



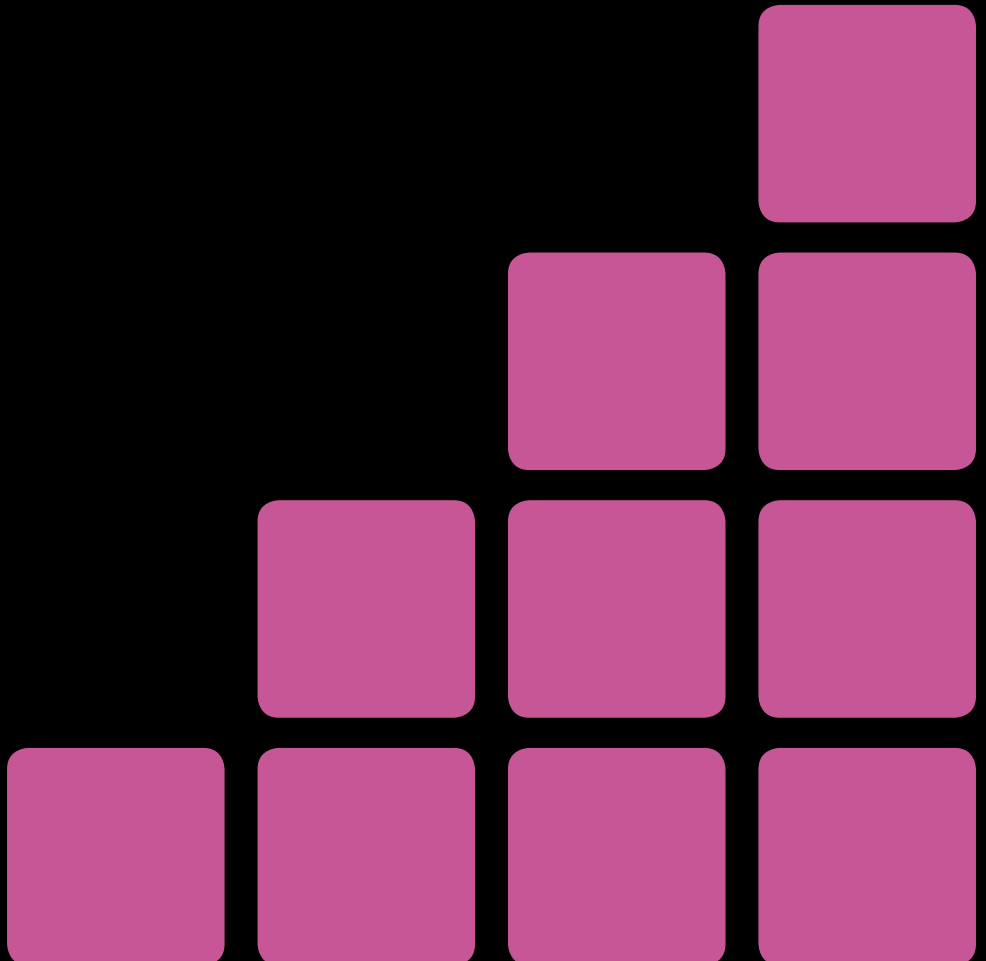
Provide pedicure services

UB200N3

H/600/8766

Learner name:

Learner number:



UB200N3

Provide pedicure services

This unit is about providing pedicure services to clients. It covers consulting with the client, recognising any contra-indications, preparing for the service and producing a service plan. It also covers filing the nails, applying skin and cuticle treatments, cleansing and drying the feet, removing excessive hard skin, massaging the foot and lower leg and providing a suitable nail finish.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

NOS

N3

Level

2

Credit value

6

GLH

53

Observations

3

External paper(s)

2



Provide pedicure services

Learning outcomes

On completion of this unit you will:

1. Be able to use safe and effective methods of working when providing pedicure services
2. Be able to consult, plan and prepare for the service with clients
3. Be able to carry out pedicure services
4. Understand organisational and legal requirements
5. Understand how to work safely and effectively when providing pedicure services
6. Understand how to perform client consultation
7. Understand contra-indications and contra-actions that affect or restrict pedicure services
8. Understand the anatomy and physiology that relates to pedicure services
9. Understand pedicure services, techniques and products
10. Understand the aftercare advice to provide clients for pedicure services

Evidence requirements

1. Simulation is not allowed for any performance evidence within this unit.
2. You must practically demonstrate in your everyday work that you have met the standard for providing pedicure treatment.
3. Your assessor will observe your performance on **at least 3 occasions (each occasion must involve a different foot and nail treatment from the range)**.
4. From the range statement, you must practically demonstrate that you:
 - have used all the consultation techniques
 - have dealt with **at least 1 of the necessary actions***
 - have applied all types of feet and nail treatments
 - have produced both types of nail finish
 - have provided all types of advice

** However, you must prove to your assessor that you have the necessary knowledge, understanding and skills to be able to perform competently in respect of all the items in this range.*
5. It is likely most evidence of your performance will be gathered from the observations made by your assessor, but you may be required to produce other evidence to support your performance if your assessor has not been present.
6. Knowledge and understanding in this unit will be assessed by an external paper. The criteria that make up this paper are highlighted in white throughout this unit. **There are two external papers that must be achieved.**

Achieving observations and range

Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

Maximum service times

The following maximum service times apply to this unit:

Pedicure	50 minutes
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Achieving range

The range section indicates what must be covered. Ranges must be practically demonstrated as part of an observation. Your assessor will document the portfolio reference once a range has been competently achieved.



Observations

Outcome 1

Be able to use safe and effective methods of working when providing pedicure services

You can:

- a. Prepare the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
- b. Maintain personal standards of hygiene and appearance that meet accepted industry Code of Practice for Nail Services and organisational requirements
- c. Clean all tools and equipment using the correct methods
- d. Use accepted industry hygiene and safety practices throughout the service
- e. Select and position equipment, materials, products, yourself and the client to meet the needs of the service
- f. Dispose of waste materials correctly
- g. Complete the service within a commercially viable time
- h. Keep the client's records up to date, accurate, easy to read and signed by client and therapist
- i. Leave the work area in a suitable condition for further nail services

* May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



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Outcome 2

Be able to consult, plan and prepare for the service with clients

You can:

- a. Use effective consultation techniques
- b. Obtain signed, written, informed consent from the client, or from a parent or guardian if the client is a minor*
- c. Identify any contra-indications by questioning the client, and record clients responses accurately
- d. Disinfect the client's feet to restore the nails to a natural condition
- e. Assess the client's nail and skin condition, and recommend suitable treatments and products in a clear way to help the client's understanding
- f. Agree a service and outcomes that are acceptable to the client and their needs
- g. Take any necessary action in response to identified contra-indications*

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			



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Outcome 3

Be able to carry out pedicure services

You can:

- a. Clean and dry clients' feet
- b. File nails, ensuring that the nail free edge is left smoothed and shaped to the required length
- c. Use the correct buffing technique for the service plan and the client's needs
- d. Use cuticle tools and products safely and effectively, ensuring that the cuticle and nail plate are undamaged
- e. Remove any excessive hard skin using a foot rasp, as required *
- f. Use massage techniques and apply the correct quantity and type of massage medium to meet the service plan
- g. Leave the nails feet and lower legs free of any excess massage medium
- h. Apply a suitable base coat, polish and top coat relevant to the client's needs, as required
- i. Complete the service to the client's satisfaction and to meet the agreed service plan
- j. Give the client suitable aftercare advice

*May be assessed through oral questioning.

Observation	1	2	3
Criteria questioned orally			
Date achieved			
Portfolio reference			
Learner signature			
Assessor initials			

Range



You must practically demonstrate that you have:

Used all the consultation techniques	Portfolio reference
Questioning	
Visual	
Manual	
Reference to client records	
Dealt with at least 1 of the necessary actions	Portfolio reference
Encouraging your client to seek medical advice	
Explaining why the service cannot be carried out	
Modifying the service	
Applied all types of feet and nail treatments	Portfolio reference
Paraffin wax	
Foot masks	
Thermal boots	
Exfoliators	
Produced both types of nail finish	Portfolio reference
Dark colour	
French	
Provided all types of advice	Portfolio reference
Suitable aftercare tools and products and their use	
Avoidance of activities which may cause contra-actions	
Recommended time intervals in-between nail services	

Developing knowledge

Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

Achieving the external paper

The external paper will test your knowledge of the criteria highlighted in white. **A pass mark of 70% must be achieved.** Criteria not achieved will be identified to your tutor/assessor. You will then be orally questioned or asked to produce other forms of evidence as **all unit criteria must be achieved.**

Your assessor will complete the table below when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 2		
2 of 2		

Knowledge



Outcome 4

Understand organisational and legal requirements

You can:	Portfolio reference / Assessor initials*
a. Describe own responsibilities under relevant health and safety legislation and the Industry Code of Practice for Nail services	
b. Describe the importance of not discriminating against clients with illnesses and disabilities	
c. Explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present	
d. Explain the legal significance of gaining signed, informed consent to service	
e. Explain the importance of and reasons for keeping and storing client records	
f. Describe the possible risks of ineffective positioning of clients	
g. Explain why it is important to maintain standards of hygiene and the principles for avoiding cross-infection	
h. Describe how to minimise and dispose of waste from services	
i. Explain the importance of completing pedicure services in a commercially viable time	
j. Outline the salon's pricing structures and service times for pedicure treatments	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 5

Understand how to work safely and effectively when providing pedicure services

You can:	Portfolio reference / Assessor initials*
a. Describe the protective equipment that should be available and why it is important to use it	
b. Describe what contact dermatitis is and how to avoid developing it when carrying out nail services	
c. Describe how to prepare, use and maintain the tools and materials for pedicure services	
d. Compare the different methods of disinfecting and sterilising tools and equipment	
e. Explain the importance of and reasons for disinfecting feet and how to do it effectively	
f. Describe the necessary environmental conditions for nail services and why they are important	
g. Describe how to effectively and safely position tools and materials for pedicure services	
h. Describe the condition in which the work area should be left and why this is important	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 6

Understand how to perform client consultation

You can:	Portfolio reference / Assessor initials* ^c
a. Describe how to use effective consultation techniques	
b. Describe how to give effective advice and recommendations to clients	
c. Describe the questioning and listening skills required to find out information	
d. Describe how to conduct nail and skin analysis	
e. Describe the importance of questioning clients to establish any contra-indications to pedicure services	
f. Explain why it is important to record client responses to questioning	
g. Describe the legal significance of client questioning, and of recording the client's responses	
h. Explain why it is important to encourage and allow time for clients to ask questions	
i. Explain the importance of, and reasons for, not naming specific contra-indications when encouraging clients to seek medical advice	
j. Explain how to prepare service plans	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 7

Understand contra-indications and contra-actions that affect or restrict pedicure services

You can:	Portfolio reference / Assessor initials*
a. Describe the contra-indications which require medical referral and why they require referral	
b. Describe the contra-indications that may restrict the service and why they restrict the service	
c. Describe the possible contra-actions which may occur during or after the pedicure service	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 8

Understand the anatomy and physiology that relates to pedicure services

You can:	Portfolio reference / Assessor initials*
a. Describe the bones of the foot and lower leg	
b. Describe the muscles of the foot and lower leg	
c. Describe the blood circulation to the foot and lower leg	
d. Describe the structure of the nail unit	
e. Describe the process of nail growth	
f. Describe the structure and function of the skin	
g. Compare the skin characteristics and skin types of different ethnic client groups	
h. Describe natural nail shapes	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 9

Understand pedicure services, techniques and products

You can:	Portfolio reference / Assessor initials*
a. Describe how to identify treatable nail and skin conditions	
b. Describe the different types of techniques used within pedicure and how to carry them out	
c. Explain how to select and adapt pedicure services to suit individual client needs (including male clients)	
d. Describe the benefits and effects of foot and nail treatments	
e. Describe the different types of pedicure tools and equipment and how to use them	
f. Describe the effects on the nail and skin of incorrect use of pedicure tools	
g. Explain the importance of filing the free edge straight	
h. Describe the features and benefits of massage movements used in pedicure services	
i. Describe the effects of massage techniques on the nail, skin muscle and underlying structures	
j. Describe the different types of massage mediums and state when they should be used	
k. Explain the importance of removing excess moisture, debris and product from the natural nail to prepare for required nail finish	
l. Explain the importance of recommending a nail finish suitable for the client	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 9 (continued)

Understand pedicure services, techniques and products

You can:	Portfolio reference / Assessor initials*
m. Explain the reasons for applying base and top coat and the consequences of not doing so	
n. Describe the correct method of applying and removing different nail finishes	
o. Describe the features and benefits of pedicure products	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.



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Outcome 10

Understand the aftercare advice to provide clients for pedicure services

You can:	Portfolio reference / Assessor initials*
a. Describe the aftercare requirements for pedicure services and why they are important	
b. Explain the aftercare products that will benefit the client	
c. Describe the contra-actions that could occur after nail services and what advice to give to clients	
d. State the recommended time intervals between services	

* Assessor initials to be inserted if orally questioned.

Requirements highlighted in white are assessed in the external paper.

Notes

Use this area for making notes and drawing diagrams