



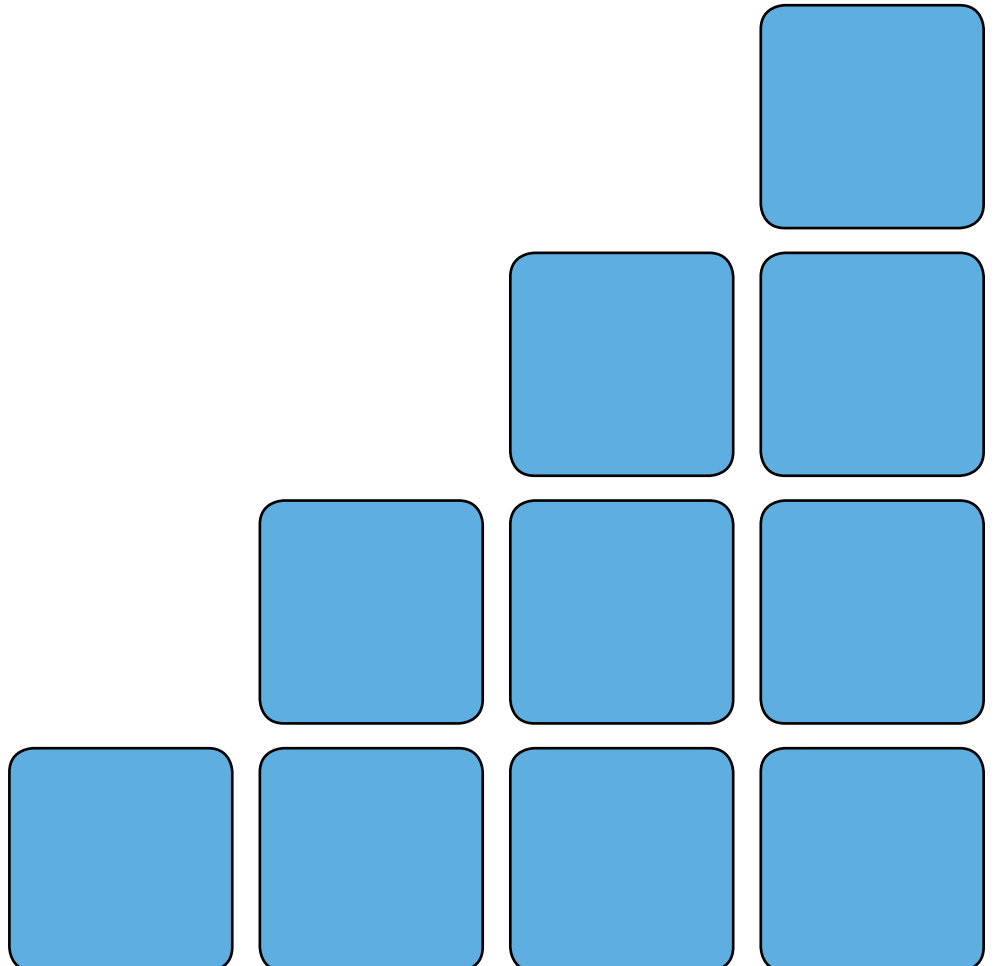
# Provide electrical epilation

UBT186

Learner name:

Learner number:

SVQ





# UBT186

## Provide electrical epilation

This unit is about the skills involved in carrying out electrical needle epilation treatments to remove hair, using alternating current and blend techniques. You will need to carry out a thorough consultation with the client, formulate an individual treatment plan, provide treatment and aftercare advice.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this unit are:

1. Maintain safe and effective methods of working when providing electrical epilation treatments
2. Consult, plan and prepare for treatments
3. Carry out electrical epilation

NOS

# SKABT26

SCQF Level

**6**

SCQF Credit Points

**10**

Observation(s)

**6**

External paper(s)

**1**



# Provide electrical epilation

## Learning outcomes

On completion of this unit you will:

1. Be able to maintain safe and effective methods of working when providing electrical epilation treatments
2. Be able to consult, plan and prepare for treatments
3. Be able to carry out electrical epilation
4. Know and understand how to maintain safe and effective methods of working when providing electrical epilation treatments
5. Know and understand how to consult, plan and prepare for treatments
6. Know and understand how to carry out electrical epilation

## Evidence requirements

1. *Environment*  
Evidence for this unit may be gathered within the workplace or realistic working environment (RWE).
2. *Simulation*  
Simulation is not allowed in this unit.
3. *Observation outcomes*  
Competent performance of Observation outcomes must be demonstrated on **at least six separate occasions, on at least four different clients with one observation being carried out on the bikini line.**  
  
Assessor observations, witness testimonies and products of work are likely to be the most appropriate sources of performance evidence. Professional discussion may be used as supplementary evidence for those criteria that do not naturally occur.

Assessed observations should not be carried out on the same day for the same learning outcome. There should be sufficient time between assessments for reflection and personal development.

You need to meet the same standard on a regular and consistent basis. Separating the assessments by a period of at least two weeks is recommended as competence must be demonstrated on a consistent and regular basis.

4. *Range*  
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*  
There must be evidence that you possess all the knowledge and understanding listed in the Knowledge section of this unit. In most cases this can be done by professional discussion and/or oral questioning. Other methods, such as projects, assignments and/or reflective accounts may also be used.
6. *Tutor/Assessor guidance*  
Your tutor **must** refer to the '**Habia Assessment Strategy**' when delivering this unit to ensure that you cover all the requirements for this unit. This can be found on [www.vtct.org.uk](http://www.vtct.org.uk) under the relevant qualification page.  
  
You will be guided by your tutor/assessor on how to achieve learning outcomes and cover ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*  
Knowledge and understanding in this unit will be assessed by an external paper. **There is one external paper that must be achieved.**

# Achieving observations and range

## Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of competent observations required is indicated in the Evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through professional discussion and/or oral questioning. This evidence will be recorded by your assessor in written form or by other appropriate means.

Your assessor will sign off a learning outcome when all criteria have been competently achieved.

## Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.

## National Occupational Standards (NOS)

All observation evidence and knowledge requirements from the NOS SKABT26 are included in this record of assessment. You must demonstrate in your everyday work that you have met this standard for providing electrical epilation. This can be found on the NOS website [www.ukstandards.co.uk](http://www.ukstandards.co.uk).



# Observations

## Learning outcome 1

### Be able to maintain safe and effective methods of working when providing electrical epilation treatments

You must be able to:

- a. Maintain your responsibilities for health and safety throughout the treatment
- b. Prepare and protect your client and yourself with personal protective equipment within the controlled area
- c. Maintain your client's modesty, privacy and comfort at all times
- d. Position your client to meet the needs of the treatment without causing them discomfort
- e. Ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
- f. Ensure environmental conditions are suitable for the client and the treatment
- g. Use working methods that minimise the risk of cross-infection
- h. Ensure the use of clean equipment and materials
- i. Promote environmental and sustainable working practices
- j. Follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
- k. Dispose of waste materials to meet legal requirements
- l. Complete the treatment within a commercially viable time

\*May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			
Observation	4	5	6
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



## Learning outcome 2

### Be able to consult, plan and prepare for treatments

You must be able to:

- a. Use consultation techniques to determine the client's treatment plan
- b. Ensure that informed and signed parent or guardian consent is obtained for minors prior to any treatment
- c. Ensure that a parent or guardian is present throughout the service for minors under the age of 16
- d. Recognise any contra-indications and take the necessary action
- e. Agree the treatment and outcomes that meet the client's needs
- f. Obtain signed, informed consent from the client prior to carrying out the treatment
- g. Identify the client's hair type, skin type and condition, the area to be treated and the treatment objectives
- h. Take photographs of the area to be treated, following organisational practices
- i. Explain the physical sensation created by the treatment
- j. Carry out a test patch prior to treatment following organisational requirements
- k. Select and prepare equipment and products to meet the treatment objectives

\*May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			
Observation	4	5	6
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			





### Learning outcome 3

## Be able to carry out electrical epilation

You must be able to:

- a. Ensure the area to be treated is clean, oil free and dry
- b. Select electrical epilation treatments to suit the client's hair type, skin type and condition
- c. Use the size and type of needle to treat the client's hair type, skin type and condition
- d. Load and use needles avoiding damage and contamination throughout the treatment
- e. Illuminate the treatment area and use magnification to ensure maximum visibility during treatment
- f. Manipulate the skin, to meet the needs of the area to be treated
- g. Ensure the needle holder and needle is used at the correct angle, direction and depth for the hair follicle and the area to be treated
- h. Adapt the intensity and duration of current flow to suit client tolerance and skin reaction
- i. Work systematically to remove the hair from the treated follicle without traction
- j. Apply aftercare products to the treatment area
- k. Give your client advice and recommendations on the treatment provided
- l. Ensure the client's records are completed and signed by you and the client

\*May be assessed by supplementary evidence.

Observation	1	2	3
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			
Observation	4	5	6
Date achieved			
Criteria questioned orally			
Portfolio reference			
Assessor initials			
Learner signature			



# Observation range

You must practically demonstrate that you have:

Used <b>all</b> consultation techniques	Portfolio reference
Questioning	
Listening	
Visual	
Manual	
Written	
Covered <b>all</b> the areas of a treatment plan	Portfolio reference
Medical history	
Causes of hair growth	
Past and present hair management	
Current skin care	
Dealt with <b>a minimum of 1</b> necessary action	Portfolio reference
Encouraging the client to seek medical advice	
Explaining why treatment cannot be carried out	
Modification of treatment	
Dealt with <b>all</b> hair types	Portfolio reference
Fine	
Coarse	
Curly	
Dealt with <b>all</b> skin types and conditions	Portfolio reference
Dry	
Oily	
Sensitive	
Dehydrated	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



You must practically demonstrate that you have:

Covered <b>all</b> the areas to be treated	Portfolio reference
Upper lip	
Chin	
Bikini line	
Eyebrows	
Underarms	
Neck	
Abdomen	
Breast	
Carried out <b>both</b> electrical epilation treatments	Portfolio reference
Alternating current	
Blend	
Used <b>all</b> types of needle	Portfolio reference
One piece	
Two piece	
Insulated	
Gold	
Stainless	
Provided <b>all</b> types of advice and recommendations	Portfolio reference
Suitable aftercare products and their uses	
Avoidance of activities which may cause contra-actions	
Time intervals between treatments	
Present and future products and treatments	
Dealing with regrowth between treatments	

It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

# Developing knowledge

## Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below\*:

- Projects
- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies
- Professional discussion

*\*This is not an exhaustive list.*

Where applicable your assessor will integrate knowledge outcomes into practical observations through professional discussion and/or oral questioning.

When a criterion has been orally questioned and achieved, your assessor will record this evidence in written form or by other appropriate means. There is no need for you to produce additional evidence as this criterion has already been achieved.

Some knowledge and understanding outcomes may require you to show that you know and understand how to do something. If you have practical evidence from your own work that meets knowledge criteria, then there is no requirement for you to be questioned again on the same topic.

## Achieving the external paper

The external paper will test your knowledge of all criteria in this section. **A pass mark of 70% must be achieved.**

Your assessor will complete this table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 1		

# Knowledge



## Learning outcome 4

### Know and understand how to maintain safe and effective methods of working when providing electrical epilation treatments

You must know and understand:	Portfolio reference
a. Your responsibilities for health and safety as defined by any specific legislation covering your job role	
b. The reasons for checking current insurance guidelines for the delivery of electrical epilation treatments	
c. The responsibilities under local authority licensing regulations for yourself and your premises	
d. Why it is important to maintain client's modesty, privacy and comfort	
e. How the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury	
f. The importance of personal hygiene, protection and presentation in maintaining health and safety in your workplace	
g. The different types of work related injuries associated with the delivery of electrical epilation and how they can be avoided	
h. The necessary environmental conditions for services, such as heating and ventilation and why these are important	
i. Methods of cleaning, disinfection and sterilisation	
j. Why it is important to avoid direct and indirect cross-infection by working safely and hygienically	
k. The hazards and risks associated with the delivery of advanced epilation treatments and how these can be minimised	
l. The different types of working methods that promote environmental and sustainable working practices	



## Learning outcome 4 (continued)

### Know and understand how to maintain safe and effective methods of working when providing electrical epilation treatments

You must know and understand:	Portfolio reference
m. Suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow	
n. The legal requirements for waste disposal	
o. The reasons for completing the service in a commercially viable time	



## Learning outcome 5

### Know and understand how to consult, plan and prepare for treatments

You must know and understand:	Portfolio reference
a. Why it is important to communicate with clients in a professional manner	
b. How to complete a consultation taking into account client's diverse needs	
c. The legal requirements for providing treatments to minors under 16 years of age	
d. The age at which an individual is classed as a minor and how this differs nationally	
e. The importance of agreeing the treatment that meets the client's needs	
f. The legal significance of gaining signed, informed client consent to carry out the treatment	
g. The legislative requirements for storing and protecting client data	
h. How to recognise contra-indications that would prevent or restrict the treatment and why	
i. The contra-indications requiring medical referral and why	
j. The necessary action to take in relation to specific contra-indications when referring clients	
k. The reasons for not naming specific contra-indications when referring clients	
l. How to recognise different types of hair growth, hair types, skin types and conditions	
m. Why it is advisable to take photographs of the treatment area pre and post-treatments and how they should be taken	



## Learning outcome 5 (continued)

### Know and understand how to consult, plan and prepare for treatments

You must know and understand:	Portfolio reference
n. How to describe the physical sensation of the treatment to the client and what can impact on client pain threshold	
o. The reasons why it is advisable to carry out a test patch prior to the treatment and provide aftercare instructions	
p. The importance of giving information including the use of visual aids to assist the client's understanding of hair growth cycle	
q. The constraints surrounding electrical epilation treatments such as cost, time, number of treatments, healing rate and client commitment	
r. How skin sensitivity is affected by other skincare treatments which may inhibit electrical epilation	
s. How to prepare the equipment, products and materials for electrical epilation treatments	





## Learning outcome 6

### Know and understand how to carry out electrical epilation

You must know and understand:	Portfolio reference
a. The different types and use of equipment, products and materials available for electrical epilation	
b. How to load and use needles to avoid damage and contamination	
c. Why it is important to use magnification and illuminate the treatment area	
d. The type and size of needle to suit the hair type, diameter, skin type and treatment area	
e. Why and how you stretch and manipulate the skin during treatment	
f. The reasons for working systematically with correct spacing across the area to be treated	
g. How to insert the needle into the hair follicle with regard to depth, angle and direction and the consequences of inaccurate needle insertion	
h. How to adapt the intensity and duration of current flow to suit client tolerance and skin sensitivity	
i. How to release hairs from different types of follicles without traction	
j. The principles, uses and benefit of the alternating current such as short wave, radio frequency and high frequency	
k. Possible contra-actions which may occur, how to deal with them and what advice to give to clients	
l. The anatomy and physiology of the hair and skin	
m. The hair growth cycle, the causes of hair growth and how this impacts on the treatment	
n. The advice and recommendations on products and services	



# Knowledge range

You must know and understand:

Health and safety*	Portfolio reference
Health and Safety at Work Act	
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)	
The Health and Safety (First Aid) Regulations	
The Regulatory Reform (Fire Safety) Order	
The Manual Handling Operations Regulations	
The Control of Substances Hazardous to Health Regulations (COSHH)	
The Electricity at Work Regulations	
The Environmental Protection Act	
The Management of Health and Safety at Work Regulations	
The Health and Safety (Information for Employees) Regulations	
Environmental and sustainable working practices*	Portfolio reference
Reducing waste and managing waste (recycle, reuse, safe disposal)	
Reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)	
Reducing water usage and other resources	
Preventing pollution	
Using disposable items	
Using recycled, eco-friendly furniture	
Using low-chemical paint	
Using environmentally friendly product packaging	
Choosing responsible domestic products (Fairtrade tea and coffee)	
Encouraging carbon-reducing journeys to work	

\*Where specific legislation and regulations are stated, please make these relevant to your nation.



You must know and understand:

Diverse needs	Portfolio reference
Cultural	
Religious	
Age	
Disability	
Gender	
Contra-indications which prevent	Portfolio reference
Pacemakers	
Haemophilia	
Cochlear implants	
Contra-indications which restrict	Portfolio reference
Psoriasis	
Eczema	
Acne	
Epilepsy	
Diabetes	
Metal pins and plates	
Infectious and contagious disease	
Different types of hair growth	Portfolio reference
Terminal	
Vellus	
Ingrown hairs	
Contra-actions	Portfolio reference
Erythema	
Oedema	
Blanching	
Bleeding	
Bruising	



You must know and understand:

Anatomy and physiology	Portfolio reference
The structure and function of the skin	
The principles of skin healing	
The structure of the hair and its follicle	
The structure and function of the endocrine system	
The effect of malfunctions of the endocrine system on hair growth	
The principles of the circulatory and lymphatic system	
Hair growth cycle	Portfolio reference
Anagen	
Catagen	
Telogen	
Causes of hair growth	Portfolio reference
Topical	
Congenital	
Systemic	
Advice and recommendations	Portfolio reference
Additional services	
Additional products	
The normal reactions which occur after treatment and how to deal with any abnormal reactions	
Post treatment restrictions and future treatment needs	
The reasons for avoiding the following activities post electrical epilation: heat treatments, touching the treated area, use of perfumed and chemical based products, wearing of restrictive clothing on the treated areas	
Products for home use that will benefit and protect the client and those to avoid and why	
Suitable methods of dealing with regrowth between treatments	