



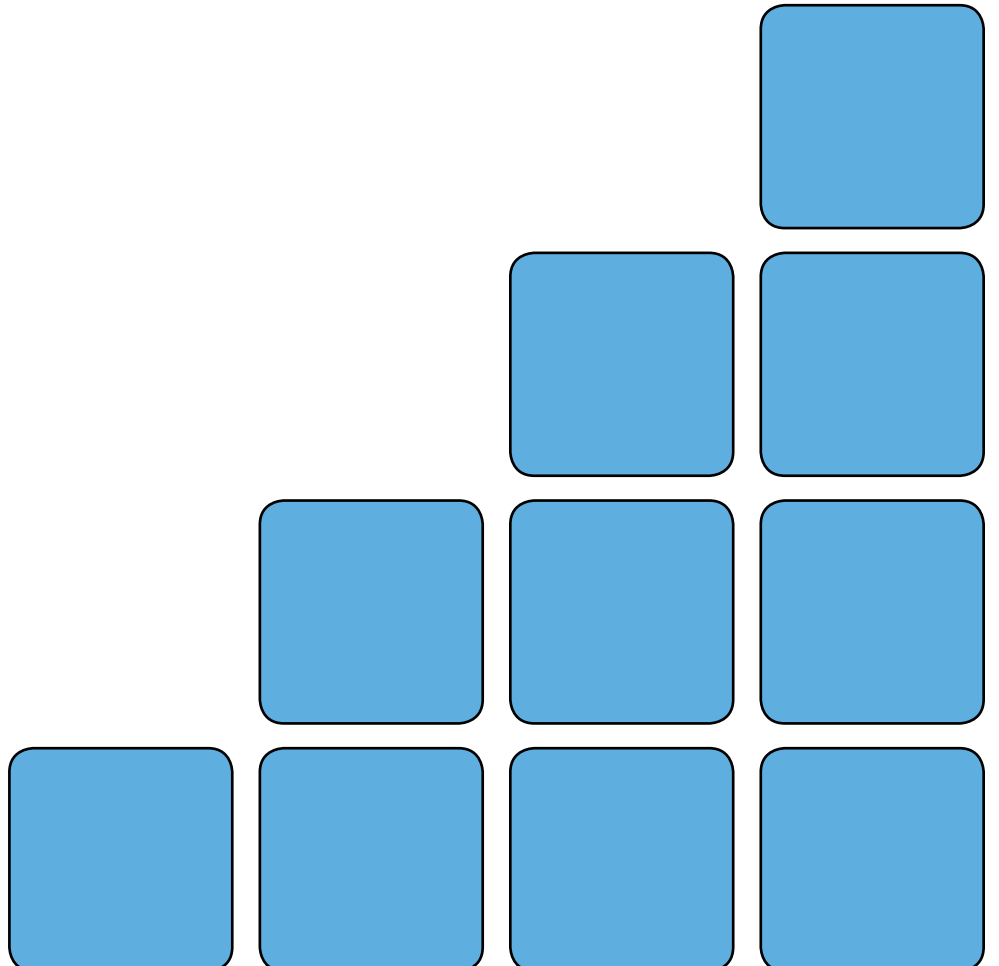
Provide female intimate waxing services

UBT187

Learner name:

Learner number:

SVQ



UBT187

Provide female intimate waxing services

This unit is about removing hair from intimate areas using various waxing techniques. You will need to be able to consult with the client, prepare and plan for the waxing service. You will also need to provide aftercare advice to the client, particularly around the avoidance of certain activities and home care products.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this unit are:

1. Maintain safe and effective methods of working when providing female intimate waxing services
2. Consult, plan and prepare for female intimate waxing services
3. Remove unwanted hair

NOS

SKABT22

SCQF Level

6

SCQF Credit Points

7

Observation(s)

3

External paper(s)

1



Provide female intimate waxing services

Learning outcomes

On completion of this unit you will:

1. Be able to maintain safe and effective methods of working when removing hair by providing female intimate waxing
2. Be able to consult, plan and prepare for female intimate waxing services
3. Be able to remove unwanted hair
4. Know and understand how to maintain safe and effective methods of working when providing female intimate waxing services
5. Know and understand how to consult, plan and prepare for female intimate waxing services
6. Know and understand how to remove unwanted hair

Evidence requirements

1. *Environment*
Evidence for this unit may be gathered within the workplace or realistic working environment (RWE).
2. *Simulation*
Simulation is not allowed in this unit.
3. *Observation outcomes*
Competent performance of Observation outcomes must be demonstrated on **at least three occasions, each on a different client**. Assessor observations, witness testimonies and products of work are likely to be the most appropriate sources of performance evidence. Professional discussion may be used as supplementary evidence for those criteria that do not naturally occur.

Assessed observations should not be carried out on the same day for the same learning outcome. There should be sufficient time between assessments for reflection and personal development.

You need to meet the same standard on a regular and consistent basis. Separating the assessments by a period of at least two weeks is recommended as competence must be demonstrated on a consistent and regular basis.

4. *Range*
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*
There must be evidence that you possess all the knowledge and understanding listed in the Knowledge section of this unit. In most cases this can be done by professional discussion and/or oral questioning. Other methods, such as projects, assignments and/or reflective accounts may also be used.
6. *Tutor/Assessor guidance*
Your tutor **must** refer to the '**Habia Assessment Strategy**' when delivering this unit to ensure that you cover all the requirements for this unit. This can be found on www.vtct.org.uk under the relevant qualification page.

You will be guided by your tutor/assessor on how to achieve learning outcomes and cover ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*
Knowledge and understanding in this unit will be assessed by an external paper. **There is one external paper that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of competent observations required is indicated in the Evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through professional discussion and/or oral questioning. This evidence will be recorded by your assessor in written form or by other appropriate means.

Your assessor will sign off a learning outcome when all criteria have been competently achieved.

Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

National Occupational Standards (NOS)

All observation evidence and knowledge requirements from the NOS SKABT22 are included in this record of assessment. You must demonstrate in your everyday work that you have met this standard for providing female intimate waxing services. This can be found on the NOS website www.ukstandards.co.uk.



Observations

Learning outcome 1

Be able to maintain safe and effective methods of working when removing hair by providing female intimate waxing

You must be able to:

- a. Maintain your responsibilities for health and safety and safeguarding throughout the service
- b. Prepare your client and yourself to meet legal and organisational requirements
- c. Protect your client's clothing throughout the service
- d. Maintain your client's modesty and privacy at all times
- e. Position your client to meet the needs of the service
- f. Ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
- g. Ensure environmental conditions are suitable for the client and the service
- h. Keep your work area clean and tidy throughout the service
- i. Use working methods that minimise the risk of cross-infection
- j. Ensure the use of clean equipment and materials
- k. Promote environmental and sustainable working practices
- l. Follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
- m. Dispose of waste materials to meet legal requirements
- n. Complete the service within a commercially viable time

* May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Learning outcome 2

Be able to consult, plan and prepare for female intimate waxing services

You must be able to:

- a. Use consultation techniques to determine the client's service plan
- b. Ensure that informed and signed parental or guardian consent is obtained for minors prior to any service
- c. Ensure that a parent or guardian is present throughout the service for minors under the age of 16
- d. Recognise any contra-indications and take the necessary action
- e. Agree the service and outcomes that meet the client's needs
- f. Explain the possible contra-actions to the client prior to carrying out the waxing service
- g. Obtain signed, informed consent from the client prior to carrying out the waxing service
- h. Explain the intimate waxing procedure and possible contra-actions to the client, prior to the waxing service
- i. Select equipment, materials, applicators and wax products for the waxing service
- j. Make sure the preparation of the client meets the agreed service plan

*May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Learning outcome 3

Be able to remove unwanted hair

You must be able to:

- a. Use pre-wax application products
- b. Conduct a thermal test patch immediately prior to the waxing service on a suitable area of skin in the groin
- c. Establish the hair growth pattern and skin condition of the treatment area
- d. Apply and remove wax according to the requirements of the hair removal method and hair growth patterns
- e. Ensure the waxing service minimises the risk of cross-infection, contamination and follows safeguarding procedures
- f. Ensure your work techniques minimise discomfort to the client
- g. Check the client's wellbeing throughout the waxing service
- h. Ensure the treatment area is left free of wax and hair and treated with an after-wax product
- i. Ensure that the finished result is to the client's satisfaction
- j. Give your client advice and recommendations on the service provided
- k. Ensure the client's records are completed and signed by you and the client

** May be assessed by supplementary evidence.*

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



Observation range

You must practically demonstrate that you have:

Used all consultation techniques	Portfolio reference
Questioning	
Listening	
Visual	
Manual	
Written	
Dealt with a minimum of 1 necessary action	Portfolio reference
Modification of the waxing service	
Explaining why the waxing service cannot be carried out	
Encouraging the client to seek medical advice	
Carried out all the waxing services	Portfolio reference
Hollywood	
Brazilian	
Shaping	
Used both wax products	Portfolio reference
Hot wax	
Warm wax	
Carried out all types of preparation of the client	Portfolio reference
Removal of the accessories and clothing necessary for the treatment	
Protection of clothing	
Client's own cleansing of the area to be treated	
Trimming of over-long hair for the treatment	
Used a minimum of 1 pre-wax application product	Portfolio reference
Oils	
Powders	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



You must practically demonstrate that you have:

Used all the work techniques	Portfolio reference
Stretching and manipulating the skin during application and removal	
Speed of product removal	
Direction and angle of removal	
On-going product temperature checks	
Provided all types of advice and recommendations	Portfolio reference
Suitable homecare products and their uses	
Avoidance of activities which may cause contra-actions	
Time intervals between services	
Present and future products and services	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below*:

- Projects
- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies
- Professional discussion

**This is not an exhaustive list.*

Where applicable your assessor will integrate knowledge outcomes into practical observations through professional discussion and/or oral questioning.

When a criterion has been orally questioned and achieved, your assessor will record this evidence in written form or by other appropriate means. There is no need for you to produce additional evidence as this criterion has already been achieved.

Some knowledge and understanding outcomes may require you to show that you know and understand how to do something. If you have practical evidence from your own work that meets knowledge criteria, then there is no requirement for you to be questioned again on the same topic.

Achieving the external paper

The external paper will test your knowledge of all criteria in this section. **A pass mark of 70% must be achieved.**

Your assessor will complete this table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 1		

Knowledge



Learning outcome 4

Know and understand how to maintain safe and effective methods of working when providing female intimate waxing services

You must know and understand:	Portfolio reference
a. Your responsibilities for health and safety as defined by any specific legislation covering your job role	
b. The legal and organisational requirements for ensuring safeguarding procedures are in place	
c. The legal and organisational requirements for client protection and preparation	
d. The legal and organisational requirements for your own personal hygiene, protection and appearance	
e. The reasons for maintaining the client's modesty and privacy at all times	
f. Safe positioning techniques for yourself and the client to prevent discomfort	
g. The necessary environmental conditions for services such as heating and ventilation, and why these are important	
h. Why it is important to keep your work area clean and tidy	
i. Methods of cleaning, disinfection and sterilisation	
j. Methods of working safely and hygienically to avoid the risk of cross-infection	
k. The different types of working methods that promote environmental and sustainable working practices	
l. The hazards and risks which exist in your workplace and the safe working practices which you must follow	



Learning outcome 4 (continued)

Know and understand how to maintain safe and effective methods of working when providing female intimate waxing services

You must know and understand:	Portfolio reference
m. Suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow	
n. The legal requirements for waste disposal	
o. The reasons for completing the service in a commercially viable time	



Learning outcome 5

Know and understand how to consult, plan and prepare for female intimate waxing services

You must know and understand:	Portfolio reference
a. Why it is important to communicate with clients in a professional manner	
b. How to complete a consultation taking into account the client's diverse needs	
c. The legal requirements for providing services to minors under 16 years of age	
d. The age at which an individual is classed as a minor and how this differs nationally	
e. The importance of agreeing the service that meets the client's needs	
f. The legal significance of gaining signed, informed client consent to carry out the service	
g. The legislative requirements for storing and protecting client data	
h. The contra-indications requiring medical referral and why	
i. How to recognise contra-indications that would prevent or restrict the service	
j. The necessary action to take in relation to specific contra-indications when referring clients	
k. The reasons for not naming specific contra-indications when referring clients	
l. The reasons why it is advisable to conduct a skin sensitivity test prior to waxing services	
m. Why it is important to explain the procedure and possible contra-actions to the client, before an intimate waxing service	
n. Why it is important for the client to personally cleanse the area to be treated, immediately prior to the waxing service	



Learning outcome 6

Know and understand how to remove unwanted hair

You must know and understand:	Portfolio reference
a. The reasons for conducting a thermal test patch procedure and for trimming over long hair prior to the waxing service	
b. How to assess the skin condition and hair growth in the treatment area	
c. The types of equipment and waxing products used for intimate waxing services, including shaping templates	
d. The function and purpose of pre-wax and after-wax products	
e. The ingredients and composition of different waxing products	
f. The suitability of specific waxing products for certain hair types	
g. Product application and removal requirements in relation to the direction of hair growth	
h. The advantages, disadvantages and limitations of waxing treatments	
i. How to support the client's skin during the intimate waxing process to avoid inappropriate contact	
j. Why it is necessary to conduct yourself in a professional manner in order to avoid any possible misinterpretation of behaviour	
k. How to deal with circumstances in which the client's behaviour breaches the professional status of the treatment	
l. Other methods of hair removal and the effect of these methods on the waxing process	
m. The contra-actions that may occur, how to deal with them and what advice to give to clients	
n. The expected skin reaction to waxing	
o. The structure of the female genitalia	



Learning outcome 6 (continued)

Know and understand how to remove unwanted hair

You must know and understand:	Portfolio reference
p. The structure and functions of the skin and hair	
q. The hair growth cycle, the different types of hair growth and the causes of hair growth	
r. The activities to avoid after waxing and why these are important	
s. Aftercare and maintenance requirements for intimate waxing treatments and why these are important	
t. The advice and recommendations on products and services	



Knowledge range

You must know and understand:

Health and safety*	Portfolio reference
Health and Safety at Work Act	
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)	
The Health and Safety (First Aid) Regulations	
The Regulatory Reform (Fire Safety) Order	
The Manual Handling Operations Regulations	
The Control of Substances Hazardous to Health Regulations (COSHH)	
The Electricity at Work Regulations	
The Environmental Protection Act	
The Management of Health and Safety at Work Regulations	
The Health and Safety (Information for Employees) Regulations	
Environmental and sustainable working practices*	Portfolio reference
Reducing waste and managing waste (recycle, reuse, safe disposal)	
Reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)	
Reducing water usage and other resources	
Preventing pollution	
Using disposable items	
Using recycled, eco-friendly furniture	
Using low-chemical paint	
Using environmentally friendly product packaging	
Choosing responsible domestic products (Fairtrade tea and coffee)	
Encouraging carbon-reducing journeys to work	

*Where specific legislation and regulations are stated, please make these relevant to your nation.



You must know and understand:

Diverse needs	Portfolio reference
Cultural	
Religious	
Age	
Disability	
Contra-indications requiring medical referral	Portfolio reference
Urinary infections	
Sexually transmitted infections	
Pubic lice	
Contagious skin disease	
Oedema	
Contra-indications that would restrict	Portfolio reference
Medication affecting skin, blood or immune system	
Heat rash	
Sunburn	
Diabetes	
Moles	
Infected ingrowing hairs	
Skin tags	
Recent scar tissue	
External haemorrhoids	
Menstruation	
Contra-indications that would prevent	Portfolio reference
Thin and fragile skin	
Known allergies to products and ingredients such as rosin found in sticking plasters and wax	
Severe and infectious skin conditions	
Severe varicose veins	



You must know and understand:

Intimate waxing services	Portfolio reference
Hollywood	
Brazilian	
Bollywood	
Las Vegas	
California	
Shaping	
Adornments	
Methods of hair removal	Portfolio reference
Tweezing	
Shaving	
Depilatory creams	
Electrical depilatory	
Abrasive mitts	
Light based hair reduction	
Threading	
Electrical epilation	
Contra-actions	Portfolio reference
Bruising	
Blood spots	
Abrasions	
Broken hair	
Histamine reaction	
Excessive erythema	
Excessive and diminished regrowth	
Burns	
Inflammation	



You must know and understand:

Structure of the female genitalia	Portfolio reference
Mons pubis	
The labia consisting of the labia majora and the labia minora	
The external portion of the clitoris, consisting of the clitoral glans and the clitoral hood	
The urinary meatus	
The vaginal orifice	
The hymen	
Structure of the skin	Portfolio reference
Layers of the epidermis	
Dermis	
Subcutaneous layer	
Hair follicle	
Hair shaft	
Sebaceous gland	
Arrector pili muscle	
Sweat gland	
Blood and lymph vessels	
Sensory nerve endings	
Function of the skin	Portfolio reference
Sensitivity	
Heat regulation	
Absorption	
Protection	
Excretion	
Secretion	
Vitamin D production	



You must know and understand:

Hair growth cycle		Portfolio reference
Anagen		
Catagen		
Telogen		
Different types of hair growth		Portfolio reference
Terminal		
Vellus		
Ingrown hairs		
Causes of hair growth		Portfolio reference
Topical		
Congenital		
Systemic		
Activities to avoid after waxing		Portfolio reference
Heat such as sauna, sun and hot baths		
Use of perfumed and chemical based products		
Wearing of restrictive clothing		
Touching the treated area		
Swimming and other exercise		
Advice and recommendations		Portfolio reference
Additional services		
Additional products		
Aftercare requirements for waxing and why these are important		
The recommendations for the client to return for waxing services every 6-8 weeks		
Personal toilet hygiene		