



New College Durham

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25th February 2015

Mr. A Barnes
VTCT,
Aspire House,
Annealing Close,
Eastleigh,
Hampshire
SO50 9PX

Dear Mr Barnes,

Re: Support for the VTCT Level 2 Diploma in Sports Studies (QCF) (600/8632/4)

I am writing to support the VTCT Level 2 Diploma in Sports Studies (QCF) which is a fit for purpose qualification that sufficiently prepares learners to progress to further sports related qualifications at Level 3.

Specifically, we are planning to run the VTCT Level 3 Diploma in Personal Training (Gym Based Exercise) (QCF) from September 2015. Having reviewed the VTCT Level 2 Diploma in Sports Studies (QCF), we are confident that learners will develop their knowledge and understanding across the breadth of sport. The sports studies qualification will provide a sound base of knowledge and understanding for learners seeking to undertake our personal training qualification, particularly the following units: anatomy and physiology for sport, psychology for sports performance, fitness testing and training, the effects of exercise on the body systems, all nutrition for sports performance. These are at the right level, include the necessary breadth and depth of content and will provide the foundations for a successful career in personal training.

The VTCT Level 2 Diploma in Sports Studies (QCF) will satisfy our entry requirements for the VTCT Level 3 Diploma in Personal Training (Gym Based Exercise) (QCF) although this will be in parallel to a successful application and interview.

Yours sincerely

pp Steven Bell
Curriculum Manager

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