manual Handling Operations Regulations	
The Control of Substances Hazardous to Health Regulations (COSHH)	
The Electricity at Work Regulations	
The Environmental Protection Act	
The Management of Health and Safety at Work Regulations	
The Health and Safety (Information for Employees) Regulations	
Environmental and sustainable working practices*	Portfolio reference
Reducing waste and managing waste (recycle, reuse, safe disposal)	
Reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)	
Reducing water usage and other resources	
Preventing pollution	
Using disposable items	
Using recycled, eco-friendly furniture	
Using low-chemical paint	
Using environmentally friendly product packaging	
Choosing responsible domestic products (Fairtrade tea and coffee)	
Encouraging carbon-reducing journeys to work	

\*Where specific legislation and regulations are stated, please make these relevant to your nation.



You must know and understand:

Diverse needs	Portfolio reference
Cultural	
Religious	
Age	
Disability	
Gender	
Contra-indications that would prevent or restrict	Portfolio reference
Abrasions	
Open wounds	
Rashes	
Sutures	
Contra-indications requiring medical referral	Portfolio reference
Structural changes in the area to be camouflaged	
Suspicious lesions, including moles	
Infections	
Clinically undiagnosed skin conditions	
Other treatments	Portfolio reference
Topical treatment	
Medical treatments	
Beauty therapy treatment	
Holistic therapy treatment	



You must know and understand:

Skin conditions likely to need camouflage	Portfolio reference
Hypopigmentation such as vitiligo	
Stretch marks	
Hyperpigmentation such as melasma	
Age spots	
Erythema such as acne rosacea	
Thread veins	
Scarring	
Presenting information and instructions	Portfolio reference
Pictorially	
Verbally	
Logical sequencing	
Presenting small amounts of information at a time	
Advice and recommendations	Portfolio reference
Additional services	
Additional products	
Other products which can be used in conjunction with skin camouflage	
Products/substances/environments which should be avoided	
Camouflage product maintenance	
Camouflage product removal	
Products for home use	