



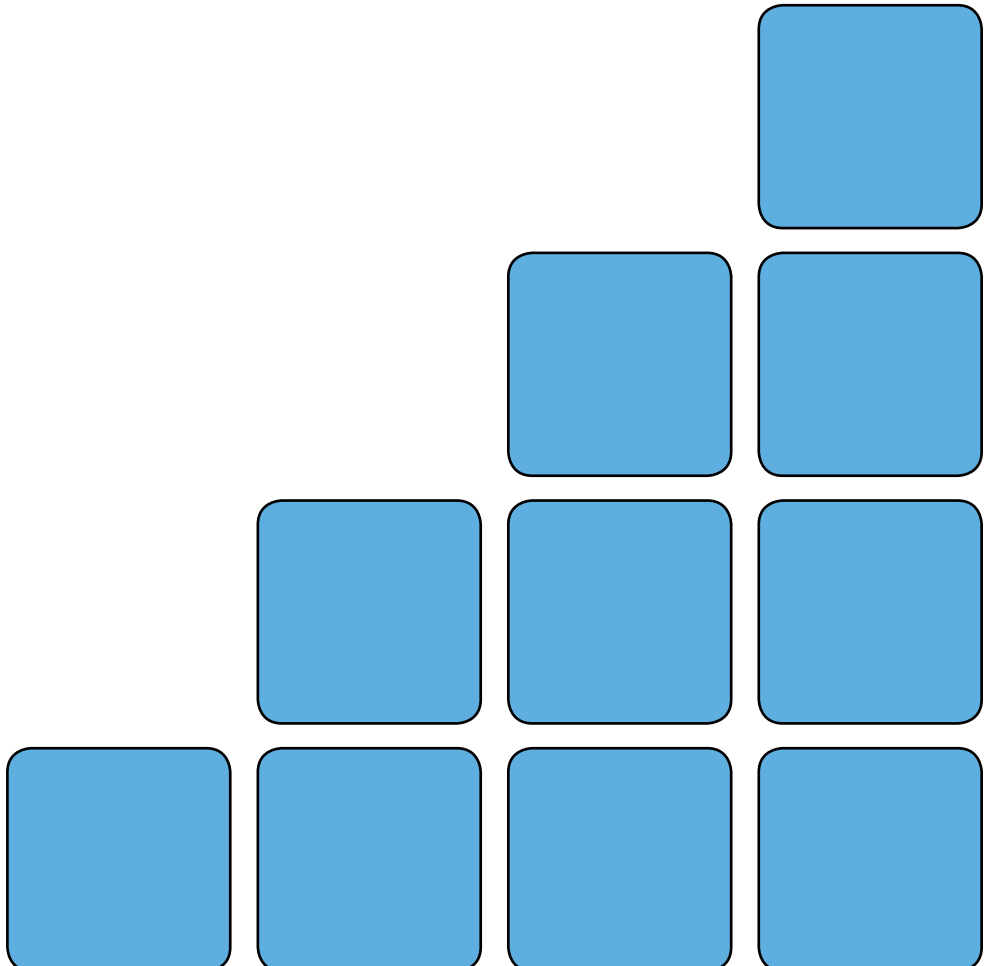
Provide self-tanning services

UBT189

Learner name:

Learner number:

SVQ



UBT189

Provide self-tanning services

This unit is about the application of a variety of self-tanning products.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this unit are:

1. Maintain safe and effective methods of working when providing self-tanning services
2. Consult, plan and prepare for self-tanning services
3. Apply self-tanning products

NOS

SKABT24

SCQF Level

5

SCQF Credit Points

3

Observation(s)

3

External paper(s)

1



Provide self-tanning services

Learning outcomes

On completion of this unit you will:

1. Be able to maintain safe and effective methods of working when providing self-tanning services
2. Be able to consult, plan and prepare for self-tanning services
3. Be able to apply self-tanning products
4. Know and understand how to maintain safe and effective methods of working when providing self-tanning services
5. Know and understand how to consult, plan and prepare for self-tanning services
6. Know and understand how to apply self-tanning products

Evidence requirements

1. *Environment*
Evidence for this unit may be gathered within the workplace or realistic working environment (RWE).
2. *Simulation*
Simulation is not allowed in this unit.
3. *Observation outcomes*
Competent performance of Observation outcomes must be demonstrated on **at least three separate occasions, each on a different client**. Assessor observations, witness testimonies and products of work are likely to be the most appropriate sources of performance evidence. Professional discussion may be used as supplementary evidence for those criteria that do not naturally occur.

Assessed observations should not be carried out on the same day for the same learning outcome. There should be sufficient time between assessments for reflection and personal development.

You need to meet the same standard on a regular and consistent basis. Separating the assessments by a period of at least two weeks is recommended as competence must be demonstrated on a consistent and regular basis.

4. *Range*
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*
There must be evidence that you possess all the knowledge and understanding listed in the Knowledge section of this unit. In most cases this can be done by professional discussion and/or oral questioning. Other methods, such as projects, assignments and/or reflective accounts may also be used.
6. *Tutor/Assessor guidance*
Your tutor **must** refer to the '**Habia Assessment Strategy**' when delivering this unit to ensure that you cover all the requirements for this unit. This can be found on www.vtct.org.uk under the relevant qualification page.

You will be guided by your tutor/assessor on how to achieve learning outcomes and cover ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*
Knowledge and understanding in this unit will be assessed by an external paper. **There is one external paper that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of competent observations required is indicated in the Evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through professional discussion and/or oral questioning. This evidence will be recorded by your assessor in written form or by other appropriate means.

Your assessor will sign off a learning outcome when all criteria have been competently achieved.

Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

National Occupational Standards (NOS)

All observation evidence and knowledge requirements from the NOS SKABT24 are included in this record of assessment. You must demonstrate in your everyday work that you have met this standard for providing self-tanning services. This can be found on the NOS website www.ukstandards.co.uk.



Observations

Learning outcome 1

Be able to maintain safe and effective methods of working when providing self-tanning services

You must be able to:

- a. Maintain your responsibilities for health and safety throughout the service
- b. Prepare your client and yourself to meet legal and organisational requirements
- c. Position your client to meet the needs of the service
- d. Maintain the client's modesty and privacy at all times
- e. Ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
- f. Ensure environmental conditions are suitable for the client and the service
- g. Keep your work area clean and tidy throughout service
- h. Use working methods that minimise the risk of cross-infection
- i. Ensure the use of clean equipment and materials
- j. Promote environmental and sustainable working practices
- k. Follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
- l. Dispose of waste materials to meet legal requirements
- m. Complete the service within a commercially viable time

* *May be assessed by supplementary evidence.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Learning outcome 2

Be able to consult, plan and prepare for self-tanning services

You must be able to:

- a. Use consultation techniques to determine the client's service plan
- b. Ensure that informed and signed parental or guardian consent is obtained for minors prior to any service
- c. Ensure that parent or guardian is present throughout the treatment for minors under the age of 16
- d. Recognise any contra-indications and take the necessary action
- e. Agree the treatment and outcomes that meet the client's needs
- f. Obtain signed, informed consent from the client prior to carrying out the treatment
- g. Carry out a skin sensitivity test and record the results
- h. Select equipment and products to meet the client's needs
- i. Ensure that the client's skin is clean and prepared to suit the type of self-tanning product to be used

**May be assessed by supplementary evidence.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Learning outcome 3

Be able to apply self-tanning products

You must be able to:

- a. Test the pressure and operation of the spray gun prior to use
- b. Use equipment and products to meet the client's requirements
- c. Use spray tanning techniques in a controlled way and at the required distance from the body to achieve the desired effect
- d. Apply products evenly in the required sequence to achieve the desired effect
- e. Use techniques that minimise the risk of products being spread outside the treatment area and surrounding environment
- f. Correct any problems occurring during the application process
- g. Ensure that the finished result is to the client's satisfaction
- h. Give your client advice and recommendations on the service provided
- i. Ensure the client's records are completed and signed by you and the client

** May be assessed by supplementary evidence.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Observation range

You must practically demonstrate that you have:

Used all consultation techniques		Portfolio reference
Questioning		
Listening		
Visual		
Manual		
Written		
Dealt with a minimum of 1 necessary action		Portfolio reference
Encouraging the client to seek medical advice		
Explaining why the treatment cannot be carried out		
Modification of treatment		
Used all types of equipment		Portfolio reference
Spray gun		
Compressor		
Buffing mitt		
Used a minimum of 4 products		Portfolio reference
Tanning creams		
Tanning gels		
Spray tan liquid		
Barrier cream		
Exfoliators		
Moisturisers		
Provided all types of advice and recommendations		Portfolio reference
Suitable aftercare products and their uses		
Avoidance of activities which may cause contra-actions		
Time intervals between services		
Present and future products and services		

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below*:

- Projects
- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies
- Professional discussion

**This is not an exhaustive list.*

Where applicable your assessor will integrate knowledge outcomes into practical observations through professional discussion and/or oral questioning.

When a criterion has been orally questioned and achieved, your assessor will record this evidence in written form or by other appropriate means. There is no need for you to produce additional evidence as this criterion has already been achieved.

Some knowledge and understanding outcomes may require you to show that you know and understand how to do something. If you have practical evidence from your own work that meets knowledge criteria, then there is no requirement for you to be questioned again on the same topic.

Achieving the external paper

The external paper will test your knowledge of all criteria in this section. **A pass mark of 70% must be achieved.**

Your assessor will complete this table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 1		

Knowledge



Learning outcome 4

Know and understand how to maintain safe and effective methods of working when providing self-tanning services

You must know and understand:	Portfolio reference
a. Your responsibilities for health and safety as defined by any specific legislation covering your job role	
b. The legal and organisational requirements for client preparation	
c. The type of personal protective equipment that should be worn by the therapist and the client for self-tanning services and why	
d. The reasons for maintaining the client's modesty and privacy	
e. Safe positioning techniques for yourself and your client and why using these is important	
f. The necessary environmental conditions for services such as heating and ventilation and why these are important	
g. Why it is important to keep your work area clean and tidy	
h. Methods of cleaning, disinfection and sterilisation	
i. Methods of working safely and hygienically and which minimise the risk of cross-infection	
j. The different types of working methods that promote environmental and sustainable working practices	
k. The hazards and risks which exist in your workplace and the safe working practices which you must follow	
l. Suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow	
m. The legal requirements for waste disposal	
n. The reasons for completing a service in a commercially viable time	



Learning outcome 5

Know and understand how to consult, plan and prepare for self-tanning services

You must know and understand:	Portfolio reference
a. The importance of communicating with clients in a professional manner	
b. How to complete a consultation taking into account the client's diverse needs	
c. The legal requirements for providing treatment to minors under 16 years of age	
d. The age at which an individual is classed as a minor and how this differs nationally	
e. The importance of agreeing the service that meets the client's needs	
f. The legal significance of gaining signed, informed client consent to carry out the service	
g. The legislative requirements for storing and protecting client data	
h. How to recognise contra-indications that would prevent or restrict the treatment	
i. The contra-indications requiring medical referral and why	
j. The reasons for not naming specific contra-indications when referring clients	
k. The procedure for carrying out a skin sensitivity test prior to self-tanning	
l. The reasons for carrying out a skin sensitivity test prior to self-tanning and recording the results	
m. How to match product selection to skin type and client preference	
n. How to prepare the client's skin to suit the products and equipment being used	
o. The reasons for exfoliating and moisturising the skin prior to self-tanning	



Learning outcome 6

Know and understand how to apply self-tanning products

You must know and understand:	Portfolio reference
a. The types of equipment available for spray tanning, their features and how and when to use them	
b. The meaning of psi and why this is adjusted to suit the size of area and coverage required	
c. The potential risks associated with the use of pressurised spray tanning equipment	
d. The importance of using equipment with a pressure gauge	
e. How to clean, maintain and reassemble spray tanning equipment and associated accessories	
f. The types of problems that can occur with spray tanning equipment and how to correct them	
g. The types of self-tanning products available and their advantages and disadvantages	
h. The ingredients of tanning products, exfoliators and moisturisers	
i. The effects of self-tanning products on the skin	
j. The structure of the skin	
k. The different types of skin pigmentation disorders and how they may affect the self-tan result	
l. The use and effects of tanning enhancers	
m. How and when to use tanning correctors	
n. The reasons for providing the client with pre and post treatment advice	
o. Products for home use that will benefit the client and those to avoid and why	



Learning outcome 6 (continued)

Know and understand how to apply self-tanning products

You must know and understand:	Portfolio reference
p. The post-treatment restrictions applicable to self-tanning	
q. The contra-actions that can occur as a result of self-tanning and the advice to give to clients	
r. The advice and recommendations on products and services to the client	



Knowledge range

You must know and understand:

Health and safety*	Portfolio reference
Health and Safety at Work Act	
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)	
The Health and Safety (First Aid) Regulations	
The Regulatory Reform (Fire Safety) Order	
The Manual Handling Operations Regulations	
The Control of Substances Hazardous to Health Regulations (COSHH)	
The Electricity at Work Regulations	
The Environmental Protection Act	
The Management of Health and Safety at Work Regulations	
The Health and Safety (Information for Employees) Regulations	
Environmental and sustainable working practices*	Portfolio reference
Reducing waste and managing waste (recycle, reuse, safe disposal)	
Reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)	
Reducing water usage and other resources	
Preventing pollution	
Using disposable items	
Using recycled, eco-friendly furniture	
Using low-chemical paint	
Using environmentally friendly product packaging	
Choosing responsible domestic products (Fairtrade tea and coffee)	
Encouraging carbon-reducing journeys to work	

*Where specific legislation and regulations are stated, please make these relevant to your nation.



You must know and understand:

Diverse needs	Portfolio reference
Cultural	
Religious	
Age	
Disability	
Gender	
Contra-indications which prevent	Portfolio reference
Severe asthma for spray tanning	
Contagious skin conditions	
Bronchial conditions for spray tanning	
Contra-indications which restrict	Portfolio reference
Insulin dependent diabetes	
Pigmentation disorders	
Sunburn	
Psoriasis	
Eczema	
Cuts and abrasions	
Structure of the skin	Portfolio reference
Layers of epidermis	
Dermis	
Subcutaneous layer	
Hair follicle	
Hair shaft	
Sebaceous gland	
Arrector pili gland	
Sweat gland	
Blood and lymph vessels	
Sensory nerve endings	



You must know and understand:

Contra-actions	Portfolio reference
Skin irritation	
Swelling	
Burning	
Itching	
Watery eyes	
Coughing	
Fainting	