



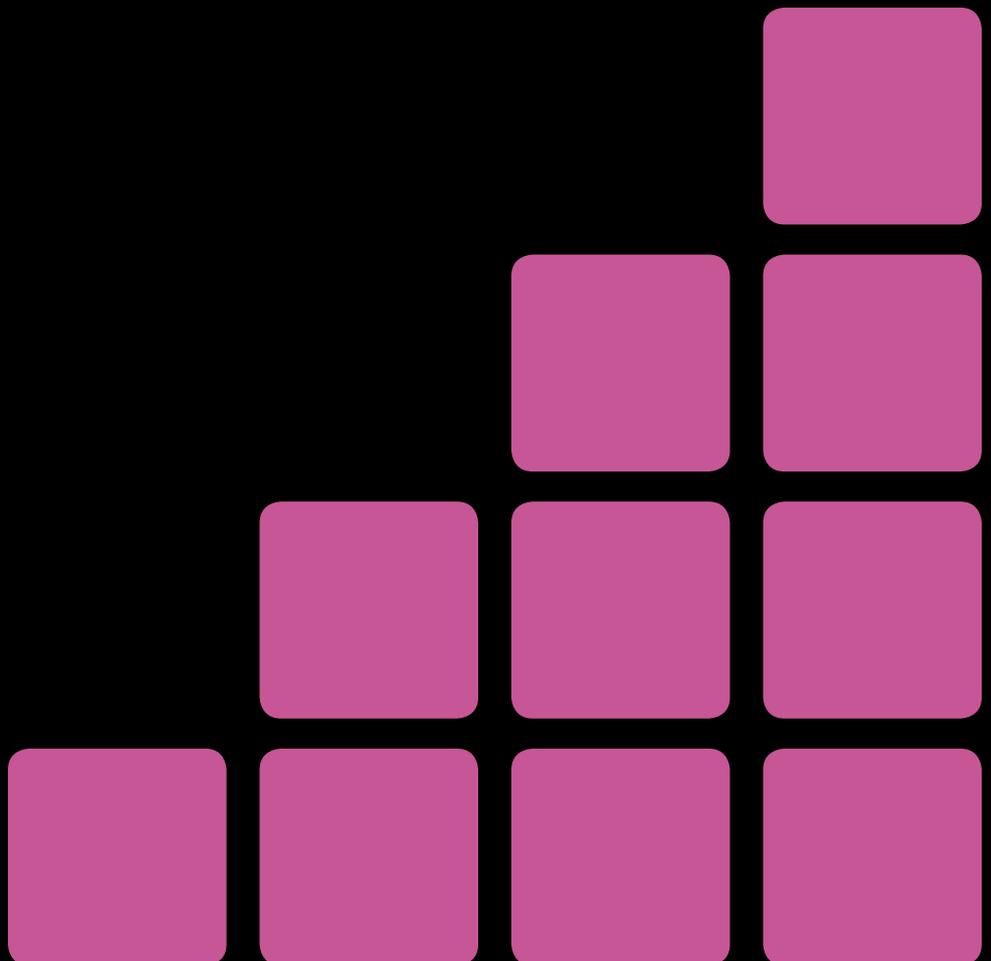
Apply and maintain nail enhancements to create a natural finish

UB200N5

L/600/9099

Learner name:

Learner number:



UB200N5

Apply and maintain nail enhancements to create a natural finish

This unit is about providing services to enhance and maintain nails on the hands and feet, to create a natural finish. It covers consulting with the client to establish their requirements and recognising any contra-indications that may affect the service. It also covers preparing and applying natural tips and clear overlays in either UV gel, liquid and powder or wrap systems, and removing nails enhancements.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

NOS

N5

Level

2

Credit value

8

GLH

61

Observations

6

External paper(s)

2



Apply and maintain nail enhancements to create a natural finish

Learning outcomes

On completion of this unit you will:

1. Be able to use safe and effective methods of working when providing nail enhancement services
2. Be able to consult, plan and prepare for the service with clients
3. Be able to apply natural overlays
4. Be able to apply tip and overlays
5. Be able to maintain nail enhancements
6. Be able to remove nail enhancements
7. Understand organisational and legal requirements
8. Understand how to work safely and effectively when providing enhancements, maintenance and removal of nail services
9. Understand how to perform client consultation, treatment planning and preparation for nail enhancements
10. Understand contra-indications that can affect or restrict nail enhancement services
11. Know anatomy and physiology that relate to nail enhancement services
12. Understand nail enhancement services
13. Understand how to maintain and repair nail enhancements
14. Understand how to provide aftercare advice for clients on nail enhancements

Evidence requirements

1. Simulation is not allowed for any performance evidence within this unit.
2. You must practically demonstrate in your everyday work that you have met the standard for applying and maintaining nail

enhancements to create a natural finish, using **1** of the following systems:

- gel
 - liquid and powder
 - wrap.
3. Your assessor will observe your performance on **at least 6 occasions, which must include:**
 - **1 for the application of a full set of natural nail overlays**
 - **2 for a full set of tips and overlays**
 - **2 for the maintenance and repair of a full set of nail enhancements**
 - **1 for the removal of a full set of tips and overlays.**
 4. From the range statement, you must practically demonstrate that you:
 - have used all the consultation techniques
 - have carried out **at least 1** of the necessary actions*
 - have applied all types of services
 - have carried out all types of nail maintenance
 - have provided all types of advice.

** However, you must prove to your assessor that you have the necessary knowledge, understanding and skills to be able to perform competently in respect of all the items in this range.*
 5. It is likely most evidence of your performance will be gathered from the observations made by your assessor, but you may be required to produce other evidence to support your performance if your assessor has not been present.

6. Knowledge and understanding in this unit will be assessed by an external paper. The criteria that make up this paper are highlighted in white throughout this unit. **There are two external papers that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

Maximum service times

The following maximum service times apply to this unit:

Nail enhancements (full set)	120 minutes
Nail enhancement maintenance (1 colour)	90 minutes
Nail enhancement removal	60 minutes
Natural nail overlay	75 minutes

Achieving range

The range section indicates what must be covered. Ranges must be practically demonstrated as part of an observation. Your assessor will document the portfolio reference once a range has been competently achieved.



Observations

Outcome 1

Be able to use safe and effective methods of working when providing nail enhancement services

You can:

- a. Set up and maintain the work area to meet legal, hygiene, treatment requirements and industry Code of Practice for Nail Services requirements
- b. Maintain personal standards of hygiene, protection and appearance to meet accepted industry Code of Practice for Nail Services and organisational requirements
- c. Clean all tools and equipment and ensure the correct method of cleaning is used
- d. Position equipment and materials for ease and safety of use
- e. Maintain client's comfort and safety at all times
- f. Use chemicals in a safe manner without risk of overexposure to self and clients
- g. Dispose of waste materials safely and correctly
- h. Complete the treatment within a commercially viable time
- i. Leave the work area in a suitable condition for further nail services
- j. Keep the client's records up to date, accurate, easy to read and signed by the client and technician

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			
Observation	4	5	6
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



Outcome 2

Be able to consult, plan and prepare for the service with clients

You can:

- a. Use effective consultation techniques to record the service plan
- b. Obtain signed, written and informed consent prior to any treatment from the client or from a parent or guardian if the client is a minor*
- c. Consult effectively with the client to identify any contra-indications, establish their current nail care routine and record the client's responses accurately
- d. Remove any existing nail polish or nail enhancements to restore the nails to a natural condition, if required *
- e. Identify the condition of the nails and skin
- f. Explain your assessment of the client's nail and skin condition in a clear way to help the client's understanding
- g. Recommend nail enhancements to suit the client's nail shape and condition and agree service and outcomes that are acceptable to the client and meet their needs

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			
Observation	4	5	6
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



Outcome 3

Be able to apply natural overlays

You can:

- a. Remove skin debris and file the free edge
- b. Remove surface shine to dehydrate the natural nail
- c. Apply overlay to all nails in the correct sequence following manufacturer's instructions
- d. Leave a free margin around the cuticle and side wall area of the nail
- e. Use buff and filing techniques correctly to leave the nail balanced
- f. Take appropriate and prompt remedial action where contra-actions occur during the course of the nail service*

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			
Observation	4	5	6
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



Outcome 4

Be able to apply tip and overlays

You can:

- a. Remove skin debris and file the free edge
- b. Remove surface shine to dehydrate the natural nail
- c. Select the correct tip size and customise it to suit the client's natural nail
- d. Correctly adhere tip to the natural nail to ensure longevity
- e. Cut, shape and blend tips ensuring no damage to the natural nail and is undetectable
- f. Dehydrate the natural nail to ensure maximum adhesion of overlay
- g. Apply overlay to all nails in the correct sequence following manufacturer's instructions
- h. Leave a free margin around the cuticle and side wall area of the nail
- i. Use buffing and filing techniques to leave the nail balanced
- j. Take appropriate and prompt remedial action where contra-actions occur during the course of the nail service*

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			
Observation	4	5	6
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



Outcome 5

Be able to maintain nail enhancements

You can:

- a. Prepare the nail enhancement prior to product application
- b. Clean and dehydrate exposed natural nail prior to nail maintenance
- c. Use nail maintenance techniques effectively to restore the nail enhancement to its original condition, following manufacturer's instructions
- d. Use buffing and filing techniques to leave the nail balanced
- e. Take appropriate and prompt remedial action where contra-actions occur during the course of the nail maintenance*

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			
Observation	4	5	6
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



Outcome 6

Be able to remove nail enhancements

You can:

- a. Remove overlays following manufacturer's instructions
- b. Check the natural nail plate is free from product and undamaged
- c. Take appropriate and prompt remedial action where contractions occur during the course of the nail removal*
- d. Give client suitable aftercare advice

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			
Observation	4	5	6
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



Range

You must practically demonstrate that you have:

Used all the consultation techniques	Portfolio reference
Questioning	
Visual	
Physical examination	
Reference to client records	
Carried out at least 1 of the necessary actions	Portfolio reference
Encouraging the client to seek medical advice	
Explaining why the service cannot be carried out	
Modifying the treatment	
Applied all types of services	Portfolio reference
Full set of natural nail overlays	
Full set of natural tips and overlays	
Carried out all types of nail maintenance	Portfolio reference
Infill	
Rebalance	
Provided all types of advice	Portfolio reference
Suitable aftercare products and their use	
Avoidance of activities which may cause contra-actions	
Recommended time intervals in-between nail services	

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

Achieving the external paper

The external paper will test your knowledge of the criteria highlighted in white. **A pass mark of 70% must be achieved.** Criteria not achieved will be identified to your tutor/assessor. You will then be orally questioned or asked to produce other forms of evidence as **all unit criteria must be achieved.**

Your assessor will complete the table below when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 2		
2 of 2		

Knowledge



Outcome 7

Understand organisational and legal requirements

You can:	Portfolio reference / Assessor initials*
a. Describe own responsibilities under relevant health and safety legislation and the Industry Code of Practice for Nail services	
b. Describe the importance of not discriminating against clients with illnesses and disabilities and why eg Disability Discrimination	
c. Explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present	
d. Explain why minors should not be given services without informed and signed parental or guardian consent	
e. Explain the legal significance of gaining signed, informed consent to the service	
f. Explain the importance and reasons for keeping records of clients and their services	
g. Describe the importance of the correct storage of client records in relation to the Data Protection Act	
h. Describe how to avoid potential discomfort and injury to yourself and the risks of poor positioning to clients	
i. Describe why it is important to maintain standards of hygiene and the principles for avoiding cross-infection	
j. Explain how to minimise and dispose of waste from nail enhancement services	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 7 (continued)

Understand organisational and legal requirements

You can:	Portfolio reference / Assessor initials*
k. Explain the salon's service times for completing nail enhancement services	
l. Explain the importance of completing the service in a commercially viable time	
m. Explain the salon pricing structures	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 8

Understand how to work safely and effectively when providing enhancements, maintenance and removal of nail services

You can:	Portfolio reference / Assessor initials*
a. Describe the type of personal protective equipment that should be available and why it is important to use it	
b. Describe contact dermatitis and how to avoid developing it when carrying out enhancement, maintenance and removal of nail services	
c. Describe how to prepare and use the tools and materials for the nail system	
d. Compare the different methods of disinfecting and sterilising tools and equipment	
e. Describe how to maintain tools and materials in a clean and hygienic condition	
f. Explain the importance of, and reasons for, disinfecting hands and how to do this effectively	
g. Explain the necessary environmental conditions for nail services and explain why these are important	
h. Describe how to effectively and safely position tools and materials for the nail service	
i. Describe the condition in which the work area should be left ready and explain why this is important	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 9

Understand how to perform client consultation, treatment planning and preparation for nail enhancements

You can:	Portfolio reference / Assessor initials*
a. Describe how to use effective consultation techniques	
b. Describe how to give effective advice and recommendations to clients	
c. Describe the questioning and listening skills they need in order to find out information	
d. Describe how to conduct nail and skin analysis	
e. Describe the importance of questioning clients to establish any contra-indications to nail services	
f. Explain why it is important to record client responses to questioning	
g. Describe the legal significance of client questioning and of recording the client's responses	
h. Explain why it is important to encourage and allow time for clients to ask questions	
i. Describe the importance of, and reasons for, not naming specific contra-indications when encouraging clients to seek medical plans	
j. Explain how to prepare service plans	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 10

Understand contra-indications that can affect or restrict nail enhancement services

You can:	Portfolio reference / Assessor initials*
a. Describe the contra-indications which require medical referral and explain why	
b. Describe the contra-indications which restrict treatment and explain why	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 11

Know anatomy and physiology that relate to nail enhancement services

You can:	Portfolio reference / Assessor initials*
a. Describe the structure of the nail	
b. Describe the process of nail growth	
c. Describe the structure and function of the skin	
d. Describe the different natural nail shapes you will be likely to come across during nail services and how this can affect your service plan	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 12

Understand nail enhancement services

You can:	Portfolio reference / Assessor initials*
a. Describe the importance of natural nail preparation prior to nail enhancement services	
b. Describe the key differences between UV gel, liquid and powder, and wrap nail enhancement systems	
c. Describe the advantages and disadvantages of each nail enhancement system	
d. Describe the importance of preparation and safe use of files and buffers to prevent nail and skin damage eg grit, grip and pressure	
e. Explain how to select and use files and buffers for nail enhancement services	
f. Describe the factors that influence the choice of nail enhancement services	
g. Describe the importance of using the correct methods and techniques to avoid overexposure	
h. Explain why it is important to leave a free margin around the cuticle and side wall area	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 12 (continued)

Understand nail enhancement services

You can:	Portfolio reference / Assessor initials*
i. Describe the importance of achieving maximum strength, appearance and longevity by use of correct nail balance and shaping	
j. Explain the importance of choosing the correct size of tip	
k. Explain the importance of correct tip application and blending	
l. Describe how the incorrect application and removal of nail enhancements can damage the natural nails and surrounding soft tissue	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 13

Understand how to maintain and repair nail enhancements

You can:	Portfolio reference / Assessor initials*
a. Describe the techniques for repairing natural nails including splits, cracks, flaking and breakages	
b. Describe the techniques for repairing nail enhancements including lifting, cracking, premature loss and discolouration	
c. Describe the factors that influence maintenance requirements for each nail system ie infill or re-balance	
d. Explain the importance of selecting and carrying out the correct removal techniques for each nail system	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



Outcome 14

Understand how to provide aftercare advice for clients on nail enhancements

You can:	Portfolio reference / Assessor initials*
a. Describe the aftercare and maintenance requirements for nail enhancements and why these are important	
b. State recommended intervals between nail enhancements and why these are important	
c. Describe the contra-actions that could occur during and after nail services and what advice to give to clients	
d. Describe suitable aftercare products and how to apply them	
e. Explain how to deal with accidental damage	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.