

# VTCT Level 3 Award in Camouflage Make-Up

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Accreditation start date:	<b>1 August 2010</b>
Credit value:	<b>7</b>
Total Qualification Time (TQT):	<b>70</b>
Guided learning hours (GLH):	<b>60</b>
Qualification number:	<b>500/8687/X</b>

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## Statement of unit achievement

By signing this statement of unit achievement you are confirming that all learning outcomes, assessment criteria and range statements have been achieved under specified conditions and that the evidence gathered is authentic.

This statement of unit achievement table must be completed prior to claiming certification.

Unit code	Date achieved	Learner signature	Assessor initials	IQA signature (if sampled)
Mandatory units				
UV30409				

# The qualification

## Introduction

The VTCT Level 3 Award in Camouflage Make-Up is a qualification that has been specifically designed to develop your practical skills in providing camouflage make-up services.

You will learn about camouflage make-up for scar tissue, birth marks, tattoos and other skin imperfections as desired by clients. You will also learn about the history and origins of camouflage make-up, including links with medical professions. Colour matching and colour theory are also important elements of this course.

The purpose of this qualification is develop your skills in make-up and will provide you with the foundation for further learning.

## Prerequisite

Learners who wish to undertake this qualification must also achieve the VTCT (ITEC) Level 2 Award in Infection Prevention (COVID-19) for Make-up Services qualification or a regulated equivalent.

## National Occupational Standards (NOS)

Units in this qualification have been mapped to the relevant NOS (where applicable). This qualification is regulated on the Regulated Qualifications Framework.

This qualification is approved and supported by the Hairdressing and Beauty Industry Authority (HABIA), the standard setting body for hair, beauty, nails and spa qualifications.



## Progression

When you have successfully completed this qualification you will have the opportunity to progress to the following VTCT qualifications:

- Level 3 NVQ Diploma in Beauty Therapy Make-Up

Progression opportunities also exist in the form of specialist VTCT vocationally related qualifications:

- Level 3 Diploma in Make-Up Artistry
- Level 3 Diploma in Theatrical, Special Effects and Hair and Media Make-Up
- Level 3 Certificate in Fashion and Photographic Make-Up

# Qualification structure

## Total credits required - 7

All mandatory units must be completed.

### Mandatory units - 7 credits

VTCT unit code	Ofqual unit reference	Unit title	Credit value	GLH
UV30409	D/601/4355	Camouflage make-up	7	60

# Guidance on assessment

This book contains the mandatory units that make up this qualification. Optional units will be provided in additional booklets (if applicable). Where indicated, VTCT will provide assessment materials. Assessments may be internal or external. The method of assessment is indicated in each unit.

## Internal assessment

*(any requirements will be shown in the unit)*

Assessment is set, marked and internally quality assured by the centre to clearly demonstrate achievement of the learning outcomes. Assessment is sampled by VTCT external quality assurers.

## External assessment

*(any requirements will be shown in the unit)*

Externally assessed question papers completed electronically will be set and marked by VTCT.

Externally assessed hard-copy question papers will be set by VTCT, marked by centre staff and sampled by VTCT external quality assurers.

## Assessment explained

VTCT courses are assessed and quality assured by centre staff. Work will be set to improve your practical skills, knowledge and understanding. For practical elements, you will be observed by your assessor. All your work must be collected in a portfolio of evidence and cross-referenced to requirements listed in this record of assessment book.

Your centre will have an internal quality assurer whose role is to check that your assessment and evidence is valid and reliable and meets VTCT and regulatory requirements.

An external quality assurer, appointed by VTCT, will visit your centre to sample and quality-check assessments, the internal quality assurance process and the evidence gathered. You may be asked to attend on a different day from usual if requested by the external quality assurer.

This record of assessment book is your property and must be in your possession when you are being assessed or quality assured. It must be kept safe. In some cases your centre will be required to keep it in a secure place. You and your course assessor will together complete this book to show achievement of all learning outcomes, assessment criteria and ranges.



## Creating a portfolio of evidence

As part of this qualification you are required to produce a portfolio of evidence. A portfolio will confirm the knowledge, understanding and skills that you have learnt. It may be in electronic or paper format.

Your assessor will provide guidance on how to prepare the portfolio of evidence and how to show practical achievement, and understanding of the knowledge required to successfully complete this qualification. It is this booklet along with the portfolio of evidence that will serve as the prime source of evidence for this qualification.

Evidence in the portfolio may take the following forms:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

All evidence should be documented in the portfolio and cross referenced to unit outcomes. Constructing the portfolio of evidence should not be left to the end of the course.

# Unit assessment methods

This section provides an overview of the assessment methods that make up each unit in this qualification. Detailed information on assessment is provided in each unit.

Mandatory units				
		External	Internal	
VTCT unit code	Unit title	Question paper(s)	Observation(s)	Assignment(s)
UV30409	Camouflage make-up	2	✓	✓

# Unit glossary

	Description
<b>VTCT product code</b>	All units are allocated a unique VTCT product code for identification purposes. This code should be quoted in all queries and correspondence to VTCT.
<b>Unit title</b>	The title clearly indicates the focus of the unit.
<b>National Occupational Standards (NOS)</b>	NOS describe the skills, knowledge and understanding needed to undertake a particular task or job to a nationally recognised level of competence.
<b>Level</b>	Level is an indication of the demand of the learning experience, the depth and/or complexity of achievement and independence in achieving the learning outcomes.
<b>Credit value</b>	This is the number of credits awarded upon successful achievement of all unit outcomes. Credit is a numerical value that represents a means of recognising, measuring, valuing and comparing achievement.
<b>Guided learning hours (GLH)</b>	The activity of a learner in being taught or instructed by - or otherwise participating in education or training under the immediate guidance or supervision of - a lecturer, supervisor, tutor or other appropriate provider of education or training.
<b>Total qualification time (TQT)</b>	The number of hours an awarding organisation has assigned to a qualification for Guided Learning and an estimate of the number of hours a learner will reasonably be likely to spend in preparation, study, or any other form of participation in education or training. This includes assessment, which takes place as directed - but, unlike Guided Learning, not under the immediate guidance or supervision of - a lecturer, supervisor, tutor or other appropriate provider of education or training.
<b>Observations</b>	This indicates the minimum number of observations required to achieve the unit.
<b>Learning outcomes</b>	The learning outcomes are the most important component of the unit, they set out what is expected in terms of knowing, understanding and practical ability as a result of the learning process. Learning outcomes are the results of learning.
<b>Evidence requirements</b>	This section provides guidelines on how evidence must be gathered.
<b>Maximum service times</b>	The maximum time in which a particular service or practical element must be completed.
<b>Observation outcome</b>	An observation outcome details the practical tasks that must be completed to achieve the unit.
<b>Knowledge outcome</b>	A knowledge outcome details the theoretical requirements of a unit that must be evidenced through oral questioning, a mandatory written question paper or portfolio of evidence.
<b>Assessment criteria</b>	Assessment criteria set out what is required, in terms of achievement, to meet a learning outcome. The assessment criteria and learning outcomes are the components that inform the learning and assessment that should take place. Assessment criteria define the standard expected to meet learning outcomes.
<b>Range</b>	The range indicates what must be covered. Ranges must be practically demonstrated in parallel to the unit's observation outcomes.

# UV30409

## Camouflage make-up

This unit is about providing skin camouflage applications to cover a wide range of often complex conditions, designed to restore the skin colouration of the surrounding skin tone. It also covers the use of a variety of specialist camouflage products.

Level

**3**

Credit value

**7**

GLH

**60**

Observation(s)

**4**

External paper(s)

**2**



# Camouflage make-up

## Learning outcomes

On completion of this unit you will:

1. Be able to prepare to apply camouflage make-up
2. Be able to apply camouflage make-up

## Evidence requirements

1. *Environment*  
Evidence for this unit must be gathered in a real or realistic working environment.
2. *Simulation*  
Simulation is not allowed in this unit.
3. *Observation outcomes*  
Competent performance of 'Observation' outcomes must be demonstrated to your assessor on **at least four occasions**.
4. *Range*  
All ranges must be practically demonstrated or other forms of evidence produced to show they have been covered.
5. *Knowledge outcomes*  
There must be evidence that you possess all the knowledge and understanding listed in the 'Knowledge' section of this unit. This evidence may include projects, assignments, case studies, reflective accounts, oral/written questioning and/or other forms of evidence.
6. *Tutor/Assessor guidance*  
You will be guided by your tutor/assessor on how to achieve learning outcomes and ranges in this unit. All outcomes and ranges must be achieved.
7. *External paper*  
Knowledge and understanding in this unit will be assessed by an external paper. The criteria that make up this paper are highlighted in white throughout this unit. **There are two external papers that must be achieved.**

# Achieving observations and range

## Achieving observation outcomes

Your assessor will observe your performance of practical tasks. The minimum number of observations required is indicated in the evidence requirements section of this unit.

Criteria may not always naturally occur during a practical observation. In such instances you will be asked questions to demonstrate your competence in this area. Your assessor will document the criteria that have been achieved through oral questioning.

Your assessor will sign off an outcome when all criteria have been competently achieved in a single client service.

## Maximum service times

There are no maximum service times that apply to this unit.

## Achieving range

The range section indicates what must be covered. Ranges should be practically demonstrated as part of an observation. Where this is not possible other forms of evidence may be produced. All ranges must be covered.

Your assessor will document the portfolio reference once a range has been competently achieved.



# Observations

## Outcome 1

### Be able to prepare to apply camouflage make-up

You can:

- a. Prepare yourself, the client and work area for camouflage make-up
- b. Use suitable consultation techniques to identify treatment objectives
- c. Advise the client on how to prepare for the treatment
- d. Identify influencing factors
- e. Provide clear recommendations to the client based on the factors

*\* May be assessed through oral questioning.*

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



## Outcome 2

### Be able to apply camouflage make-up

You can:

- a. Communicate and behave in a professional manner
- b. Position yourself and the client correctly throughout the treatment
- c. Select and use products, equipment and techniques taking into account identified factors
- d. Follow safe and hygienic working practices
- e. Identify contra-actions and take appropriate action during treatment
- f. Provide suitable aftercare advice
- g. Complete the treatment to the satisfaction of the client
- h. Evaluate the results of the treatment with the client

*\*May be assessed through oral questioning.*

Observation	1	2	3	4
Date achieved				
Criteria questioned orally				
Portfolio reference				
Assessor initials				
Learner signature				



# Range

\*You must practically demonstrate that you have:

Used a <b>minimum of 3</b> camouflage products	Portfolio reference
Camouflage creams	
Camouflage powders	
Setting products	
Skin stains	
Faux tan products	
Used <b>all</b> application tools	Portfolio reference
Brushes	
Fingers	
Sponges	
Velour puffs	
Used <b>all</b> consultation methods	Portfolio reference
Visual	
Manual	
Questioning	
Reference to client records	
Addressed <b>all</b> camouflage needs	Portfolio reference
Tattoos	
Atrophic scar tissue	
Hypertrophic scar tissue	
Keloid scar tissue	
Hyper-pigmentation	
Hypo-pigmentation	
Erythema	
Bruising	

\*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.



**\*You must practically demonstrate that you have:**

<b>Dealt with a minimum of 1 of the necessary actions</b>	<b>Portfolio reference</b>
Encouraging the client to seek medical advice	
Explaining why the camouflage cannot be carried out	
Modifying the camouflage application	
<b>Carried out camouflage application on all areas</b>	<b>Portfolio reference</b>
Head	
Body	
<b>Used all camouflage instructional techniques</b>	<b>Portfolio reference</b>
Skills demonstration	
Verbal explanation	
Use of written instructions	
<b>Given all types of aftercare advice</b>	<b>Portfolio reference</b>
Other products that can be used in conjunction with skin camouflage	
Products/substances/environments which should be avoided	
Future treatment needs	

\*It is strongly recommended that all range items are practically demonstrated. Where this is not possible, other forms of evidence may be produced to demonstrate competence.

# Developing knowledge

## Achieving knowledge outcomes

You will be guided by your tutor and assessor on the evidence that needs to be produced. Your knowledge and understanding will be assessed using the assessment methods listed below:

- Observed work
- Witness statements
- Audio-visual media
- Evidence of prior learning or attainment
- Written questions
- Oral questions
- Assignments
- Case studies

Where possible your assessor will integrate knowledge outcomes into practical observations through oral questioning.

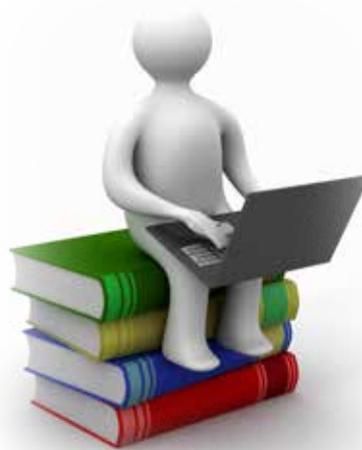
## Achieving the external paper

The external papers will test your knowledge of the criteria highlighted in white. **A pass mark of 70% must be achieved.** Criteria not achieved will be identified to your tutor/assessor. You will then be orally questioned or asked to produce other forms of evidence as **all unit criteria must be achieved.**

Your assessor will complete the following table when the 70% pass mark has been achieved.

Paper	Date achieved	Assessor initials
1 of 2		
2 of 2		

# Knowledge



## Outcome 1

### Be able to prepare to apply camouflage make-up

You can:	Portfolio reference / Assessor initials*
f. Describe the salon's requirement for preparing yourself, the client and work area	
g. Identify different consultation techniques used to identify treatment objectives	
h. Describe the factors that need to be considered when selecting techniques, products and equipment	
i. Describe the environmental conditions suitable for camouflage make-up	
j. Describe the safety considerations that must be taken into account when applying camouflage make-up	
k. Identify the range of equipment used for camouflage make-up	
l. Identify products used and their key ingredients	
m. Describe contra-indications that prevent or restrict camouflage make-up	

*\*Assessor initials to be inserted if orally questioned.*

*Requirements highlighted in white are assessed in the external paper.*



## Outcome 2

### Be able to apply camouflage make-up

You can:	Portfolio reference / Assessor initials*
i. Describe how to communicate and behave in a professional manner	
j. State the importance of positioning yourself and the client correctly throughout the treatment	
k. Describe safe and hygienic working practices	
l. Describe contra-actions which might occur during and following the treatment and how to respond	
m. Describe the aftercare advice that should be provided	
n. State the importance of completing the treatment to the satisfaction of the client	
o. State the methods of evaluating the effectiveness of the treatment	
p. Describe the origins of camouflage make-up	
q. Describe the principles of colour theory	
r. Describe different types of light	
s. Describe the structure and function of the skin	
t. Describe different skin types, conditions and tones	

*\*Assessor initials to be inserted if orally questioned.*

*Requirements highlighted in white are assessed in the external paper.*

# Unit content



This section provides guidance on the recommended knowledge and skills required to enable you to achieve each of the learning outcomes in this unit. Your tutor/assessor will ensure you have the opportunity to cover all of the unit content.

## Outcome 1: Be able to prepare to apply camouflage make-up

### Management of health and safety at work:

Clean up spillages, report slippery surfaces, remove/report obstacles, ensure good all round access to trolleys and equipment, sterilise/disinfect tools, equipment and work surfaces, wear personal protective equipment.

**Manual handling** – moving stock, lifting, working at heights, unpacking, posture, department, balance weight, preserve back, prevent slouching.

**Towels** – clean for every client, place dirty towels in covered bin.

**Liability insurance** – employers', public, professional indemnity.

**Reporting of injuries, diseases and dangerous occurrences regulations** – accident book, reporting diseases, local bye-laws, code of conduct, risk assessment.

**Control of substances hazardous to health regulations** – replace lids, ensure ventilation for vapour and dust, avoid over exposure to chemicals, use chemicals correctly, follow storage handling use and disposal, correctly dispose of contaminated waste/products (in a closed top bin), check end date on packaging, store away from heat, damp and direct sunlight, follow relevant manufacturer's instructions, no smoking, eating or drinking.

**Health and safety legislation:** Data protection, electricity at work, employers' liability (compulsory insurance), fire precautions, first aid at work, health and safety at work, local government

miscellaneous provisions, occupiers' liability, local bye-laws.

**Regulations:** Control of substances hazardous to health, management of health and safety at work, manual handling, personal protective equipment, reporting of injuries, diseases and dangerous occurrences, workplace (health and welfare).

**Hazards and risks:** A hazard is something that has the potential to cause harm. A risk is the likelihood of a hazard happening.

**Employer responsibility:** Current and valid liability insurance, display health and safety rules (covering staff, employees, clients and fire evacuation), provide regular training, accurate record keeping, monitoring.

**Hazards:** Something with potential to cause harm, requiring immediate attention, level of responsibility, report, nominated personnel, duty to recognise/deal with hazards.

**Equipment** – only used for intended purpose, safe usage, handling, storage, cleaning, lifting, visual checks, worn, faulty, repairs, maintenance, portable appliance testing, correct disposal of contaminated waste, records.

**Security (cash)** – staff training, point of sale, regular banking, in transit.

**Security (people)** – staff, clients, visitors, children, personal belongings, systems (security, emergency evacuation, storage, client records, business information).

**Risk:** Likelihood of a hazard happening, risk assessment, determine the level of risk,



## Outcome 1: Be able to prepare to apply camouflage make-up (continued)

preventative measures, reduce potentially harmful situation, judgement of salon hazards, who/what is at risk, level of risk, interpret results, conclude, record findings, regular reviews.

**Reasons for risk assessment** – staff, visitors, client health and safety, safe environment, minimise hazards and risks, requirement of legislation.

### Hygiene:

**General** – sterilise and sanitise tools, disinfect work surfaces, cover cuts and abrasions, sanitise therapist's hands before and after treatments, sanitise with sprays and gels, clean towels between clients, place dirty towels in covered bin, use disposable towels, dispense products with a spatula, pump or spray, use disposables wherever possible, no smoking, personal hygiene, replace loose lids, uncapped bottles and pots.

**Disinfection** – heat or chemical methods, bactericides, fungicides, viricides, UV cabinet for storage only.

**Disposal of waste** – single use items, pedal bin with a liner, spillages and unused chemicals, contaminated waste, hazardous waste, environmental protection.

### Therapist posture and deportment:

Correct posture when sitting, lifting and carrying, working methods to avoid Repetitive Strain Injury (RSI), hand exercises, standing posture, even weight distribution, client comfort, maintain modesty, client correctly positioned to get maximum benefit from treatment, ensure technician positioning delivers appropriate techniques, appropriate space between client and technician, prevent injury, optimum results, allow for visual checks.

**Work area:** Clean and hygienic, height adjustable chair, correct posture, correct couch height, lighting, ventilation, noise, music, temperature, ambience, no trailing wires, no obstructions, tools and equipment in a safe working position for therapist.

**Client preparation:** Protect client clothing, ensure client positioned correctly and comfortably, respect privacy and modesty.

### Communication:

**Verbal** – speaking manner and tone, professional, supportive, respectful, sensitive to client, open questioning related to treatment.

**Non-verbal** – eye contact, body language, listening.

**Record keeping:** Accurate appointment systems, stationery, loyalty, rewards, acknowledgement of occasions, consultation record keeping, contra-indications, signatures, refer to existing records, information clear, accurate and in logical order (name, address, contact numbers, age range, reason for treatment, occupation, sport/hobbies, medical history, allergies/hypersensitivity, contact lenses, contra-actions, contra-indications, skin sensitivity tests, adaptations and modifications, recommendations, requirements, treatment plan), update record at the end of the treatment, update at each visit, maintained electronically, paper records.

**Professional appearance:** Clean professional uniform, closed in footwear, no jewellery, no piercings, hair (neatly tied back, fringe secured), light day make-up, personal hygiene and cleanliness (shower/bath, cover cuts and abrasions, deodorant or antiperspirant), oral hygiene (clean teeth, fresh breath), nails (good condition and maintained).



## Outcome 1: Be able to prepare to apply camouflage make-up (continued)

**Professional ethical conduct:** Polite, cheerful and friendly manner (friendly facial expressions, positive attitude, eye contact, open body language), client relations, confidentiality, respect for colleagues and competitors, avoid gossip, take pride in work, punctuality, employer/client loyalty.

**Environmental factors:** Correct room/area temperature, appropriate ventilation.

**Lighting:** Full spectrum fluorescent lamp, white light, incandescent light, protection from direct sunlight, effects of light on pigment.

**Factors:** Male, female, congenital dermatoses, pigment disorders, vascular disorders, birthmarks, port wine stains, skin blemishes, scars, trauma (accident, illness, surgical procedures, self harm, burns, acts of violence), corrective (age spots, moles, dark circles, tattoos, bruising), face shapes/sizes, facial features.

**Consultation techniques:** Avoid direct questioning, never ask what/why/where/when/who/how, listen to client's requirements/expectations, therapist's recommendations, respect confidentiality, create a relaxed environment, be tactful and reassuring, ensure client satisfaction, explain aftercare, signatures of client and make-up artist, client card reference, use a range of related terminology linked to camouflage make-up application.

**Treatment objectives:** Apply, instruct on application, remove camouflage make-up, agree product choice, colour range/selection, use suitable techniques to meet required result, area requiring camouflage, skin condition, skin type/tone/colour, facial features, environmental factors, realistic outcome, additional services, client needs, suitability, duration, cost.

**Recommendations to client:** Treatment process, expected result, time, commercial

products, medical grade products, advise client of skin sensitivity test for make-up (if necessary), lighting effects, natural day light, fluorescent light, incandescent light, flash photography.

**Skin sensitivity tests (record results):**

Accurately record all products and site of patch test on record card, obtain client signature and date.

**Skin sensitivity tests (interpret results):**

**Positive** – red, itchy, irritated, swelling, sore.

**Negative** – no change to skin.

**Carrying out patch test:** Cleanse area (either crook of elbows or behind ears), apply each product to the area with a cotton bud, allow to dry, leave on minimum of 24 hours, explain positive and negative reactions, (remove product with damp cotton wool. If positive reaction experienced – record products used and where placed, on the record card with date.

**Importance of test:** Follow manufacturers' instructions to prevent allergic reaction – if not carried out invalidation of insurance policy.

**Examples of contra-indications that may prevent treatment:** Structural changes in the area to be camouflaged, suspicious moles, infections, contagious skin disorders and diseases.

**Examples of contra-indications that may restrict treatment:** Minor bruising, minor inflammation, facial piercing.



## Outcome 2: Be able to apply camouflage make-up

### Origins of skin camouflage make-up:

Lydia O'Leary, USA, 1928 (created CoverMark, medical aid, inspirational), Joyce Allsworth, 1950s (researched, implemented skin camouflage within Great Britain, objective to alleviate psychological, physical and social effects that an altered image can have).

### Products for camouflage make-up:

Specialised cleansing water in oil, toner, ensure moisturiser is absorbed into the skin before application if used, hand sanitiser, cotton buds/pads, tissues, face wipes, powder, fixing powder, fixing spray, oil free beauty make-up range, range of concealing and camouflage products (of which may contain titanium dioxide).

### Equipment for camouflage make-up:

Brushes, disposable applicators, palette, bowls, spatula, tooth picks, sponges, powder puffs, mirror, magnifying lamp, towels, professional brush cleaner, camera.

### Techniques for camouflage make-up:

Corrective, colour corrective, blending, highlighting, shading, sculpting, contouring, using brush, fingers.

### Application sequence for camouflage

**makeup:** Treatment area clean, dry, oil free, warm corrective colour product in the palm of the hand, apply to the area with preferred method (brush, fingers), set with powder, brush off excessive powder, spray with fixer spray if required, apply skin match product, powder, brush excessive powder, build up several layers.

**Removal of camouflage make-up:** Water in oil cleanser, circular movements into products, wipe off, moisturise if required.

**Aftercare advice:** Removal of make-up, water in oil based cleanser, tone, moisturise.

**Retail products:** Camouflage make-up ranges, application techniques for home application discussed and demonstrated, advise against leaving products on the skin over 24 hours at a time.

### Examples of possible contra-actions:

Blocked pores, pustules, redness, itching, swelling, rash, burning or stinging, blistering (remove make-up product immediately, with suitable remover), clean area with water, seek medical assistance, maintain records.

**Evaluation and client satisfaction:** Client satisfaction, self evaluation, professional development, verbal feedback, written feedback, photographic evidence, published work, reputation, agree client objective reached, evaluate results of outcome.

### Principles of colour:

**Primary** – red, yellow, blue.

**Secondary** – mixing primary, green, orange, blue.

**Tertiary** – mixing primary, secondary colours, blue-green, red-violet, yellow-orange.

**Skin tones:** Cool, light (ivory, pink, sallow), warm, dark (yellow, golden, red, blue, ashen grey).

**Skin types:** Normal, oily, dry.

**Skin conditions:** Mature, sensitive, dehydrated.

### Skin characteristics:

**Sensitive** – often pale skin, dry, colour easily, redness, react to products.

**Dehydrated** – normal sebaceous secretions but still flaky, tight.



## Outcome 2: Be able to apply camouflage make-up (continued)

**Mature** – loss of elasticity, lose muscle tone, wrinkles.

**Normal** – fine texture, no visible pores, smooth, supple, flexible.

**Oily** – shiny, slight thickening, sallow, coarse texture, enlarged pores, congestion, comedones.

**Combination** – combination of two or more skin types, usually oily T-zone, normal or dry on cheeks.

**Dry** – lacks moisture, dry to touch, flakiness, fine texture, thin, tight, small pores, broken capillaries, ageing.

### Skin:

**Epidermis** – basal cell layer (stratum germinativum), prickle cell layer (stratum spinosum), granular layer (stratum granulosum), clear layer (stratum lucidum), horny layer (stratum corneum).

**Dermis** – blood and lymph supply, fibroblasts (collagen, elastin), hair, sebaceous glands, arrector pili muscle, dermal papilla, sweat glands (eccrine and apocrine), sensory nerve endings.

**Hypodermis** – subcutaneous layer, adipose tissue, adipocytes.

**Functions of the skin** – protection, heat regulation, absorption, secretion, elimination, sensation, formation of Vitamin D, melanin production, process of keratinisation.