

1 March 2015

Eileen Baron  
VTCT  
Aspire House  
Annealing Close,  
EASTLEIGH  
Hampshire SO50 9PX

Dear Eileen

**Re: Support VTCT Level 4 Certificate in Sports Massage Therapy (QCF) (601/4648/5)**

The Sports Massage Association is the specialist members Professional Association for Sports Massage and has been closely associated with the development of the new suite of sports massage qualifications at Levels 3, 4 and 5.

Specifically, this qualification will provide learners with a sound anatomical and physiological basis that gives the students the skills and knowledge to work on post acute injury and pre existing conditions, dealing with musculo-skeletal and para-tendon injuries.

This will include the conducting of subjective and objective assessments, which will cover active, passive and resisted range of movements, detailed postural analysis, functional testing and special tests. Learners will research the common pathophysiology related to muscle and para-tendon injury as well as lifestyle factors that can contribute to injury and tissue dysfunction.

The level 4 Sport Massage Therapist will be able to work safely and effectively on muscle and para tendon injuries using a variety of soft tissue techniques and will be able to advice on treatment modalities to support soft tissue repair.

The structure of the qualification is comprised of 3 units which are all mandatory.

- Conducting subjective and objective assessment
- Provide sports massages techniques to prevent and manage injury
- Treatment modalities to support soft tissue repair

We are very pleased to confirm that the VTCT Level 4 Certificate in Sports Massage Therapy (QCF) is in our opinion fit for purpose and will suitably prepare learners for entry into employment as a sports massage practitioner working with injured clients.

Kind regards



Rodger Davis  
Executive Director and Vice-Chair